

2020 Niagara Championship Qualifier (Silvers)

Hosted by: Town of Tonawanda Titans Swim Club

February 21st 22nd & 23rd 2020

Held under the Sanction of USA Swimming Sanction # 1920-044

Tonawanda Aquatic and Fitness Center

OPEN TO NIAGARA LSC 18 & UNDER SWIMMERS

Changes this year:

1. Bonus events may be limited depending on meet size after entries are received. Will be determined by Meet Director, Meet Referee and Technical Planning
2. Awards: Individual events: Medals 1-3, Ribbons 4-16. Relay: Medals 1, Ribbons 2-8. Age group High Point for each gender & age group based on individual points. Top 3 over all Team awards.
3. There must be a designated team seating area and designated spectator seating area.
4. The event order has changed. Please read carefully.
5. Disability time standards.

Facility:

The Tonawanda AFC, 1 Pool Plaza, Kenmore, NY 14223 is an 8 lane, 50 meter pool with Competitor Gold continuous flow through lane lines and Paddock gutter system, Colorado Timing System, electronic scoreboard with an 8 lane readout and computer scoring (HYTEK). The competition course has been certified in accordance with 104.2.2C(4) and is on file with USA Swimming. The AFC is next to Sheridan Plaza on Sheridan Drive between Delaware Rd. & Colvin Blvd. Enter on Pool Plaza from Delaware Rd. From I 90 take I 290 to Delaware South Exit.

The water depth at the start end is 13' at 1 meter and 5 meters away from wall, the turn end is 10'3" at 1 meter and 5 meters away from wall.

Parking:

FREE Parking lot adjacent to the building or on local side streets adjacent to the pool. Parking is not permitted in the "above lots" near Aldi's.

Meet Sites:

The Niagara Championship Qualifier Meets will be held at three venues: Buffalo, Rochester, and Binghamton. To avoid over subscribing a meet & for host site planning purposes, Niagara Swimming requests that clubs attend the meet in their region.

Sessions: Subject to change depending on entry volume with meet director and meet referees discretion.

	Description	Warm Up	Start	
1	Friday Night	All Ages Timed Finals	4:00 PM	5:00 PM
2	Saturday AM	All Ages Prelims	7:30 AM	8:30 AM
*	split 12 & U	Session if necessary based on entries	ASAP	
4	Saturday PM	Top 16 for 11-12, 13-14 & 15-18 Finals	5:00 PM	6:00 PM
5	Sunday AM	All Ages Prelims	7:30 AM	8:30 AM
*	split 12 & U	Session if necessary based on entries	ASAP	
7	Sunday PM	Top 16 for 11-12, 13-14 & 15-18 Finals	4:30 PM	5:30 PM

Meet Contacts:

Name	Meet Director Timothy Bennett	Meet Entries Scott Vanderzell	Meet Referee F. Matuszewski
Address		927 Stony Point Rd. Grand Island, NY 14072	
Phone	716-863-6933	716-208-5372	
Email	Tmbennett1@roadrunner.com	scottvanderzell@gmail.com	

Officials:

Anyone interested in officiating, contact Joe Hauser at jhauser42@gmail.com

Timers:

Participating clubs will be asked to supply timers for sessions 1, 2, 3, 5 & 6 excluding events below. The Host Club will provide timers for Saturday Finals and Sunday Finals. Swimmers in the 500, 1000 and 1650 Freestyle Events must provide their own Timers.

Entry Restrictions:

1. Swimmers may enter and swim no more than three (3) individual events and two (2) relay events per day, and no more than (8) individual events for the meet.
2. Relay swimmers must be qualified, entered and swim in at least one (1) individual event in the meet. Any swimmer entered in the meet may swim relays regardless of NI champ cut time achieved in events.
3. Entry times submitted must be actual best times. All times will be proved through the SWIMS Database. Acceptable proof of time can be obtained at a USA Swimming sanctioned meet, an approved meet, or for an observed swim. Seeding will be SCY, LCM, SCM.
4. Entry times must be equal to or faster than the applicable Niagara Championship Qualifier time standards, and slower than the Niagara Championship time standard for the event. The only exception to this rule is for an event formally designated as a bonus event or "aging up exception" (see #14.)
5. BONUS EVENT - Swimmers achieving only one Championship Qualifier time are allowed to enter two (2) additional bonus events. Swimmers achieving two (2) Championship Qualifier times are allowed to enter ONE (1) additional bonus event. Swimmers entering three (3) events will get no bonus swims. Swimmers may not enter bonus events in which they have achieved a Niagara Championship time. Bonus events will be subject to over swim fines if not properly designated as bonus events. Directions on how to properly designate bonus events appear below. Bonus event entries for the following events may be restricted to control the length of the preliminary session: 400 IM, and the 500, 1000 & 1650 freestyle events. Please submit an Entry Report (sorted by Athlete last name) for verification of bonus events. Check to make sure you do not have the: Show Only "Faster than" Time STD/Qualifying Times Check box selected in the System Defaults Window! (Get there by: Set-up-Preferences-System Preferences). If selected, you will not be excluding "Niagara Championship" TIMES when you do your entries. *Bonus events may be limited depending on meet size after entries are received. Which will be determined by Meet Director, Meet Ref and Tech Planning.
6. No late or deck entries will be accepted.

