

Hello U16,

WMSC Weekend

I'm looking forward to the weekend with everyone, especially our U16 program meeting so I can share the season's plan and answer your questions. We'll cover the schedule, trips and races, qualifications for Nationals, the new start order and point system. I'll also discuss tuning, nutrition expectations, cell and phone guidelines.

First off, we'll start with Mark and his address to the club, then Dr. Jim Taylor, our keynote speaker. If you haven't had a chance to look up Dr. Taylor, take a look at his [website](#).

PreSeason Camps

Sun Peaks is approaching, so I've put together a **packing list** for the racers. You can also review the **trip sheet** for the various departure times of the bus. Both pages are listed under the documents section of the [U16 Program page](#). While packing your tuning gear, please have your stuff arranged in a small to medium sized toolbox. It should be lockable to prevent your equipment from 'walking away'. Each racer should have their complete kit with them since coaches will be doing tuning clinics with 3 boys and 3 girls each afternoon. This is our best chance to teach our racers the finer points of tuning.

Officials lvl 1

All levels of ski racing depend on volunteers and without your help we simply cannot hold the quality (safety) of races that are necessary to move the sport forward. However, in order to be an effective volunteer, even if your job is to carry jackets to racers, or push a rake and shovel, you need to know the basics. The Officials Level 1 is that course. It's simple, you do not need to have any ski experience and it's fun to get in a room and talk about ski racing. The course includes presentations, hands-on experiences, discussions, and practice during a mock (indoors) race. The course prepares you to take the role of Gate Judge, Manual Timer, Starter, Race Office Assistant or Course Crew, and you can do it while your racers are attending the fitness assessment on Nov 17th.

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