



Box Lacrosse Equipment Requirements



Mini-Tyke

Players are required to wear:

- CSA approved hockey helmet & cage or NOSCAE approved field lacrosse helmet
- Mouth Guard
- Shoulder Pads
- Elbow Pads
- Knee Pads
- Gloves
- Athletic Support & Cup (Jock or Jill)
- Lacrosse stick

Often players in Mini-Tyke wear a great deal of hockey gear. While lacrosse specific equipment is certainly recommended and potentially more suitable, using hockey equipment is adequate at this level. Slash guards (elbow pads) definitely provide greater protection and are well worth considering.

Tyke

Players are required to wear:

- CSA approved hockey helmet & cage or NOSCAE approved field lacrosse helmet
- Mouth Guard
- Shoulder Pads
- Slash Guards (Elbow Pads)
- Knee Pads recommended
- Kidney Pads are optional but recommended
- Gloves
- Athletic Support & Cup (Jock or Jill)
- Lacrosse stick

Similar to Mini-Tyke, it is not uncommon to see players wearing various hockey gear items at this level. Hockey gloves will work, but the dexterity and ventilation lacrosse gloves provide is far greater. Slash guards (elbow pads) and kidney pads are highly recommended at Tyke.

Novice & Pee wee

Players are required to wear:

- CSA approved hockey helmet & cage or NOSCAE approved field lacrosse helmet
- Mouth Guard
- Shoulder Pads
- Slash Guards (Elbow Pads)
- Kidney Pads
- Bicep Guards are optional
- Gloves
- Athletic Support & Cup (Jock or Jill)
- Lacrosse stick. 34" - 46" in length

Bantam & Midget

Players are required to wear:

- CSA approved hockey helmet & cage or NOSCAE approved field lacrosse helmet
- Mouth Guard
- Shoulder Pads
- Slash Guards (Elbow Pads)
- Kidney Pads
- Bicep Guards are recommended
- Gloves
- Athletic Support & Cup (Jock or Jill)
- Lacrosse stick. 40" - 46" in length