



2021 INDIANA SWIMMING SUMMER CENTRAL EAST DIVISIONAL CHAMPIONSHIPS

Sponsored by SPEEDO

July 30-August 1, 2021

Sanctioned by USA and Indiana Swimming #IN 21319



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DEADLINE CHECKLIST

DUE TO COVID-19 AND LOCAL FACILITY SAFETY REQUIREMENTS THERE ARE SUBSTANTIAL CHANGES TO MEET ANNOUNCEMENT AND FORMAT. Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.

Teams are encouraged to use the checklist to ensure all responsibilities have been met and to avoid any problems at the meet.

DATE	TIME - DEADLINES (Eastern)	DESCRIPTION
Friday, July 23	11:59 pm	Online entries must be sent by today
Saturday, July 24	11:59 pm	Entry chairs to receive Entry Report & Exceptions report via e-mail from host
Monday, July 26	11:59 pm	Any exceptions, modifications, deletions must be addressed Relays should be checked to make sure they conform to time standards. Any relays entered below the qualifying time after the modification deadline will be seeded at the minimum qualifying time.
THE FIRST SESSION IN WHICH A TEAM/ATHLETE IS COMPETING	One hour prior to the start of the first session	All fees including any fines due to late entry shall be tendered no later than one hour prior to the start of the first session in which a team/athlete is competing, or the ENTIRE team will be scratched.
SWIMMERS ARE ASSUMED TO BE SWIMMING UNLESS SCRATCHED. THIS INCLUDES ALL DISTANCE AND RELAY EVENTS. (This has been adopted due to COVID conditions)		
Wednesday, July 28	7:30 PM Local Time	VIRTUAL - Coaches meeting. The virtual meeting link will be sent to all entered teams prior to the meeting.
Thursday, July 29	3:00 PM Local Time	Friday events scratch deadline - ONLINE
Friday, July 30	1 Hr. Prior To Relay Event	ONLINE -Relay cards turned-in deadline
	3:00 PM Local Time	Saturday events scratch deadline - ONLINE
Saturday, July 31	1 Hr. Prior To Relay Event	ONLINE - Relay cards turned-in deadline
	3:00 PM Local Time	Sunday events scratch deadline - ONLINE
Sunday, August 1	1 Hr. Prior To Relay Event	Relay cards turned-in deadline - ONLINE

IMPORTANT FACTS REGARDING THE MEET

General	Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.
	USA Swimming, including MAAPP, and Indiana Swimming rules and regulations govern this meet. Modifications and additions are noted in the announcement.
Entry	Qualification Period is January 1, 2019, thru late entry deadline Thursday, July 29, 2021.
	Online Entry Deadline Friday, July 23, 2021 by 11:59 pm. (Eastern)
	Accuracy of entry is the responsibility of the entering team.
	Entry Times may not be submitted faster than a provable time.
	Deadline for addressing ALL entry exceptions / modifications is Monday, July 26, 2021 by 11:59 pm. (Eastern) ANY/ALL entries / modifications received after the Monday Deadline will be considered late. This includes changes to relay times.
	Teams/unattached swimmers that neglect to enter an event(s) by Friday, July 23, 2021 - 11:59 pm (Eastern) and subsequently enter the meet will be considered late and assessed a one-time \$100 Late Entry Fee plus \$14 per individual event, and \$16 per relay.
	After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet , any swimmer or relay entering as a late entry shall not be seeded in the top eight of the entered timed final event. The swimmer or relay will be seeded by their entry time, but no higher than 9th place.
	When submitting any subsequent entry files , ALWAYS submit a complete entry file to host, not just a file of modifications.
	No refunds shall be issued for events scratched after Entry deadline.
	All fees including any fines due to late entry shall be tendered no later than one hour prior to the start of the first session in which a team/athlete is competing.
	Any entry that does not have a proof of time standard in the SWIMS Database will be posted on the Indiana Swimming website no later than Tuesday, August 3, 2021 by 5:00 pm.
Positive Check-In	NO POSITIVE CHECK-IN. In all individual events, including 1000 and 1650 Freestyle, the swimmer is assumed to be swimming unless he/she has been scratched. (Scratching distance is a deviation from normal positive check-in)
	The COVID-19 Safety Plan for the facility will be posted on the Indiana Swimming Championship page. EVERYONE is expected to read and adhere to all safety requirements. Those NOT following the safety requirements may be barred from competition and the facility. Indiana Swimming, the Host Club, and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet.
	Pre-Scratch Timelines for Sessions will be available for the Divisional Meets, and shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and Coaches are responsible to adhere to all meet deadlines and competition/event starting times. Please check with your team coaches for updates.
	Pre-Scratch Events Psych Sheet will be available for all events. This shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding.
	Warm-up and Session Start times may be modified based on site specifics, athlete numbers, and extenuating circumstances. Changes will be conveyed to area teams by noon on Wednesday and posted by on the ISI website.
	ALL EVENTS ARE TIMED FINALS. Fly-over starts will be used for COVID-19 precautions.
	Due to COVID-19 there will be no penalties for no shows, but courtesy DFSs/scratches during the meet should be texted to Admin. If scratches reduce the number of swimmers a re-seed may follow.
	There will be No Awards Presentation. Awards will be distributed at a later time. Meet Hosts will inform coaches of this plan for the distribution of awards at the virtual coaches meeting.
	MAAPP
	All athletes 18 & older, including those turning 18 during the meet, must be MAAPP compliant including APT and Background check to participate.

