

### Weekly Itinerary

The week will consist of lessons on loose balls, cradling, stick work, passing and catching, offense, shooting, faking, pick& rolls, defense, face-offs, team work, and a camp photo. The last day will include games, relays and a tournament

### Details

Victoria, BC  
Eagle Ridge Turf Field  
August 6<sup>th</sup> to 9<sup>th</sup> 2013  
(Tuesday to Friday)  
9:00am to 12:00pm  
Boys & Girls Field Lacrosse  
Ages 5-16  
\$140 Boys Camp  
\$100 Girls Camp  
\$70 per Goalie

Please be ready for 9:00am with all necessary equipment. Water and snacks will be provided.



Camp Rocks is Vancouver Island's premier lacrosse camp since 1997. Run by veteran pros Fred Jenner and Darren Reisig, Camp Rocks is for younger players looking to have fun with lacrosse. All levels of ability are appropriate. The aim of this camp is for registrants to learn more about the game of lacrosse

### Girls Field Lacrosse

Girls field lacrosse is one of the fastest growing sports in North America. Run by Linda Jenner, Camp Rocks Girls Lacrosse is for girls at all age and ability levels. Top-level coaches ensure the girls develop the game, build skills and most importantly, have fun!

Girls Lacrosse Sticks will be supplied for players who don't own a stick.

### Girls Camp Contact

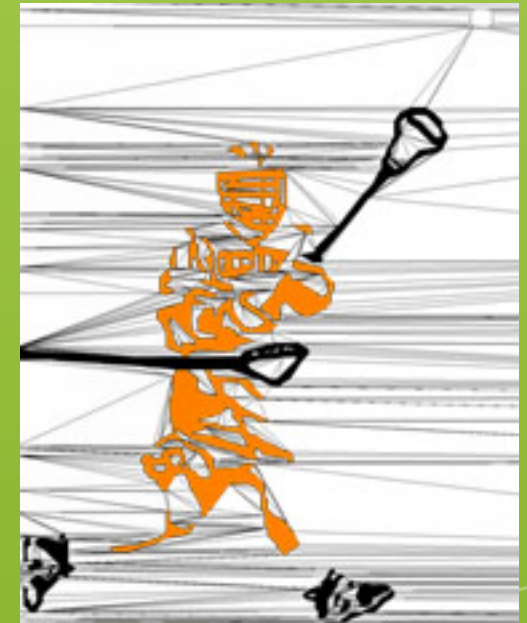
Linda Jenner  
lindajenner@shaw.ca

### Camp Contacts

Fred Jenner  
(250) 883-3303  
fjenner@jennerchev.com

Darren Reisig  
(250) 592-8824  
dreisig@sd63.bc.ca

# Camp Rocks Lacrosse Camp 2013



Aug. 6<sup>th</sup> to 9<sup>th</sup>

**Boys Field Lacrosse Camp**  
**\$140**

**Girls Field Lacrosse Camp**  
**\$100**

# Registration

**Cheques Payable to:**

Camp Rocks  
1730 Island Highway  
Victoria, BC, V9B 1H8

Please register at least two weeks prior to the camp. Space may be limited. Late registrations will always be accepted but may not receive some or all the registration package.



Name: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Jersey Size: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone #: \_\_\_\_\_ Emergency #: \_\_\_\_\_

Medical Card #: \_\_\_\_\_ Association: \_\_\_\_\_

Medical Info / Allergies: \_\_\_\_\_

In consideration of the acceptance of this entry, and intending to be legally bound, I hereby waive and release for myself, my heirs, executors, and administrators all rights and claims for damages I may have against the Camp Rocks Lacrosse Camp and its coaches, sponsors, officials, employees, agents, and representatives for the personal injury or property damage or loss, whether such loss results from my own negligence or that of the participants or from any other cause suffered during the Camp Rocks held in Victoria, B.C. On August 6-9, 2013. I acknowledge that my voluntary participation in this tournament involves inherent hazards and risk of personal injuries such as, but not limited to: paralysis, brain damage, loss of vision, or limb function, permanent scarring, and/or death and I assume such hazards and risks concerning my participation. I represent that I have the necessary physical abilities and conditioning to safely participate in this sport.

I HAVE READ THIS DOCUMENT, UNDERSTAND IT TO BE A BINDING CONTRACT, AND SIGN IT OF MY OWN FREE WILL. I FURTHER AGREE TO ABIDE BY ALL THE CAMP ROCKS POLICIES AND REGULATIONS REGARDING MY PARTICIPATION.

\_\_\_\_\_  
Participant signature or Parent/Guardian signature (if under 18)