

2021 Long Course Summer Training Schedule

6/1-7/29

Revised 4/27/21

National	MW	5:30-7:30 am	Walker LC Lanes 4-9
	MTTH	1:00-3:00 pm	Walker LC Lanes 4-9 & Walker A
	TTH	6:00-8:00 am	Sports Park
	F	6:00-8:00 am	Davis
	F	1:00-2:30 pm	Walker LC Lanes 0-9
	Sat	7:00-9:00 am	Walker LC Lanes 4-9 & Walker A
Sr. 1	MW	6:30-8:30 am	Davis Lanes 1-10
	TTH	6:30-8:30 am	Walker LC Lanes 5-9
	F	6:30-8:30 am	Walker LC Lanes 4-9
	MTTH	3:00-5:00 pm	Walker LC Lanes 5-9
	Sat	7:00-9:00 am	Sports Park
Sr. 2	MW	8:30-10:15 am	Davis Lanes 1-7
	TTH	8:30-10:15 am	Walker LC Lanes 4-9
	F	8:30-10:00 am	Walker LC Lanes 4-9
	Sat	9:00-10:45 am	Sports Park
Pre-Nat	M-F	6:15-8:15 am	Walker LC Lanes 0-3
	TTH	2:00-4:00 pm	Walker LC Lanes 0-4
	Sat	7:00-9:30 am	Walker LC Lanes 0-3
Gold 1	MW	5:30-7:30 pm	Walker LC Lanes 0-2
	TTH	5:30-7:30 pm	Walker LC Lanes 7-9
	Fri	7:00-8:30 am	Sports Park Lanes 1-4
	Sat	8:00-9:30 am	Davis
Silver 1	MW	5:30-7:30 pm	Davis Lanes 1-3
	TTH	5:30-7:30 pm	Walker LC Lanes 0-2
	Fri	7:00-8:30 am	Sports Park Lanes 5-6
	Sat	9:30-11:00 am	Walker LC
Gold 2/3	MW	6:00-7:45 pm	Walker LC Lanes 3-9
	TTH	6:00-7:45 pm	Davis Lanes 1-7
	Sat	9:30-11:00 am	Davis
Silver 2/3	MW	6:00-7:45 pm	Davis Lanes 4-7
	TTH	6:00--7:45 pm	Walker Lanes 3-6
	Sat	9:30-11:00 am	Davis
Yellow/Blue	T-TH	3:30-4:30 pm	Davis Lanes 1-7