GENERAL INFORMATION

Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.

HOST

Franklin Regional Swim Team
www.frstswimming.com

FACILITY

Franklin Community High School
 2600 Cumberland Drive
 Franklin, IN 46131

POOL CERTIFICATION

- The competition course has been not certified in accordance with 104.2.2C(4).
- Water depth range on start end 1-3m from wall: 5'
- Water depth range on turn end 1-3m from wall: 5'

TIME ZONE

All times are local: **Eastern (EST)**

MEET DIRECTORS

Jody Madeira	Paul Stockett
717-580-0784	484-326-6875
jodymadeira@gmail.com	entries@frstswimming.com

ENTRY CHAIRPERSON

Paul Stockett
 484-326-6875
entries@frstswimming.com

MEET REFEREE

Chuck McNeely
 812-327-7726
mcneely.charles@gmail.com

ADMIN REFEREE

Dave Nadler
 317-501-5030
dmnadler@hotmail.com

OFFICIALS

- To officiate, one must complete the online Officials application on the Indiana Swimming website. This is located on the Officials page. [Official Participation Link](#)
- All assigned officials will be selected by the Meet Referee.

SANCTION REQUIREMENTS

Current USA Swimming, including MAAPP (Minor Athlete Protection Policy), and Indiana Swimming rules will govern this meet.

Requirements and Conditions for Sanction: USA Swimming rules 202.4 and 202.5.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason or injuries to anyone during the conduct of the event.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker-rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND INDIANA SWIMMING, THE MEET HOST AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP

ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

professional capacities or Volunteers assigned by the meet host if so designated to do so.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

INDIANA SWIMMING BROADCAST POLICY AND IMAGE AUTHORIZATION

Broadcast Statement

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of Indiana Swimming.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana & USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competition.

On Deck Image Recording

Videotaping and Photography on deck during this event is only allowed by approved USA Swimming member Coaches, Media, Webcasting staff and Host Photographer in their

FACILITY INFORMATION

PARKING

Free parking is available on in the lot south of the high school, near the pool entrance door 17.

NATATORIUM ENTRANCE

The natatorium may be accessed through door 17.

SPECTATOR SEATING

Current COVID-19 facility and county safety guidelines will permit one spectator per athlete per session. This is subject to change at any time and any changes to the safety plan, including spectator updates, will be announced the week of the meet.

RESULTS

Live Results and Meet Mobile will be available. These are considered UNOFFICIAL RESULTS and are provided as a courtesy only.

CONCESSIONS

NO CONCESSIONS OFFERED AT THIS EVENT.

LOST AND FOUND

The host team is not responsible for items left at the facility.