7. Qualifying times must be achieved between September 1, 2018 and February 16, 2020 (see late entry section.)
8. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
9. Age of swimmer on the first day of competition determines eligibility.
10. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
11. No entries will be accepted without a swimmer's current USA number.
12. Payment of entry fees and original signed waiver for such entries must be submitted by the entry deadline. Swimmers whose entry fees are unpaid will be barred from competition at the meet.
13. Any club which enters an athlete in a meet, who is not duly registered through that club at the time of entry, will be fined the sum of \$100 per athlete. The fine applies either when the athlete is unregistered or has not properly transferred registration.
14. Swimmers aging up between Championship meets and have made the NI Championship cut in the lower age but not the new age may participate in the meet in that event at their current age group at the meet.
 - a. 12 & Under athletes aging up between the NI Championship Qualifier Meet 2/21/20 and NI 12 & Under Championships 3/6/20.
 - b. 13 & Over athletes aging up between the NI Championship Qualifier Meet 2/21/20 and the NI 13 & Over Championships 3/12/20.

It is the Coach/ Entry Person's responsibility to check the accuracy of their club's entries. Entries that do not meet the applicable time standards, bonus criteria or exceed the entry limit WILL BE DELETED WITHOUT NOTIFICATION!

Disability:

USA Swimming National Disability Committee released motivational time standards to foster and promote the inclusion of nontraditional athletes in their LSC Championships. The motivational times are designed to provide a fair, equitable and structured path for these athletes. Time Standards will be posted on the Niagara Website.

The standards are divided up into three "P" groups. The groups are to place athletes with similar disabilities into the same grouping. The groupings are as follows:

- P1- non-ambulatory (wheelchair bound)- limited use of all four extremities
- P2- dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheel chair bound with high functioning upper body
- P3- single limb deficiencies, visual impairment, intellectual impairment, ambulatory without significant assistance

If you know of or are a nontraditional athlete who may be classified in one of the "P" groups please contact Niagara's Disability Chair- Courtney Christ (disability@niagaraswim.org).

Please submit all disability qualifications and any accommodations needed to Niagara's Disability Chair for Proof of Time. After they are approved the entry and accommodations will be submitted to the host via the Disability Chair.

Entry Fees:

Individual Prelim/Final events	\$6.00
Individual Timed Final events	\$5.00
Relay Events	\$15.00
Deck Fee	\$10.00

Make Checks payable to Tonawanda Titans Swim Club
Club Checks Only Please!

Entry Deadline:

Entry forms, fees and waivers must be received no later than **9:00PM, Monday February 10, 2020.**

Late Entry:

Times achieved between Feb 10th-17th may be submitted by Feb 17 by 9pm. (entries must be submitted with proof of time) Any times achieved prior to that date must be submitted by Feb 10th deadline or they will not be accepted.

Updated entry times for previously entered athletes/events will not be accepted after the entry deadline of February 10 except if the athlete achieves a qualifying time in an event previously designated as a bonus event. Relays may be added if a team has a swimmer who qualifies during this late qualifying period and his or her entrance to the meet creates a legal relay.

Do not send entries by registered mail.

Clubs that register early are asked to limit all FINAL revisions to team entries by 2/10.

*****DEADLINES(S) AND RESTRICTIONS WILL BE STRICTLY ENFORCED*****

Seeding:

Seeding will be SCY, LCM, SCM.

The meet is Pre-Seeded. It is the swimmer's responsibility to be at the blocks when their event and heat is called.

POSITIVE CHECK - IN WILL BE REQUIRED for all events in Session 1 and the 400 IM, 500, 1000, and 1650 freestyle events.

Failure to swim after positive check-in will result in disqualification from that event.

Positive check-in events may be seeded & swum together.

The 1650/1000 will be swum FASTEST to SLOWEST, alternating Female and Male.

The Meet Director reserves the right to combine 200 yard and longer events to keep the meet manageable.

