

HAST SS LONG COURSE SEASON START DATE- 4/12- End of July

Full Season	4.12 – 7.30	Need to sign up for full seasons to get SS discount &/or multi family discount.
Late start – May 20 th	5.20 – 7.30	65 percent of the full season
Spring Only	4.12 – 6.4	½ price + \$25 or a percentage of dues
Summer Only	6.7- 7.30	½ price + \$25 or a percentage of dues

Additional fees: Purchase team suit through Elsmore Swim website. (www.elsmoreswim.com)

\$38 MNSI fee, \$20 admin fees, \$98 Pancake Fast- or- substitute event ticket – can sell 14 tickets for \$7 ea. to recuperate your cost.

		65% of full season	Full season ½ + \$25	Full season ½ + \$25
Full season PRICE= 4.12-7.30		Late Start = 5.20-7.30	Spring = 4.12-6.4	Summer = 6.8-7.30
NOVICE	\$377.40	\$245.31	\$213.70	\$213.70
AGE GROUP	\$520	\$338	\$285	\$285
PRE SENIOR	\$630	\$409.50	\$340	\$340
SENIOR	\$736	\$478.40	\$394	\$394

*****Must register by 4.1 to avoid \$25 late fee.**

We offer the following discounts:

- 10% - Spring Sport Discount (SS = Swimmers who participate in a school sponsored sport.)
- 25% - Multi-swimmer count – taken off the 2nd, 3rd, & 4th swimmer in the family registered for full season.
- 5% - Paid up front discount – pay all fees at checkout versus monthly installments.

Families new to competitive swimming; HAST offers an 8 week trial: Any 8 weeks consecutively for \$200. During this time, swimmers have the opportunity to compete in a couple of swim meets.

**Spring Practice Schedule (April 12th-June 4th, 2021)
@ Hastings Middle School Pool**

<u>MON-THURS</u>	<u>FRIDAY</u>
2:45-4:45PM S/PS+	2:45-4:45PM S/PS
4:55-6:15PM PS/AG	5:00-6:15PM N/AG
6:30-7:30PM NOVICE/ILTS Lessons	

Summer Practice Schedule (June 7th-July 30th, 2021) HMS as backup during inclement weather.

@ HFAC AM, HMS PM (PS/S @ HFAC on TUES/THURS AM in JULY ONLY*)** Times are color codes below

S =	MWF @ 6-8AM	TUES/THURS @ 7:30-9AM AND 3:30-5PM	F @ 6-8AM
PS =	MW @ 6-7:30AM or 7:30-9AM	TUES/THURS @ 7:30-9AM AND 3:30-5PM	F @ 6-8AM
N/AG =	MWF @ 8-9A	TUES/THURS @ 5:15-6:15PM	F @ 8-9AM

@ Point Douglas Beach on TUES/THURS AM in JUNE ONLY***

S/PS =	TUES/THURS @ 8:45-10:15AM
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HAST Meet Schedule SS Long Course Season 2021

Date	Meet	Qualifying Times	Location	Deadline to cancel
5/1-2	HAST Invite	All Levels	Hastings MS Pool	4/24
5/21-23	NSAC TYR Spring Fling	See meet page for qualifying standards	University of Minnesota	5/2
5/23	RFSC Western Wisconsin Invite	All Levels	River Falls High School	5/7
6/4-6	PHRN lcm	BRNZ & up, ONLY 9&UP	Richfield Municipal pool – Outdoor 50m	5/20
6/27-28	BAC lcm	All Levels	Bloomington Family Aquatic Center– Outdoor 50m	6/11
7/8-11	Iowa Summer Sizzler	SLVR & Up	The Falls – Cedar Falls, Iowa – Outdoor 50m	6/12
7/20	HAST Novice Finals	BRNZ, Pre BRNZ, NT's	Hastings MS POOL	7/10
7/16-18	Last Chance Qualifier Championship Meets ~ LCM	Open to swimmers below CH Time Standard	New Hope, Mankato, Rochester, Univ of MN Zoning - Coming Soon	TBD
7/23-25	14&Under STATE	Indiv. CH or MRC win, others to fill HAST relays	Rochester & University of MN Zoning - Coming Soon	TBD
7/29-8/1	SENIOR State	Indiv. CH or MRC win, others to fill HAST relays	U of M – Indoor 50m	TBD
7/28-31	FUTURES	Futures TSES's	Fargo, ND	
8/6-9	ZONES	14&Under: Zone = Nat AA	Westmont, IL	

***Additional Conference Meet for BRNZ, Pre BRNZ swimmers will be added in late JUNE.