



# 2020 WINTER SHORT COURSE B/C CHAMPIONSHIP MEET

JO MAX QUALIFIER

HOSTED BY VAST/TNT

Held under the Sanction of USA Swimming / Central California Swimming #S8420TL

**SATURDAY & SUNDAY, FEBRUARY 8-9, 2020**

Entries due by Saturday, February 1st, 2020; see [www.centralcalswim.org](http://www.centralcalswim.org) to enter online. Late entries will be accepted online up to 11:59 pm Wednesday, February 5th, 2020, with a \$10 late fee

**Swimmers achieving new 2020 Winter Short Course JO time standards at this meet (as published in the CCS 2020 Winter JO Championship fact sheet) will be eligible to swim those events the following weekend at the CCS Short Course JO Championships. Newly achieved times (not improved times that already qualified) from this meet can ONLY be submitted by the Meet Referee to the JO Admin Ref by Sunday, February, 9th 2020, 11:59 p.m. for late entry into the 2020 CCS SC JO Championship. It is the swimmer's responsibility to forward these new times to the Meet Referee by the conclusion of this meet.**

**Location:** El Diamante High School, 5100 W. Whitendale Ave. Visalia, CA 93277

From I-5; Take Hwy 198 East to Visalia, turn right onto S Akers Ave, Turn left onto Whitendale Ave @ corner of Akers & Whitendale.

From Hwy 99 South; Turn right onto West Caldwell Ave, turn left onto S Akers Ave, Turn right onto Whitendale Ave, @ corner of Akers & Whitendale.

From Hwy 99 North; Take Hwy 198 East towards Visalia, turn right onto S Akers Ave, turn left onto Whitendale Ave, @ corner of Akers & Whitendale.

**Facility:** 8 lane 25 yard outdoor pool with a minimum depth of 7 feet and an area for continuous warm-up in buffered warm-up lanes. The competition pool is not certified according to article 104.2.2C(4) of USAS rules and regulations.

**Time:** Warm-up begins at 8:30 a.m., meet will begin at 10:00 a.m. Saturday and Sunday. Dive and pace lanes will be assigned at the discretion of the Meet Referee. Warm-up procedures will be posted on deck, announced continuously by the Deck/Starter Refs and in the program.

**Note:** All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition, and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Meet Director or Meet Referee for assistance obtaining a lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

**Rules:** Current USA Swimming and CCS rules will govern the meet:

- Propane heaters are prohibited



- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Safe “3-point” entries must be used when entering the water for warm-up and warm-down
- Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition
- Swimmers in the 500, 1000, and 1650 yard freestyle events must provide a timer, a lap counter, and a lap counting device. Heats for the 500, 1000, and 1650 freestyle will be swum fastest to slowest, alternating girls and boys.
- Swimmers may compete in up to 4 individual events per day.
- At the discretion of the Meet Referee, in the event that the timeline exceeds the limits of the USA Swimming “4 hour rule,” swimmers who enter the maximum number of events on either day must indicate with the Clerk of Course one event to scratch on their entry. Swimmers will indicate their choice of event to scratch upon check-in of their first event on the day(s) that the scratch down is necessary. If the swimmer does not indicate an event to scratch upon check-in of the first event, the last event of the day will be scratched by the Clerk of Course.
- Events may be combined, regardless of age or gender, at the discretion of the Meet Referee.
- The meet will be deck-seeded. All events will be seeded according to submitted times. Verification of entered times should be available upon request from the Meet Referee.
- A master check in system will be used.
- Swimmers in the first 4 events must be checked in by 9:30 am. Check in for later events must be completed at least one hour prior to the estimated start time of the event or 12:00 noon, whichever is earlier.
- Smoking and the use of other tobacco products and the consumption of alcohol is prohibited on the pool deck, in the locker rooms, in the spectator or standing areas, and any other areas used by swimmers.
- Use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Proof that all coach and official membership requirements are met, as of the dates of competition, shall be presented upon request by the Meet Referee. Proof may be in the form of a coach or official membership card or through Deck Pass.
- **For athlete protection, Central California Swimming prohibits the use of photography and audio visual devices, including cell phones, behind the blocks during the start sequence throughout the meet.**
- **No technical suits shall be worn by any 12 & Under athlete member in competition at any sanctioned, approved, or observed CCS Meet. This includes any suit with bonded**



or taped seams regardless of its fabric or silhouette or any suit with woven fabric extending past the hips. (Note: Woven Fabric – A suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric – A suit with knit fabric and sewn seams not extending below the knees is permitted). [CLICK HERE](#) for the USA Swimming FAQ page regarding technical suits and 12&Under athletes.

**Eligibility:** All swimmers must be currently registered with USA Swimming for 2020. Deck Pass is acceptable proof of USA Swimming membership. Swimmer's entry time must be an achieved short course time that is SLOWER than the time standard shown on the Schedule of Events. Verification of entered times should be available upon request from the Meet Referee. Entry for swimmers who did not achieve a time in any of the listed events below should enter with NT (no time) for that event.

**Entries:** Team entries must be sent in a Hy-Tek CL2 entry file to the following email address: keith.l.jay@gmail.com. Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer has registered on the CCS site for their USA Swimming membership. CCS Outreach swimmers who are entered in this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club. Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review.

**E-mail files to: keith.l.jay@gmail.com**

Mail Fees to: VAST TNT Swimming 1848 S. Royal Oaks Dr. Visalia, CA 93277

**Entry Deadline:** Entries are due by 11:59 pm, Saturday February 1<sup>st</sup>, 2020. Late entries accepted online up to 11:59 pm Wednesday, February 5<sup>th</sup>, 2020, with a \$10 late fee. **No on-deck entries will be accepted.**

**Entry Fees:** \$4.00 for each individual event, \$10.00 surcharge per swimmer. \$10 per swimmer for late entries. No refunds.