It will be at the Meet Director's & Meet Referee's discretion to run 2 per lane for 1000 and 1650 events.

The top 16 from prelims for 11-12, 13-14 and 15-18 will swim at Finals. Alternates will be utilized from 17th & 18th places. Qualifying for NI Championships in prelims does not eliminate a swimmer from finals.

Finals Heats may be combined.

Final heats will be paraded out with music time permitting.

Scoring & Awards:

“Conventional” scoring for individual and relay events. Top 16 finishers will score points per the outline below.

Scoring and Awards for individual events will be awarded for each gender and multi age division (10&U, 11-12, 13-14, 15-18) for each event.

Scoring:	Individual Events	A Final 20-17-16-15-14-13-12-11 B Final 9-7-6-5-4-3-2-1
	Relay Events	40-34-32-30-28-26-22-18-14-12-10-8-6-4-2

Awards: Individual Events: Medals for 1-3, Ribbons 4-16
Relay Events: Medals for 1, Ribbons 2-8

Age Group

High Point: Male/Female, based on individual points scored during competition

Team High

Point: Top 3 overall teams (highest score)

Programs:

Programs for the meet will be on sale for \$10.00. Finals programs \$2.00.

Conduct:

Coaches, Host Club parents & Meet Marshals will enforce proper conduct at all times. Swimmers found in restricted areas will be disqualified from the remainder of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. They are banned from behind the blocks during the entire meet, including warm-up, competition and cool down periods.

Deck changes are prohibited.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event” Coaches & parents are responsible for the conduct of their swimmers.

Swimmers found in restricted areas or causing damage to the facility will be barred from the meet at the discretion of the meet director.

Unless approved in writing in advance of the competition by the Vice President of Program Operations, operating of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Expenses for damages will be billed to the club/s of the swimmer/s responsible.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

Deck ID:

Only Swimmers, Coaches, Officials, and Meet Personal allowed on deck. There must be a designated team seating area and designated spectator seating area. Deck access is restricted to USA Swimming athletes, coaches, officials and meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request.

Meetings:

Coaches: 30 minutes prior to start Friday, Saturday & Sunday Preliminaries & Finals as needed

Officials: 45 minutes prior to all session start times

Concessions:

Concessions area will be available. Snacks and other refreshments will be on sale throughout the duration of the meet.

Scratches:

Niagara Swimming’s Scratch Rule is in effect for this meet (referenced below). Scratches MUST BE MADE BY THE COACH, swimmers may not scratch themselves from an event.

Niagara Swimming’s SCRATCH RULE:

Any swimmer qualifying for a Consolation or Championship Final heat in an individual event who fails to compete in that Consolation or Championship race shall be disqualified from further competition for the remainder of the meet (except as noted below).

Exceptions for failure to compete - no penalty shall apply if:

- The Referee is notified in the event of illness or injury and accepts proof of same.
- The swimmer qualifying for a Consolation or Championship Final heat formally scratches from the finals within thirty

(30) minutes after announcement of the qualifiers for finals.

It is determined by the Referee that failure to compete is caused by a circumstance beyond the control of the swimmer.

Penalty for Violations:

In addition to being barred from competition for the balance of the meet, a swimmer who fails to properly scratch from an event falling on the swimmers last day of the meet shall also pay a fine of \$ 25.00 for each missed finals event.

Proof of Time:

ALL TIMES SUBMITTED WILL BE CHECKED WITH THE SWIMS DATABASE

Exception Reports:

A registration exception report will be run prior to the meet.

Clubs will be notified of any swimmers on the report. Any swimmer listed must show proof of membership before the meet begins. Any swimmer failing to prove their membership will be removed from the meet. If a swimmer does swim without proof of membership the club will be fined \$100 per swimmer.

Entry fees for swimmers without proof of membership will remain with the host club

Time Standards:

Time Standards can be found on Niagara Swimming's website. If you have a Niagara Championship cut time within the Qualification period in an event you have over qualified for that event for this meet. You may not enter in that event.

