

# HAST SUMMER 2021 REGISTRATION TIMES



## HAST "I Love to Swim" Program Summer 2021

Online registration begins MAY 30, 2021

[www.hastswimteam.com](http://www.hastswimteam.com)

Chasi May- (651)283-5768 or [chasisue@hotmail.com](mailto:chasisue@hotmail.com)

| Session | Day(s)        | Date              | Class          | Time                            | Location | Cost  |
|---------|---------------|-------------------|----------------|---------------------------------|----------|-------|
| 1       | Tuesday       | June 8 – July 27  | Starfish       | 11:00 -11:30am or 11:40-12:10am | HMS Pool | \$75  |
|         |               |                   | Penguins       | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Seals          | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Dolphins       | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Private**(1-1) | 11:00 -11:30am or 11:40-12:10am |          | \$150 |
| 2       | Wednesday     | June 9 – July 28  | Starfish       | 11:00 -11:30am or 11:40-12:10am | HMS Pool | \$75  |
|         |               |                   | Penguins       | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Seals          | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Dolphins       | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Private**(1-1) | 11:00 -11:30am or 11:40-12:10am |          | \$150 |
| 3       | Thursday      | June 10 – July 29 | Starfish       | 11:00 -11:30am or 11:40-12:10am | HMS Pool | \$75  |
|         |               |                   | Penguins       | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Seals          | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Dolphins       | 11:00 -11:30am or 11:40-12:10am |          | \$75  |
|         |               |                   | Private**(1-1) | 11:00 -11:30am or 11:40-12:10am |          | \$150 |
| 4       | Tue/Wed/Thur  | June 8 – June 23  | Sharks         | 11:00am -12:00pm                | HMS Pool | \$90  |
| 5       | Tues/Wed/Thur | June 29 – July 14 | Sharks         | 11:00am -12:00pm                | HMS Pool | \$90  |

**Deadline to register for classes is 11:59pm the night before class starts.**

All lessons located at the Hastings Middle School Pool (HMS)  
1000 West 11<sup>th</sup> Street

Contact Coach Chasi May if you are unsure what level your children are. If necessary, the HAST coaches will set up a time to evaluate their skills.

(651) 283-5768 or [chasisue@hastswimteam.com](mailto:chasisue@hastswimteam.com)

| Group           | Working On                     | Current Skill Level   | Class Size         | Cost  |
|-----------------|--------------------------------|---|--------------------|-------|
| Starfish        | Water Adjustment               | No Exposure to water, child is possibly timid, afraid &/or clingy to adult while in water             | Max. of 3 Students | \$75  |
| Penguins        | Independence & Mobility        | Ready to Learn, "Plays well in water" Comfortable moving through chest deep water                     | Max. of 3 Students | \$75  |
| Seals           | Swimming Fundamentals          | Swim 5 yards+, Float on front & back Likes to go underwater with entire head                          | Max. of 4 Students | \$75  |
| Dolphins        | Deep Water Skills              | Swim 15 yards+, Rhythmic Breath = 10+ Bobs= Blow air out underwater and take 1 quick breath @ surface | Max of 4 Students  | \$75  |
| Sharks          | Intro. to Competitive Swimming | Swim 25 yards+, Comfortable playing & swimming in deep water  | Max. of 5 Students | \$90  |
| Private Lessons | Swimming Skills                | 1 swimmer per 1 instructor (8 x ½ hour lessons)   | 1                  | \$150 |

