

**DR. DOWAIN WRIGHT MEMORIAL
A/B/C SHORT COURSE MEET
November 16-17, 2019**

**Hosted by the Fresno Dolphins Swim Team at the Bullard High School Aquatics Complex
Held under the sanction of USA Swimming and Central California Swimming #S7619TL**

Facility: Bullard High School Aquatics Complex. 5445 N Palm Ave, Fresno, CA 93704. From north or south Highway 41 exit at Bullard Ave and travel west 2 miles to Palm Ave. Travel south on Palm to Browning and turn west. The Bullard High student parking lot will be on your left. Walk between the all-weather track and the gym and you will arrive at the Aquatics Complex. **The competition pool has been certified according to article 104.2.2C(4) of USAS rules and regulations.** The competition pool is 25 yards by 50 meters with a minimum depth of 7 feet, and an area for continuous warm-up and swim down. Ten competition lanes will be used if necessary. **Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or locker rooms. For athlete protection, CCS prohibits the use of photography, and audio or visual recording devices, including a cell phone, behind the blocks during the start sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) at any time athletes, coaches, officials and/or spectators are present. No propane heaters are allowed in the facility. Deck changes are prohibited.**

Time: Saturday and Sunday warm-up at 7:30 a.m. Timed finals begin at 9:00 a.m. on both days.

Rules: Current USA Swimming and CCS Rules will govern the meet. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. The meet will be deck seeded. All events will be seeded according to submitted times. Verification of entered times should be available upon request of the meet referee. A master check-in system will be used. Swimmers in the first four events on Saturday and Sunday must be checked in by 8:30 a.m. Check-in for later events must be completed at least one hour prior to the estimated start time of the event. Swimmers in the 500 free and 1650 free must provide their own lap counter, a lap counting device, and a timer. The 1650 will be swum fastest to slowest alternating girls and boys. **Swimmers may compete in up to four events per day. In the event that the timeline exceeds the limit of the USA Swimming “4-hour rule,” swimmers who enter the maximum number of daily events must indicate with the Clerk of Course one event to scratch on their entry. Swimmers will indicate their choice of event upon check-in of their first event on the day(s) that the scratch down is necessary. If the swimmer does not indicate an event to scratch upon check-in of the first event, the last event of the day will be scratched by the Clerk of Course.** Events may be combined regardless of age at the discretion of the Meet Referee. **No deck entries will be allowed.** All swimmers must be registered with USA Swimming for 2019. Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Proof that all coach and official membership requirements are met, as of the dates of competition, shall be presented upon request by the Meet Referee. Proof may be in the form of a coach or official membership card or through Deck Pass.

12 & Under suits: No technical suits shall be worn by any 12 & Under athlete member in competition as any sanctioned, approved, or observed CCS Meet. This includes any suit with bonded or taped seams regardless of its fabric or silhouette or any suit with woven fabric extending past the hips. (Note: Woven Fabric – A suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric – A suit with knit fabric and sewn seams not extending below the knees is permitted). [CLICK HERE](#) for the USA Swimming FAQ page regarding technical suits and 12&Under athletes.

Awards: Ribbons for 1st through 8th in individual events. Special Dr. Dowain Wright heat winner awards. A high point award will be given for each age group and gender in 6 and under through 13-14 events. *Ribbons will be given only upon request to swimmers who are 15 and over. No high point award for 15 and over.*

Scoring: Individual events: 9-7-6-5-4-3-2-1

Warm-Up: All swimmers will enter the pool with a three-point entry during warm up and warm down. GENERAL WARM-UP PERIOD - The first 30 minutes of warm-up will be for general warm-up in all lanes. There will be no diving allowed during general warm-up. SPECIFIC WARM-UP PERIOD - The last 45 minutes of warm-up in the competition course will be allocated for specific warm-up in designated lanes. During the specific warm-up period, lanes 1 and 8 will be used for push pace work, lanes 2 and 7 for one-way dive sprints, and lanes 3, 4, 5 and 6 for general warm-up. 8 lanes in the warm-up course will be for general warm-up and swim down. No starting practice in that course. All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Meet Referee or Deck Referee for lane and coach assignment. It is the swimmers responsibility to make such arrangements prior to the start of the meet. Warm-up procedures will be posted on deck and printed in the meet program.

Entries: Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: hernandez234el@yahoo.com. Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered in this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club.** Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry - see address below. (Instructions on how to create an electronic Meet Entry Report are available on the CCS web site under the Hy-Tek support button on the Coaches Corner page.) The online entry deadline is 11:59 p.m. Saturday, November 9, 2019. E-mailed entries must be date stamped by the deadline date of Saturday, November 9, 2019, to avoid paying the late fee. If an E-mailed entry is received after November 9, 2019, a \$10.00 late fee will be charged. Payment for late E-mail entries must be received no later than Wednesday, November 13, 2019.

E-mail entries to: hernandez234el@yahoo.com

On-deck USAS membership registration will be allowed with a \$20 fee payable by the home club.