FACILITY NOTES

All swimmers, coaches, officials, and meet volunteers are asked to please treat this facility like it was their own.

Anyone caught abusing the building/facility will be asked to leave the meet IMMEDIATELY!!!

- **The COVID-19 Safety Plan for the facility will be posted on the Indiana Swimming Championship page. *EVERYONE* is expected to read and adhere to these safety requirements. Those *NOT* following the safety requirements may be barred from competition and the facility.**
- This is a smoke, tobacco, and vaping free facility.
- Keep all trash picked up.
- Spectators, coaches, and athletes are to remain out of any unauthorized areas.

- No radios, bells, balls, or any other device that will be an inconvenience will be allowed.
- No posting signage/banners on ANY PAINTED SURFACES.
- Vandalism will not be tolerated. Any individual caught vandalizing will be asked to leave for the remainder of the meet.

CHARGES

Heat Sheets

- **NO CHARGE Heat sheets, they will be available on Meet Mobile and posted on Host website.**

Admissions

- TBA

COACH AND ATHLETE DECK ACCESS

Coach and Athlete Deck Access

Coaches should enter and exit the pool from door 11.

Swimmers should enter and exit the pool from door 14/15.

Deck Seating Capacity

The deck has some seating for each session's swimmers.

CREDENTIALS / DECK ACCESS

Due to USA Swimming insurance, only swimmers, credentialed coaches and officials, and meet volunteers will be allowed on deck. **There are no exceptions.**

ALL coaches will be required to display valid and current USA Swimming membership cards or Deck Pass. Officials will be required to show their USA Swimming certification cards. **This will be strictly enforced.** The meet referee and/or meet directors reserve the right to deny access to anyone not in compliance.

ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors. The on-line USA Swimming Accident Occurrence form must also be submitted.

ENTERING THE MEET

ENTRY CHAIRPERSON

Paul Stockett
654 Walnut Street
Franklin, IN 46131
484-326-6875

entries@frstswimming.com

Online entry system is located on the Indiana Swimming web site www.inswimming.org

QUALIFYING PERIOD

Times must be achieved from January 1, 2019 thru late entry deadline Thursday, July 29, 2021.

ELIGIBILITY

- Age as of the first day of the meet will determine age for the entire meet, USA Swimming rule 205.2.
- **All 18 & over athletes, including those turning 18 during the meet, must be MAAPP compliant.**
- All swimmers, coaches, and officials must have an ID # registered with Indiana Swimming, USA Swimming rule 202.5. ISI will not process any on-deck registrations at this meet.
- Swimmers with qualifying times made by the entry deadline will be allowed to enter this meet.
- ISI has a swimmer with disability inclusion policy. Contact the ISI Disability Coordinator for application and consideration, [Disability Application](#).
- ISI has a diversity and inclusion policy to assist outreach members participating in the meet. Please contact [the ISI Office](#) for more information.
- All entry times must fall within the qualifying standards for that event. Official time standards are included in this entry.
- Swimmers must be entered with their fastest time(s) achieved during the qualifying period (include actual dates).
- Swimmers submitted times may not be **faster** than a provable time.
- A submitted entry time that cannot be proven by proof /scratch deadline for the event will result in a swimmer's seed time reverting to the fastest qualifying time recorded in SWIMS for the qualifying period. If no qualifying time is available in SWIMS, and no proof is brought by event scratch deadline, then the swimmer will be scratched from the event.
- **Swimmers who are qualified for and eligible to compete in a specific STROKE & DISTANCE at the Indiana Swimming Age Group or Senior State Meets (in either yards or meters) are not allowed to enter that SAME STROKE & DISTANCE in this meet.** (e.g., 10 & U qualified to compete in Age Group State in the 100 Back may not swim the 100 Back in the 10 & U, 12 & U, 14 & U or Open age groups.) Exception, however is a swimmer who ages-up to the next age group prior to the Age Group State Meet may compete in the next older and above event. (e.g., a 10-year old who ages-up to 11 prior to the Age Group State Meet may compete in the 12 & U, 14 & U or Open age groups as qualified).