**USAS Registration:** On-deck USA swimming membership registration will be allowed with a \$20 fee payable by the home club.

**Awards:** Medals will be awarded to individuals finishing 1st through 3rd and ribbons will be awarded to individuals finishing 4th through 8th in each event by age division (8 & under, 9-10, 11-12, 13-14). Please note: Events denoted with \*\* will NOT be awarded separately. No high point awards.

**Meet Director:** Jonna Rasner (818) 239-2084

**Meet Referees:** Chad Bringe & Paul Olson                      **Admin Officials:** Renee & Jim Patterson

**Officials:** All officials are welcome. In the absence of a sufficient number of officials to complete a rotation, a 10-minute break will be taken every two hours.

Hy-tek event file, online meet entries, and further information at [www.centralcalswim.org](http://www.centralcalswim.org).



### SCHEDULE OF EVENTS

Saturday, February 8th, 2020 - 10:00am					
Girls	Slower Than	Age Group	Event	Slower Than	Boys
1	1:11.69	13-14	100 Back	1:06.89	2
	1:10.09	15-18	100 Back	1:03.49	
3	35.59	11-12	50 Back	35.29	4
5	41.19	9-10	50 Back	41.79	6
7	NTS	8 & under	25 Back	NTS	8
9	3:08.59	11-12	200 Breast	3:00.99	10
	2:58.29	13-14	200 Breast	2:45.59	
	2:54.69	15-18	200 Breast	2:36.59	
11	1:27.39	11-12	100 Breast	1:25.49	12
13	1:44.19	10 & under	100 Breast**	1:41.89	14
15	55.09	8 & under	50 Breast	55.09	16
17	28.59	13-14	50 Free	27.29	18
	28.99	15-18	50 Free	26.29	
19	29.99	11-12	50 Free	30.29	20
21	33.99	9-10	50 Free	34.49	22
23	NTS	8 & under	25 Free	NTS	24
25	2:47.89	11-12	200 Fly	2:43.99	26
	2:37.89	13-14	200 Fly	2:26.99	
	2:34.89	15-18	200 Fly	2:20.59	
27	1:18.29	11-12	100 Fly	1:16.49	28
29	1:39.09	10 & under	100 Fly**	1:37.99	30
31	51.99	8 & under	50 Fly	51.99	32
33	2:37.89	13-14	200 IM	2:28.59	34
	2:36.19	15-18	200 IM	2:21.79	
35	1:16.79	11-12	100 IM	1:14.99	36
37	1:29.09	9-10	100 IM	1:29.39	38
39	7:35.49	10 & under	500 Free**	7:26.99	40
	6:38.39	11-12	500 Free	6:27.49	
	6:10.19	13-14	500 Free	5:57.89	
	6:12.09	15-18	500 Free	5:45.99	
41	23:07.29	11-12	1650 Free	22:37.49	42
	21:43.19	13-14	1650 Free	20:43.19	
	21:26.19	15-18	1650 Free	20:02.89	

\*\*Event will NOT be awarded separately.

***It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.***



Sunday, February 9th, 2020 - 10:00am					
Girls	Slower Than	Age Group	Event	Slower Than	Boys
	2:15.19	13-14	200 Free	2:10.99	
43	2:17.79	15-18	200 Free	2:06.29	44
45	2:25.49	11-12	200 Free	2:24.59	46
47	2:53.29	10 & under	200 Free**	2:47.99	48
49	1:34.59	8 & under	100 Free	1:34.59	50
	1:22.19	13-14	100 Breast	1:15.59	
51	1:20.69	15-18	100 Breast	1:12.09	52
53	39.99	11-12	50 Breast	39.59	54
55	47.49	9-10	50 Breast	46.59	56
57	NTS	8 & under	25 Breast	NTS	58
	1:11.39	13-14	100 Fly	1:06.39	
59	1:09.99	15-18	100 Fly	1:03.39	60
61	34.09	11-12	50 Fly	34.19	62
63	41.69	9-10	50 Fly	40.49	64
65	NTS	8 & under	25 Fly	NTS	66
	2:43.99	11-12	200 Back	2:40.29	
	2:35.39	13-14	200 Back	2:25.89	
67	2:32.39	15-18	200 Back	2:19.19	68
69	1:18.19	11-12	100 Back	1:15.79	70
71	1:30.69	10 & under	100 Back**	1:29.69	72
73	49.89	8 & under	50 Back	49.89	74
	5:56.79	11-12	400 IM	5:46.39	
	5:39.69	13-14	400 IM	5:17.39	
75	5:31.99	15-18	400 IM	5:05.59	76
77	2:47.19	11-12	200 IM	2:44.19	78
79	3:15.59	10 & under	200 IM**	3:13.19	80
81	1:45.69	8 & under	100 IM	1:45.69	82
	1:02.09	13-14	100 Free	1:00.69	
83	1:00.89	15-18	100 Free	57.59	84
85	1:06.49	11-12	100 Free	1:05.89	86
87	1:17.89	9-10	100 Free	1:18.79	88
89	41.49	8 & under	50 Free	41.49	90
	13:44.69	11-12	1000 Free	13:30.19	
	13:01.79	13-14	1000 Free	12:23.89	
91	12:49.99	15-18	1000 Free	11:57.79	92

\*\* Event will NOT be awarded separately

***It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.***