Order Of Events

Session 1 Friday Night

Friday night events are timed finals

Female	Event	Male	
1	10 & U	200 IM	2
3	11-12	200 IM	4
5	11-18	400 IM	6
7	10 & U	200 Freestyle	8
9	11-12	200 Backstroke	10
11	13-18	500 Freestyle	12
13	12 & U	500 Freestyle	14

Positive Check-In Required by 5:00 PM for 400 IM and 500 Freestyle

Session 2 Saturday AM Prelims

Preliminary Session for 13-18 Events

Female		Event	Male
15	13-14	200 Backstroke	16
17	15-18	200 Backstroke	18
19	13-14	100 Breaststroke	20
21	15-18	100 Breaststroke	22
23	13-14	50 Freestyle	24
25	15-18	50 Freestyle	26
27	13-14	200 Butterfly	28
29	15-18	200 Butterfly	30
31	13-14	100 Freestyle	32
33	15-18	100 Freestyle	34
35	13-18	200 Freestyle Relay (Timed Final)	36
37	13-18	1650 Freestyle (Timed Final)	38

Positive Check-In Required by 8:00 AM for the 1650 Freestyle

The number of heats of the 1650 free may be limited to keep the meet manageable

The top 16 from Morning Prelims for 13-14 and 15-18 will swim at Finals with the exception of the 1650 Freestyle

Session 3 Saturday PM Prelims

Preliminary Session for 11 - 12 Events. Timed Finals for 10 and Under Events and Relays

Female		Event	Male
39	11-12	200 Breaststroke (Timed Final)	40
41	10 & U	100 Backstroke (Timed Final)	42
43	11-12	100 Backstroke	44
45	10 & U	50 Breaststroke (Timed Final)	46
47	11-12	50 Breaststroke	48
49	10 & U	50 Freestyle (Timed Final)	50
51	11-12	50 Freestyle	52
53	10 & U	100 Butterfly (Timed Final)	54
55	11-12	100 Butterfly	56
57	10 & U	100 IM (Timed Final)	58
59	11-12	100 IM	60
61	12 & U	200 Freestyle Relay (Timed Final)	62

Positive Check-In Required by 12:00 PM for 1000 Freestyle

The number of heats of the 1000 free may be limited to keep the meet manageable

The top 16 from Afternoon Prelims for 11-12 will swim at Finals, with the exception of the 11-12 200 Breaststroke.

Session 4 Saturday Evening (Finals)

Female	Event		Male
43	11-12	100 Backstroke	44
15	13-14	200 Backstroke	16
17	15-18	200 Backstroke	18
47	11-12	50 Breaststroke	49
19	13-14	100 Breaststroke	20
21	15-18	100 Breaststroke	22
51	11-12	50 Freestyle	52
23	13-14	50 Freestyle	24
25	15-18	50 Freestyle	26
55	11-12	100 Butterfly	56
27	13-14	200 Butterfly	28
29	15-18	200 Butterfly	30
59	11-12	100 IM	61
31	13-14	100 Freestyle	32
33	15-18	100 Freestyle	34

There will be up to two heats (top 16) for 11-12, 13-14 and 15-18 age groups. The first is a Consolation Heat, the second is a Championship Heat. Alternates may only be called for the consolation heat.

Session 5 Sunday AM Prelims

Preliminary Session for 13 -18 Events Timed Finals for Relays

Female	Event		Male
63	13-14	200 Breaststroke	64
65	15-18	200 Breaststroke	66
67	13-14	100 Backstroke	68
69	15-18	100 Backstroke	70
71	13-14	200 Freestyle	72
73	15-18	200 Freestyle	74
75	13-14	100 Butterfly	76
77	15-18	100 Butterfly	78
79	13-14	200 IM	80
81	15-18	200 IM	82
83	13-18	200 Medley Relay (Timed Final)	84
85	11-18	1000 Freestyle (Timed Final)	86

Positive Check-In Required by 8:00 AM for 1000 Freestyle

The top 16 from Sunday Morning Prelims for 13-14 and 15-18 will swim at Finals with the exception of the 1000 Freestyle.

Session 6 Sunday PM Prelims

Preliminary Session for 11 -12 Events Timed Finals for 10 and Under Events and Relays

Female	Event		Male
87	11-12	200 Butterfly (Timed Final)	88
89	10 & U	100 Breaststroke (Timed Final)	90
91	11-12	100 Breaststroke	92
93	10 & U	50 Backstroke (Timed Final)	94
95	11-12	50 Backstroke	96
97	11-12	200 Freestyle	98
99	10 & U	50 Butterfly (Timed Final)	100
101	11-12	50 Butterfly	102
103	10 & U	100 Freestyle (Timed Final)	104
105	11-12	100 Freestyle	106
107	12 & U	200 Medley Relay (Timed Final)	108

Positive Check-In Required by 12:00 PM for 400 IM

The number of heats of the 400 IM will be limited to keep the meet manageable

The top 16 from Sunday Afternoon prelims for 11-12 will swim at Finals, with the exception of the 11-12 200 Butterfly.

