

RIDERS BASEBALL ACADEMY

FEBRUARY 2020- SWING INTO THE NEW YEAR!!



#1 Hitting:

Focus will be on hitting mechanics, hitting routines/drills, mental approach to hitting, pitch recognition, and building confidence in hitters.

Grades 3-6 (Limited to first 10 spots) 5:30-6:30 pm

Tuesdays/Thursdays: Feb 4, 6, 11, 13, 18, 20, 25, 27

#2 Catchers: Offered for the first time ever!

Focus will be on catcher mechanics, daily routines/drills, mental approach, calling pitches,

Grades 7-12 (Limited to first 10 spots) 6:30-7:30 pm

Tuesdays/Thursdays: Feb 4, 6, 11, 13, 18, 20, 25, 27

Instructor for #1 Hitting and #2 Catching- Sam Stearns- Coach Stearns brings over 20 years of coaching experience, including the last 2 years in the Riders program.

#3 Pitching:

Focus will be on pitching mechanics, pitching mindset/mental approach, preparation/pitching routine, and qualities of winning on the mound,

Grades 3-6 (Limited to first 10 spots) 5:30-6:30 pm

Dates: Mondays/Wednesdays- Feb 3, 5, 10, 12, 17, 19, 24, 26

#4 Infield: Offered for the first time ever!

Focus will be on infield mechanics, drills/routines, pre-pitch routine,

Grades 7-12 (Limited to first 10 spots) 6:30-7:30 pm

Dates: Mondays/Wednesdays- Feb 3, 5, 10, 12, 17, 19, 24, 26

Instructor for #3 Pitching and #4 Infield: Allen Hemeyer- (Riders Head Assistant Coach) Coach Hemeyer is entering his 7th season on the Riders coaching staff. He coached the Gillette Rustlers from 2014-2017 and with the Gillette Riders in 2018-2019.

Cost \$150 for eight 1-hour sessions (pay instructor the first night of camp)

CONTACT: Coach Perleberg at 689-4542 or [gilletriders@gmail.com](mailto:gillet riders@gmail.com) to sign up for any session.