ENTRY LIMITS

- Swimmers may enter an unlimited number of events.
- Must scratch down to 6 events for the entire meet plus relays.
- No more than 3 individual events per day, including time trials, are allowed.

ENTRY FEES

- \$ 7.00 per individual event entry
- \$ 8.00 per relay entry
- COVID-19 Surcharge \$22 total (\$16 to meet host/\$5.00 to Indiana Swimming/\$1.00 to Club Support Grant Program) this includes relay only alternates

The total amount of all fees due, including any fines incurred due to late entry for **all** swimmers and events entered, **shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing** or the entire team will be scratched from the meet.

Responsibility lies with the entering team to make sure payment is tendered to the host in a timely fashion. The Summary of Entries form (page 12) can either be emailed or included with payment.

No refunds shall be issued for events scratched after the entry deadline.

ENTRY DEADLINE / ASSOCIATED DATES

It is the responsibility of the entering team/unattached swimmer to heed deadlines and be responsible for the accuracy of team entries. Teams should ensure they have the current version of Team Manager/Unify, downloaded the meet set-up file from Indiana Swimming, and software is set to **not** convert times. Always submit a complete entry file to host, not just a file of the modifications.

Prior to running an eligibility report or entering athletes in Team Manager/Unify, the boxes in Meet set-up/Eligibility rules "enforce qualifying times" and "swimmer must meet slower than Q time in all courses," must be checked. NT is only permitted for relays.

Please include with your entry the names of all the relay swimmers plus any/all alternates' names, USA SWIMMING numbers, and ages.

- **Friday, July 23 by 11:59 pm (Eastern)**
All Entries due via the mandatory Online Entry Form located at www.inswimming.org. An entry must be submitted by the Friday deadline, for entries after this date will be considered late. The only exception is a team/unattached swimmer who achieved a qualifying time between the Friday entry deadline and the Monday exception/modification deadline.
- **Saturday, July 24 by 11:59 pm (Eastern)**
Host will send a Final Entry Report and Exception report (if any) back to entering team/unattached swimmer via e-mail. **Relay times cannot be run against time standards in Meet Manager, and thus will not appear in an Exception report. The entering team should check relay times prior to submission for accuracy. Relays entered at**

a NT after Modification deadline will be seeded last. A custom time may be used for relays to enter below a "best time."

- **Monday, July 26 by 11:59 pm (Eastern)**
- Entering teams must address their exceptions. Changes made after Friday entry deadline and the Monday exception/modification deadline may include additions, deletions, and corrections to the existing (submitted) team entry, **including relays.**

Note: Exception Reports do not include Proof of Time verification. See section below on Verification/Proof of Time.

LATE ENTRY

ANY entries/modifications received after the Monday, July 26 -11:59 pm will be subject to the late entry fees. For a swimmer already in the meet this includes a single opportunity to change any entry time for a missed event, to switch events, or alter an existing entry time. A team/unattached swimmer entered late may not make a change after entry. **Refer to Individual and Relay Seeding for additional late entry information.**

Teams/unattached swimmers, **including relay only swimmers**, that neglected to enter an event(s) by Friday, July 23 -11:59 pm can enter up to Thursday's scratch deadline at 3:00PM Local time. These late teams/unattached swimmers will be assessed a one-time \$100 Late Entry Fee plus \$14 per individual event, and \$16 per relay.

OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events.

The coach and swimmer must recognize and accept the responsibilities and the extra obligations if they want to enter extra events.

VERIFICATION / PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS after the entry deadline. Any entry that does not have a time under the cut within the qualifying period will be included on a proof needed list. **Times submitted may not be faster than provable.** The list of proofs needed will be posted on the Indiana Swimming Website no later than **Tuesday, preceding the meet** by 5:00 pm (Eastern Time). **Teams will have to provide proof of time to ISI PROOF submission form by Thursday- 10 AM OR submitted prior to applicable scratch deadlines for the event(s) or the swimmer will be scratched.**

All proofs submitted to ISI, including those from Non-USA Swimming Meets, should use the [PROOF](#) submission form located on the championship web page. **Swimmers' names must be circled or highlighted on results.**

Acceptable verifications are official results in PDF form from:

- USA Swimming sanctioned or approved meets;
- College, High School, Junior High, YWCA or YMCA meets sanctioned by their respective governing organizations.
- Websites (provided host address is printed on the copy);
- Meet Mobile or Live Results with visible meet and date headers.
- Verification slips, time cards, timing system tapes or photocopies of such which are referee signed and dated.
- Official results from USA Swimming meets must be printed with either host team's name or IUPUI Natatorium on each page.

