

2020 AAAA-NE Spring Practice Schedule

March 16 – June 6

Posted 3/2/2020

GROUP	TIME	DAYS	TRAINING
National	6:30-8:30 AM	M, W, Fri	Walker LC+A
	5:00-7:00 PM	M,W,Fri	Davis
	6:30-8:30 AM	T, Th	Davis
	5:00-6:30 PM	T, Th	Walker LC+A
	7:00-10:00 AM	Sat	Walker LC+A
	TBD	M, W, Fri	Dryland (Davis)
Senior 1	6:30-8:30 AM	M,W,Fri	Davis
	5:00-6:30 PM	M,W,Fri	Walker LC
	6:30-8:30 AM	T,Th	Walker LC
	5:00-6:30 PM	T,Th	Sports Park
	7:00-9:30 AM	Sat	Sports Park
	TBD	T, Th	Dryland
Senior 2	5:00-6:30 PM	M	Sports Park
	5:30-7:00 AM	T,Th	Davis
	5:00-6:30 PM	T,Th	Davis
	5:00-6:30 PM	W	Walker A
	5:00-6:30 PM	Fri	Walker LC
	10:00-11:30 AM	Sat	Walker LC
	TBD	M,Sat	Dryland (SP)
Pre-National	4:30-6:30 PM	M-Th	Walker LC
	4:30-6:30 PM	Fri	Sports Park
	7:00-9:30 AM	Sat	Davis
	TBD	M, W	Dryland
Gold 1	5:00-6:30 PM	M	Walker LC
	5:00-6:30 PM	T,Th	Davis
	5:00-6:30 PM	W	Sports Park
	5:00-6:30 PM	Fri	Walker LC
	8:00-10:00 AM	Sat	Walker LC
	TBD	TBD	Dryland
Silver 1	6:30-8:00 PM	M, W	Walker LC
	6:30-8:00 PM	T, Th	Davis
	5:00-6:30 PM	Fri	Walker A
	10:00-11:30 AM	Sat	Walker LC
	TBD	TBD	Dryland

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Gold 2	6:30-8:00 PM	M, W	Walker LC
	6:30-8:00 PM	T, Th	Sports Park
	10:00-11:30 AM	Sat	Walker LC
	TBD	TBD	Dryland
Silver 2	6:30-8:00 PM	M, W	Walker LC
	6:30-8:00 PM	T, Th	Davis
	10:00-11:30 AM	Sat	Walker LC
	TBD	TBD	Dryland
Gold 3	6:30-7:45 PM	T, Th	Walker LC
	6:30-7:45 PM	W	Sports Park
	9:30-11:00 AM	Sat	Sports Park
	TBD	TBD	Dryland
Silver 3	6:30-7:45 PM	T, Th	Walker LC
	6:30-7:45 PM	W	Walker A
	9:30-11:00 AM	Sat	Davis
	TBD	TBD	Dryland
Novice			
WHITE	5:00-5:45 PM	T, Th	Davis
	5:00-5:45 PM	W	Sports Park
Novice			
YELLOW	5:00-5:45 PM	T, Th	Davis
	5:00-5:45 PM	W	Sports Park
Novice			
NAVY	5:45-6:30 PM	T, Th	Davis
	5:45-6:30 PM	W	Sports Park

** Each Season, after practices have started, we modify group schedules if needed!