

2020 Fall Maintenance Registration Form

Cloverdale Triton Swim Club is once again excited to be able to offer a *Fall Maintenance Training Program* for new and returning swimmers. You can register for up to 2 hours per week, but due to the COVID-19 environment we are still in, we won't be able to accommodate for switching spots, after the program sessions commence. Furthermore, the club will not be able to offer any development level swimming at this time of the season. We have limited spots available based on BC health safety regulations.

To be able to register for our training programs, please be SURE the following is complete:

- Returned your waiver to cloverdaletritons@gmail.com
- Parents and swimmers** have read and are willing to adhere to the expectations outlined in our "Cloverdale Tritons Return to Swim" document
- Parents and swimmers** have read and agree to the Participant Agreement

Your cooperation with the behavioural expectations of both swimmers and parents is greatly appreciated.

Fees

Option 1:	Thu's and Sun's	6:45 - 7:45 pm	\$240.00
Option 2:	Thu's	6:45 - 7:45 pm	\$120.00
Option 3:	Sun's	6:45 - 7:45 pm	\$120.00
Option 4:	Sun's	5:45 - 6:45 pm	\$120.00
Option 5:	Sun's	7:45 - 8:45 pm	\$120.00
BCSSA Insurance Fee (for those swimmers who did NOT swim summer or payed the fee separately in June)			\$20.00

* Families are required to **Pay in FULL** at time of swimmer registration. Thank-you!

*****Any unpaid fees on your active account will be charged with registration*****

Fall Maintenance Training Program Info

- **Location:** SSLC (Fleetwood Pool), #110 - 16555 Fraser Highway Surrey, BC V4N 0E9
- **Duration:** Oct 15 - Dec 20, 2020
- Once or twice a week practices for 60 mins (up to 2 hours sessions weekly available). Actual water practise is 55 minutes plus 5 minutes to allow swimmers to gather equipment and exit out of pool prior to next group arrival
- The club will not be running any dryland in an effort to minimize swimmers coming into close contact.
- We will be issuing discount coupons to the families who have unused punch cards and balances of the cancelled 2019/20 Winter Maintenance program
- Professional coaches possessing or attaining their certification through the National Coaching Certification Program with excellent training programs in place
- A positive, encouraging and memorable swimming experience
- Coaching centred on stroke development/refinement, fitness, and enjoyment

SWIMMING ABILITY AND ASSESSMENT

ALL NEW SWIMMERS WELCOME! The minimum requirements to come for an assessment is 50 meters (unassisted) which is 2 lengths of the pool, 25 meters backstroke, 25 meters breaststroke, and 25 meters kick on back.

If you are not sure about your child swim abilities, please book an assessment through our Head coach at headcoach@cloverdaletritons.com or our registrar at cloverdaletritons@gmail.com

Equipment/Responsibilities

- Due to current COVID-19 Protocols, each swimmer must have their own equipment (**no sharing allowed**). Swimmers will require a kickboard, fins, pull-buoys, water bottle, and hand sanitizer for this fall program (to be kept in a mesh bag). **NO SHOWERS!**
- Team aquatics located in the Watermania Aquatic Centre is a good choice to buy gear (goggles, fins, suits)
- Our Equipment Manager can be contacted at tritonsequipment@gmail.com
- Triton caps can be purchased for \$15.00 through our equipment manager

Cancellation/Refund Policy

NO REFUNDS will be given after, unless a valid medical reason is submitted to the Executive board through cloverdaletritons@gmail.com.