TIME STANDARDS

Times must have been achieved from January 1, 2019 thru late entry deadline Thursday, July 29, 2021.

GIRLS				BOYS		
LCM	SCM	SCY	10 & under	SCY	SCM	LCM
0:41.59	0:40.49	0:36.59	50 Free	0:36.89	0:40.39	0:42.19
1:32.69	1:28.09	1:20.89	100 Free	1:21.79	1:30.39	1:34.79
3:22.09	3:13.99	2:56.99	200 Free	2:59.49	3:18.39	3:23.89
0:49.49	0:47.09	0:42.59	50 Back	0:43.29	0:47.79	0:50.19
1:46.69	1:42.79	1:32.89	100 Back	1:34.29	1:43.29	1:50.09
0:56.89	0:54.09	0:49.09	50 Breast	0:50.09	0:55.39	0:58.99
2:03.89	1:56.99	1:46.09	100 Breast	1:49.89	2:01.29	2:08.49
0:47.39	0:44.99	0:41.09	50 Fly	0:42.39	0:46.89	0:49.09
1:55.39	1:48.09	1:37.69	100 Fly	1:39.39	1:49.89	1:59.49
3:50.49	3:41.79	3:20.29	200 IM	3:22.99	3:43.19	3:57.19
LCM	SCM	SCY	12 & Under	SCY	SCM	LCM
0:36.99	0:35.39	0:32.29	50 Free	0:32.39	0:35.59	0:37.39
1:20.79	1:16.69	1:10.09	100 Free	1:10.59	1:17.29	1:21.89
2:56.69	2:48.69	2:34.19	200 Free	2:34.59	2:49.99	2:57.19
6:14.19	5:58.89	6:50.09	400M / 500Y Free	6:50.39	5:59.19	6:19.49
0:43.49	0:40.79	0:37.09	50 Back	0:37.69	0:41.29	0:43.59
1:34.19	1:27.49	1:19.79	100 Back	1:21.19	1:28.99	1:35.59
0:48.69	0:46.29	0:42.29	50 Breast	0:42.99	0:47.19	0:49.69
1:46.79	1:40.69	1:31.79	100 Breast	1:33.59	1:42.69	1:50.09
0:39.89	0:38.89	0:35.39	50 Fly	0:35.99	0:39.59	0:41.29
1:31.79	1:27.59	1:19.89	100 Fly	1:22.19	1:30.89	1:35.19
3:20.49	3:08.49	2:52.19	200 IM	2:54.99	3:11.59	3:22.79
LCM	SCM	SCY	14 & Under	SCY	SCM	LCM
0:34.69	0:33.19	0:30.29	50 Free	0:28.49	0:31.29	0:33.09
1:14.99	1:12.29	1:05.89	100 Free	1:02.49	1:08.49	1:11.99
2:43.89	2:36.89	2:23.19	200 Free	2:16.99	2:30.09	2:38.19
5:49.99	5:38.59	6:20.79	400M / 500Y Free	6:05.29	5:19.69	5:37.99
23:20.49	22:34.99	22:40.49	1500M / 1650Y Free	21:51.29	21:43.49	23:11.29
1:26.29	1:21.59	1:13.99	100 Back	1:11.39	1:18.89	1:24.49
3:05.89	2:55.19	2:40.09	200 Back	2:34.69	2:50.99	3:01.39
1:38.89	1:33.29	1:24.79	100 Breast	1:20.79	1:28.69	1:35.19
3:34.69	3:23.09	3:05.99	200 Breast	2:58.99	3:17.29	3:29.09
1:24.59	1:20.89	1:13.89	100 Fly	1:09.89	1:17.79	1:20.79
3:14.39	3:05.99	2:48.29	200 Fly	2:41.29	2:58.19	3:10.49
3:08.79	2:59.29	2:43.69	200 IM	2:35.89	2:50.69	3:00.79
6:45.09	6:17.99	5:45.39	400 IM	5:34.49	6:07.99	6:30.39
LCM	SCM	SCY	OPEN	SCY	SCM	LCM
0:33.19	0:32.59	0:29.69	50 Free	0:26.69	0:29.29	0:29.99
1:11.89	1:10.49	1:04.19	100 Free	0:57.99	1:03.59	1:05.29
2:38.79	2:34.99	2:21.49	200 Free	2:08.39	2:20.69	2:26.49
5:36.79	5:38.49	6:20.69	400M / 500Y Free	5:49.59	5:05.89	5:15.89
23:07.29	22:34.99	22:40.49	1500M / 1650Y Free	20:56.89	20:49.39	21:33.69
1:21.69	1:19.49	1:12.09	100 Back	1:06.19	1:13.09	1:16.19
2:57.99	2:51.39	2:36.59	200 Back	2:25.09	2:40.29	2:48.09
1:34.39	1:31.09	1:22.89	100 Breast	1:14.39	1:21.69	1:25.09
3:25.99	3:17.79	3:01.09	200 Breast	2:44.39	3:01.29	3:09.29
1:19.59	1:18.29	1:11.59	100 Fly	1:03.89	1:11.19	1:11.39
3:03.29	2:59.39	2:42.29	200 Fly	2:26.09	2:41.29	2:46.89
3:00.29	2:54.79	2:39.59	200 IM	2:24.59	2:38.29	2:43.39
6:28.29	6:17.79	5:45.29	400 IM	5:13.29	5:44.69	6:01.49

