

SWING INTO THE OFFSEASON WITH....

RIDERS BASEBALL ACADEMY

NOVEMBER/DECEMBER SESSIONS NOW AVAILABLE



#1 Hitting (Grades 3-6) Starting Oct 27

Focus will be on hitting mechanics, hitting routines/drills, mental approach to hitting, pitch recognition, and building confidence in hitters.

Tuesdays/Wednesdays: 5:30-6:30 pm (Limited to first 10 spots)

Dates: Oct. 27, Oct 28, Nov 3, Nov 4, Nov 10, Nov 11, Nov 17, Nov 18, Nov 23, Nov 24

#2 Hitting (Grades 7-12) Starting Oct 27

Focus will be on hitting mechanics, hitting routines/drills, mental approach to hitting, pitch recognition, and building confidence in hitters.

Tuesdays/Wednesdays: 6:30-7:30 pm (Limited to first 10 spots)

Dates: Oct. 27, Oct 28, Nov 3, Nov 4, Nov 10, Nov 11, Nov 17, Nov 18, Nov 23, Nov 24

Instructor for #1 and #2 Hitting- Sam Stearns. Coach Stearns brings over 20 years of coaching experience, including the last 3 years in the Riders program.

#1 Pitching (Grades 3-6): Starting Nov. 30

Focus will be on pitching mechanics, pitching mindset/mental approach, preparation/pitching routine, and qualities of winning on the mound,

Mondays/Tuesdays/Wednesdays: 5:30-6:30 pm (Limited to first 10 spots)

Dates: Nov 30, Dec 1, Dec 2, Dec 7, Dec 8, Dec 9, Dec 14, Dec 15, Dec 16, Dec 21

#2 Pitching (Grades 7-9): Starting Nov. 30

Focus will be on pitching mechanics, pitching mindset/mental approach, preparation/pitching routine, and qualities of winning on the mound,

Mondays/Tuesdays/Wednesdays: 6:30-7:30 pm (Limited to first 10 spots)

Dates: Nov 30, Dec 1, Dec 2, Dec 7, Dec 8, Dec 9, Dec 14, Dec 15, Dec 16, Dec 21

Instructor for #3 and #4 Pitching -Josh Kuhbacher. Coach Kuhbacher currently serves as the Head Coach of the Gillette Rustlers and is also a pitching coach in the Riders program.

Cost \$200 for ten 1-hour sessions (pay instructor the first night of camp)

CONTACT: Coach Perleberg at 689-4542 or gilletteriders@gmail.com to sign up for any session.