Session 7 Sunday Evening (Finals)

Female	Event		Male
91	11-12	100 Breaststroke	92
63	13-14	200 Breaststroke	64
65	15-18	200 Breaststroke	66
95	11-12	50 Backstroke	96
67	13-14	100 Backstroke	68
69	15-18	100 Backstroke	70
97	11-12	200 Freestyle	98
71	13-14	200 Freestyle	72
73	15-18	200 Freestyle	74
101	11-12	50 Butterfly	102
75	13-14	100 Butterfly	76
77	15-18	100 Butterfly	78
105	11-12	100 Freestyle	106
79	13-14	200 IM	80
81	15-18	200 IM	82

There will be up to two heats (top 16) for 11-12, 13-14 and 15-18 age groups. The first is a Consolation Heat, the second is a Championship Heat. Alternates may only be called for the consolation heat.

2020 Niagara Championship Qualifier

Liability Wavier & Financial Summary Form

Held under the sanction of USA Swimming Sanction NI-1920-044

Club Name: _____ Club Code: _____

Coach Name: _____ Phone: _____

Email: _____

Entry Submitter: _____ Phone: _____

Email: _____

Number of Swimmers: _____ x \$10.00 _____

Individual Entries:

Prelim/Final Events _____ x \$6.00 _____

Timed Final Events _____ x \$5.00 _____

Relays: _____ x \$15.00 _____

Total due: _____

Make Checks Payable to: Tonawanda Titans Swim Club

Club checks only please!

THIS FORM MUST BE SUBMITTED AND PAYMENT, TO BE CONSIDERED A COMPLETE ENTRY. MAIL, POSTAL EXPRESS OR FED EXPRESS TO:

Scott Vanderzell

927 Stony Point

Grand Island, NY 14072 (716) 208-5372

Email to: scottvanderzell@gmail.com

DO NOT send entries by REGISTERED MAIL and/or SIGNATURE FOR DELIVERY.

Enclosed is payment of the entry fees and deck fees for all events we have entered. In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assignees, waive and release, any and all claims against the Town of Tonawanda Titans Swim Club OR ANY MEET MANAGEMENT PERSONEL, U.S.A. Swimming, Niagara Swimming, and the Town of Tonawanda recreation department for injuries and/or expenses incurred by us at this meet or while on the road to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered.

Further the undersigned team representative certifies by his/her signature that all athletics participating for or entered by the team in this sanctioned swim meet are currently member athletes of U.S.A. Swimming. The undersigned further certifies that any person appearing on deck in the capacity of coach representing this club is currently a coach member of U.S.A. Swimming.

(Name of Club Official, parent or guardian)

(Signature)

(Date)

No entry is complete without this form completed and signed and the check is received.

Niagara Swimming, Inc.

Warm-up Procedures for all Sanctioned Meets in 8 Lane Pools

I. Pre-Meet warm-up period

- A. Control/Supervise - Key words for safe warm-ups.
- B. Marshals should be actively supervising the warm-ups to ensure that proper procedures are followed.

II. General warm-up period

- A. The first 30-45 minutes are for general warm-ups in all lanes.
- B. There shall be **NO DIVING** off the blocks or the edge of the pool at this time.
- C. Outside Lanes - Kicking only.
- D. Inside Lanes - Swimming and pulling only; no paddles.
- E. No sprinting or pace work.

III. Specific warm-up period

- A. Last 30-45 minutes of pre-meet warm-up period.
- B. In an eight-lane pool, each lane shall be scheduled as follows:
 - Lanes 1 & 8 push off one or two lengths & back, beginning at the starting end of the pool. Circle Swimming only.
 - Lanes 2 & 7 racing start only. Swim one length only. All swimmers begin at the starting end of the Pool.
 - Lanes 3,4,5, & 6 general warm-up only (as above) **NO DIVING**.

Important Points for Specific Warm - Up Period

1. No diving in lanes other than those designated for racing dives. The blocks should be marked to remind swimmers that they should not dive.
2. Start all swimmers in all lanes at the starting end of the pool.
3. Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.
4. Swimmers should be reminded by coaches that breaststrokers need more lead-time than freestylers or butterfly.
5. Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroker has executed his/her start.
6. The announcer should announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.
7. Coaches should maintain as much contact with their swimmers as possible - verbal and visual throughout the warm-up period.
8. The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
9. Marshals have the authority through the Meet Director over the warm-up. A swimmer and/or coach may be removed from the deck for interfering with the marshals.
10. When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.
11. The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
12. The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.
13. The meet Safety Committee shall have any person deliberately violating safety rules removed from the meet facility.
14. There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.
15. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
16. Discretion and common sense must be used when establishing procedures.

The above procedures may be modified by the Meet Referee according to the needs of the meet.