RELAYS - Teams may enter the 200 Freestyle and 200 Medley Relays (10 & Under, 11-12, 13-14, 15-18) with **any time slower than a state qualifying time.**

ORDER OF EVENTS

Session 1 Friday		
Girls	TIMED FINALS EVENTS ORDER	BOYS
1	11-12 500 Freestyle	2
3	13-14 500 Freestyle	4
5	Open 500 Freestyle	6
7	13-14 400 IM	8
9	Open 400 IM	10
11	Open 1650 Freestyle*	12

*Distance events will be swum fastest to slowest

Session 2 SATURDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
13	11-12 100 Breaststroke	14
15	11-12 50 Backstroke	16
17	11-12 100 Freestyle	18
19	11-12 50 Butterfly	20
21	11-12 200 IM	22
23	11-12 200 Freestyle Relay**	24

Session 6 SUNDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
61	11-12 200 Freestyle	62
63	11-12 50 Breaststroke	64
65	11-12 100 Backstroke	66
67	11-12 100 Butterfly	68
69	11-12 50 Freestyle	70
71	11-12 200 Medley Relay**	72

Session 3 SATURDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
25	10 & Under 200 Free	26
27	10 & Under 100 Butterfly	28
29	10 & Under 50 Backstroke	30
31	10 & Under 100 Freestyle	32
33	10 & Under 50 Breaststroke	34
35	10 & Under 200 Freestyle Relay**	36

Session 7 SUNDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
73	10 & Under 200 IM	74
75	10 & Under 50 Butterfly	76
77	10 & Under 100 Backstroke	78
79	10 & Under 100 Breaststroke	80
81	10 & Under 50 Freestyle	82
83	10 & Under 200 Medley Relay**	84

Session 4 SATURDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
37	13-14 200 Breaststroke	38
39	13-14 100 Backstroke	40
41	13-14 100 Freestyle	42
43	13-14 100 Butterfly	44
45	13-14 200 IM	46
47	13-14 200 Freestyle Relay**	48

Session 8 SUNDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
85	13-14 200 Freestyle	86
87	13-14 100 Breaststroke	88
89	13-14 200 Backstroke	90
91	13-14 200 Butterfly	92
93	13-14 50 Freestyle	94
95	13-14 200 Medley Relay**	96

