

Weekly Itinerary

The week will consist of lessons on loose balls, cradling, stick work, passing and catching, offense, shooting, faking, pick& rolls, defense, face-offs, team work, and a camp photo. The last day will include games, relays and a tournament

Details

Victoria, BC
Eagle Ridge Turf Field
August 5th to 8th 2013
(Tuesday to Friday)
9:00am to 12:00pm
Boys & Girls Field Lacrosse
Ages 5-16
\$150 Boys Camp
\$100 Girls Camp
\$75 per Goalie

Please be ready for 9:00am with all necessary equipment. Water and snacks will be provided.



Camp Rocks is Vancouver Island's premier lacrosse camp since 1997. Run by veteran pros Fred Jenner and Darren Reisig, Camp Rocks is for younger players looking to have fun with lacrosse. All levels of ability are appropriate. The aim of this camp is for registrants to learn more about the game of lacrosse. There will be an independent focus and high end field training for athlete's going into grade 6-9 with instruction focusing on individual and team concepts to move play to the next level

Girls Field Lacrosse

Girls field lacrosse is one of the fastest growing sports in North America. Run by Linda Jenner, Camp Rocks Girls Lacrosse is for girls at all age and ability levels. Top-level coaches ensure the girls develop the game, build skills and most importantly, have fun!

Girls Lacrosse Sticks will be supplied for players who don't own a stick.

Girls Camp Contact

Linda Jenner
lindajenner@shaw.ca

Camp Contacts

Fred Jenner
(250) 883-3303
fjenner@jennerchev.com

Darren Reisig
(250) 514-1445
dreisig@sd63.bc.ca

Camp Rocks Lacrosse Camp

2014



Aug. 5th to 8th

Boys Field Lacrosse Camp
\$150

Girls Field Lacrosse Camp
\$100

Registration

Cheques Payable to:

Camp Rocks
1730 Island Highway
Victoria, BC, V9B 1H8

Please register at least two weeks prior to the camp. Space may be limited. Late registrations will always be accepted but may not receive some or all the registration package.



Name: _____

Height: _____ Weight: _____ Jersey Size: _____ Age: _____ Sex: _____

Address: _____

E-Mail: _____

Phone #: _____ Emergency #: _____

Medical Card #: _____ Association: _____

Medical Info / Allergies: _____

In consideration of the acceptance of this entry, and intending to be legally bound, I hereby waive and release for myself, my heirs, executors, and administrators all rights and claims for damages I may have against the Camp Rocks Lacrosse Camp and its coaches, sponsors, officials, employees, agents, and representatives for the personal injury or property damage or loss, whether such loss results from my own negligence or that of the participants or from any other cause suffered during the Camp Rocks held in Victoria, B.C. On August 5-8, 2014. I acknowledge that my voluntary participation in this tournament involves inherent hazards and risk of personal injuries such as, but not limited to: paralysis, brain damage, loss of vision, or limb function, permanent scarring, and/or death and I assume such hazards and risks concerning my participation. I represent that I have the necessary physical abilities and conditioning to safely participate in this sport.

I HAVE READ THIS DOCUMENT, UNDERSTAND IT TO BE A BINDING CONTRACT, AND SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE TO ABIDE BY ALL THE CAMP ROCKS POLICIES AND REGULATIONS REGARDING MY PARTICIPATION.

Participant signature or Parent/Guardian signature (if under 18)