Entry Fees: \$4.00 for each individual event, \$6.50 per swimmer surcharge. Make checks payable to **Fresno Dolphins Swim Team. No refunds.** Please enclose a self-addressed stamped envelope to confirm receipt of your electronic entry and associated pdf documents. Please do not call the Meet Director to confirm entries.

Mail team entries and fees to: Fresno Dolphins Swim Team
c/o Dennis Bergquist, CPA
7622 N Maroa Avenue 93711

Meet Director: Alec Jamieson (559) 240-8766 alecntrisha@comcast.net

Meet Referee: Assigned by CCS **Admin Official:** Elva Hernandez **Information:** Rick Klatt (559) 448-7676

Officials: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcomed to shadow working officials for education and/or mentoring. In the absence of a sufficient number of officials to complete a rotation, a 10-minute break will be taken every two hours.

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DR. DOWAIN WRIGHT 1959-2016

The Dr. Dowain Wright Memorial Short Course ABC Swim Meet is dedicated to the memory of Dr. Dowain Wright. Dr. Wright lived to enhance the lives of his medical patients every day. He also worked to create opportunities for swimmers of all ages and abilities to chase their aquatic dreams. Dr. Wright worked tirelessly for USA Swimming and Central California Swimming (CCS) in a variety of capacities including; CCS General Chair, USA Swimming Gold Sectionals Committee Member, CCS Western Zone Team Manager, Fresno Dolphins Swim Team Booster Club President and Clovis Swim Club Booster Club Vice President. Dr. Wright was a fixture on the pool deck as an accomplished Masters swimmer and as a volunteer. He loved the thrill of watching his children and yours swimming fast and announcing their swims over the P.A. at all levels of competition. He pursued excellence and volunteered as a meet director for age group meets, Sectionals, open water meets, and the 2009 Masters Short Course National Championships.

Saturday, November 16, 2019 – 9:00 a.m.

Women Event		Age Group	Event		Men Event
1	NTS	13 & Over	100 Free	NTS	2
3	NTS	11 & 12	100 Free	NTS	4
5	NTS	9 & 10	100 Free	NTS	6
7	NTS	7 & 8	100 Free	NTS	8
9	NTS	6 & Under	50 Free	NTS	10
11	NTS	13 & Over	100 Breast	NTS	12
13	NTS	11 & 12	50 Breast	NTS	14
15	NTS	9 & 10	50 Breast	NTS	16
17	NTS	7 & 8	50 Breast	NTS	18
19	NTS	6 & Under	25 Breast	NTS	20
21	NTS	13 & Over	100 Fly	NTS	22
23	NTS	11 & 12	50 Fly	NTS	24
25	NTS	9 & 10	50 Fly	NTS	26
27	NTS	7 & 8	50 Fly	NTS	28
29	NTS	6 & Under	25 Fly	NTS	30
31	NTS	13 & Over	200 Back	NTS	32
33	NTS	11 & 12	100 Back	NTS	34
35	NTS	9 & 10	100 Back	NTS	36
37	NTS	7 & 8	100 Back	NTS	38
39	NTS	6 & Under	50 Back	NTS	40
41	NTS	13 & Over	400 I.M.	NTS	42
43	NTS	11 & 12	200 I.M.	NTS	44
45	NTS	9 & 10	200 I.M.	NTS	46
47	NTS	7 & 8	200 I.M.	NTS	48
49	NTS	9 & 10	200 Free	NTS	50
51	NTS	11 & 12	200 Free	NTS	52
53	NTS	13 & Over	200 Free	NTS	54

Sunday, November 17, 2019 – 9:00 a.m.

Women Event		Age Group	Event		Men Event
55	NTS	13 & Over	200 Breast	NTS	56
57	NTS	11 & 12	100 Breast	NTS	58
59	NTS	9 & 10	100 Breast	NTS	60
61	NTS	7 & 8	100 Breast	NTS	62
63	NTS	6 & Under	50 Breast	NTS	64
65	NTS	13 & Over	50 Free	NTS	66
67	NTS	11 & 12	50 Free	NTS	68
69	NTS	9 & 10	50 Free	NTS	70
71	NTS	7 & 8	50 Free	NTS	72
73	NTS	6 & Under	25 Free	NTS	74
75	NTS	13 & Over	200 Fly	NTS	76
77	NTS	11 & 12	100 Fly	NTS	78
79	NTS	9 & 10	100 Fly	NTS	80
81	NTS	7 & 8	100 Fly	NTS	82
83	NTS	6 & Under	50 Fly	NTS	84
85	NTS	13 & Over	100 Back	NTS	86
87	NTS	11 & 12	50 Back	NTS	88
89	NTS	9 & 10	50 Back	NTS	90
91	NTS	7 & 8	50 Back	NTS	92
93	NTS	6 & Under	25 Back	NTS	94
95	NTS	13 & Over	200 I.M.	NTS	96
97	NTS	11 & 12	100 I.M.	NTS	98
99	NTS	9 & 10	100 I.M.	NTS	100
101	NTS	8 & Under	100 I.M.	NTS	102
103	NTS	11 & Over	500 Free	NTS	104
105	NTS	13 & Over	1650 Free	NTS	106