Session 5 SATURDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
49	Open 200 Breaststroke	50
51	Open 100 Backstroke	52
53	Open 100 Freestyle	54
55	Open 100 Butterfly	56
57	Open 200 IM	58
59	15-18 200 Freestyle Relay**	60

Session 9 SUNDAY		
Girls	TIMED FINALS EVENTS ORDER	BOYS
97	Open 200 Freestyle	98
99	Open 100 Breaststroke	100
101	Open 200 Backstroke	102
103	Open 200 Butterfly	104
105	Open 50 Freestyle	106
107	15-18 200 Medley Relay**	108

** Each team may only enter 2 relay teams per event.

MEET SCHEDULE
(ALL TIMES ARE LOCAL TIME)

EVENT	WARM-UPS	MEET STARTS
Session 1 Friday	3:30-4:45 PM	5:00 PM
Session 2 Saturday 11-12	6:45-7:45 AM	8:00 AM
Session 3 Saturday 10 & Under	10:15-11:15 AM	11:30 AM
Session 4 Saturday 13-14	1:00-2:15 PM	2:30 PM
Session 5 Saturday 15 & Over	4:00-5:15 PM	5:30 PM
Session 6 Sunday 11-12	6:45-7:45 AM	8:00 AM
Session 7 Sunday 10 & Under	10:15-11:15 AM	11:30 AM
Session 8 Sunday 13-14	1:00-2:15 PM	2:30 PM
Session 9 Sunday 15 & Over	4:00-5:15 PM	5:30 PM

MEET PROCEDURES & FORMAT

WARM-UP PROCEDURE/ TIME SCHEDULE

- ALL TIMES are LOCAL TIME
- **WARM UP STRUCTURE, LANE ASSIGNMENTS AND OR SPLIT SCHEDULES WILL BE MADE AND POSTED ONCE ATHLETE NUMBERS ARE FINALIZED.**
- Diving well will be available throughout the meet for warm-ups and cool-down.
- NOTE: Marshals will be monitoring and enforcing warm-up procedures. Coaches, please review the Warm-up Procedures when they are available.

FORMAT

- **ALL EVENTS ARE TIMED FINALS.**
- **Fly-over starts** will be used for COVID-19 precautions.
- **Distance event swimmers** must provide their own lap counter. Lap counters must be an approved accredited coach or approved participating athlete.
- **Distance events will be swum fastest to slowest.**

MEET CONDUCT

RULES

The meet will be conducted in accordance with USA Swimming, including MAAPP (Minor Athlete Protection Policy), and Indiana Swimming rules and regulations.

PRE-SCRATCH TIMELINES

Pre-scratch timelines for all sessions will be available and shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and coaches are responsible to adhere to all meet deadlines and competition/event starting times.

PRE-SCRATCH PSYCH SHEET

Pre-Scratch Events Psych Sheet will be available for all events. This shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding.

COACH SCRATCH BOX RESPONSIBILITY

All scratches for individual events must be made by:

Friday Events	3:00 PM Thursday ONLINE
Saturday Events	3:00 PM Friday ONLINE
Sunday Events	3:00 PM Saturday ONLINE

The money for scratched events is NOT refundable.

Created by Technical Chair

Admin Referee must be contacted directly for any scratches or DFS after session scratch deadlines above.

ALL DISTANCE EVENTS

NO POSITIVE CHECK-IN. In all distance events, the swimmer is assumed to be swimming unless he/she has been scratched. (Scratching distance is a deviation from normal positive check-in)

OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first until the maximum has been attained and scratched from all remaining events.

A copy of the seeded heat sheet after scratches shall be posted before warm-ups for Saturday and Sunday prelims.

SEEDING OF INDIVIDUAL EVENTS

Seeding order: Short Course Yards-Long Course Meters-Short Course Meters (Y-L-S).

In all individual events including distance the swimmer is assumed to be swimming unless he/she has been scratched. After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any swimmer entering as a late entry shall not be seeded in the top eight of the entered event. The swimmer will be seeded by their entry time, but no higher than 9th place.

PENALTIES

Due to COVID-19 there will be no penalties for no shows, but courtesy DFSs/scratches during the meet should be texted to Admin. If scratches reduce the number of swimmers a re-seed may follow.

TIME TRIALS

Time Trials will not be offered.

After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any swimmer entering as a late entry shall not be seeded in the top eight of the entered event. The swimmer will be seeded by their entry time, but no higher than 9th place.

RELAYS

Entry Forms

If a swimmer is only on a relay and not competing in individual events, they MUST be on the team entry report. No swimmer will be allowed to swim unless his/her name is on the entry report.

Each team is permitted a maximum of two relays in each corresponding age (10 & U, 11-12, 13-14, 15-18) and gender.

Relay Time Standards

No Time Standard is available. Teams must be entered slower than the state qualifying time. **This may be accomplished by entering a custom time.** Relays entered with a NT after Modification deadline will be seeded last.

Relays entered at a NT or faster than the state standard after Modification deadline will be moved to an NT and seeded last. All relay only swimmers must be included on the entry or they will not be permitted to swim.

ONLINE Relay Cards

All relay cards will be submitted online before the start of competition the first day of the meet. Any changes must be submitted online to the Administrative Referee no later than one hour before the relay is scheduled to swim for the 11-12, 13-14, 15-18 age groups. Relay cards for the 10 & U age group are due online at the start of session. Submitted relay cards are to include the full names of the swimmers intending to swim and shall be listed in the order that they will be swimming.

Relay Scratch Deadline

Relay scratches need to be made by applicable scratch deadlines as indicated under Coach Scratch Box. Admin Referee must be contacted directly for any scratches after session scratch deadlines.

Relay Seeding

All relays will be swum as timed finals; refer to Meet Format for specifics.

After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any relay entering as a late entry shall not be seeded in the top eight of the entered event. The relay will be seeded by their entry time, but no higher than 9th place.

AWARDS

There will be no award presentation. Awards will be distributed at a later time.

INDIVIDUAL EVENTS: Medals for 1st-8th
Ribbons for 9th-16th

RELAY EVENTS: Medals for 1st-8th

SUMMARY OF ENTRIES

THIS FORM IS REQUIRED WITH PAYMENT

The total amount of all fees due, including any fines incurred due to late entry for all swimmers and events entered, shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing. (If utilizing Fed Ex/Overnight mail you must check the waive signature box.)

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash.

Make checks payable to: **Franklin Regional Swim Team**

Thank you.

Send to: Paul Stockett
654 Walnut Street
Franklin, IN 46131

NAME OF TEAM _____ CODE _____

Number of swimmers (and alternates) entered:

Indiana Swimming COVID Surcharge \$22 total (\$16 to meet host/\$5.00 to Indiana Swimming/\$1.00 to Club Support Grant Program)

Boys: _____ X \$ 22.00 = _____

Girls: _____ X \$ 22.00 = _____

Number of boy's individual entries: _____ X \$ 7.00 = _____

Number of girl's individual entries: _____ X \$ 7.00 = _____

Number of Relay entries: _____ X \$ 8.00 = _____

TOTAL AMOUNT ENCLOSED: _____

Team Official Submitting Entry:

Name: _____ Cell Phone: () _____

Team Official E-mail: _____

Contact Information for Coaches Attending Meet:

Senior Coach: _____ Cell Phone: () _____

Age Group Coach: _____ Cell Phone: () _____

10 & Under Coach: _____ Cell Phone: () _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host team and Indiana Swimming, and its Board of Directors, USA Swimming, and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host team and Indiana Swimming, USA Swimming, said facility and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Team Official/Coach _____ **Date** _____

*Person who signs above is responsible for any fines imposed on the team for each missed cut not proven.

*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____

Did you include:

Entries in Writing (only if applicable)	Relay Entry Forms (only if applicable)
Check for entries and surcharges	This completed form
I have read the scratch rules and USA Swimming National scratch rule, 207.11.6, and understand all of them.	