

| Saturday, October 5, 2019 | | Start | End | Division | Team 1 | Team 2 |
|----------------------------------|----------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Montreal | Boston | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Minnesota | Colorado | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Philadelphia | Toronto | |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | Toronto | |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | LA Kings | Phoenix | |
| Sunday, October 6, 2019 | | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Montreal | Boston | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Minnesota | Colorado | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Philadelphia | Toronto | |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | Toronto | |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | LA Kings | Phoenix | |

| Saturday, October 12, 2019 | | Start | End | Division | Team 1 | Team 2 |
|-----------------------------------|----------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Minnesota | Colorado | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Toronto | Boston | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Montreal | Philadelphia | |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | LA Kings | |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | Phoenix | Toronto | |
| Sunday, October 13, 2019 | | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Minnesota | Colorado | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Toronto | Boston | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Montreal | Philadelphia | |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | LA Kings | |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | Phoenix | Toronto | |

| Saturday, October 19, 2019 | Start | End | Division | Team 1 | Team 2 |
|-----------------------------------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Philadelphia | Boston |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Montreal | Toronto |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Minnesota | Colorado |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | LA Kings | Toronto |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | San Jose | Phoenix |
| Sunday, October 20, 2019 | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Philadelphia | Boston |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Montreal | Toronto |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Minnesota | Colorado |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | LA Kings | Toronto |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | San Jose | Phoenix |

| Saturday, October 26, 2019 | Start | End | Division | Team 1 | Team 2 |
|-----------------------------------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Philadelphia | Toronto |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Minnesota | Colorado |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Montreal | Boston |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | Toronto |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | LA Kings | Phoenix |
| Sunday, October 27, 2019 | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Philadelphia | Toronto |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Minnesota | Colorado |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Montreal | Boston |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | Toronto |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | LA Kings | Phoenix |

| Saturday, November 2, 2019 | | Start | End | Division | Team 1 | Team 2 |
|-----------------------------------|----------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Montreal | Philadelphia | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Toronto | Boston | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Minnesota | Colorado | |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | Phoenix | Toronto | |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | San Jose | LA Kings | |
| Sunday, November 3, 2019 | | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Montreal | Philadelphia | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Toronto | Boston | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Minnesota | Colorado | |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | Phoenix | Toronto | |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | San Jose | LA Kings | |

| Saturday, November 9, 2019 | | Start | End | Division | Team 1 | Team 2 |
|-----------------------------------|----------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Philadelphia | Boston | |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Montreal | Toronto | |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Minnesota | Colorado | |
| | | | | | | |
| Sunday, November 10, 2019 | | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Senior | San Jose | | |
| RHP Training Center | 9:00 AM | 10:00 AM | Senior | Phoenix | Toronto | |
| RHP Training Center | 10:00 AM | 11:00 AM | Senior | LA Kings | | |
| | | | | | | |

| Saturday, November 16, 2019 | Start | End | Division | Team 1 | Team 2 |
|------------------------------------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Minnesota | Colorado |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Montreal | Philadelphia |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Toronto | Boston |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | LA Kings | Phoenix |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | San Jose | Toronto |
| Sunday, November 17, 2019 | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Minnesota | Colorado |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Montreal | Philadelphia |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Toronto | Boston |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | LA Kings | Phoenix |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | San Jose | Toronto |

| Saturday, November 23, 2019 | Start | End | Division | Team 1 | Team 2 |
|------------------------------------|--------------|------------|-----------------|---------------|---------------|
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Montreal | Boston |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Minnesota | Colorado |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Toronto | Philadelphia |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | LA Kings |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | Phoenix | Toronto |
| Sunday, November 24, 2019 | Start | End | Division | Team 1 | Team 2 |
| RHP Training Center | 8:00 AM | 9:00 AM | Junior | Montreal | Boston |
| RHP Training Center | 9:00 AM | 10:00 AM | Junior | Minnesota | Colorado |
| RHP Training Center | 10:00 AM | 11:00 AM | Junior | Toronto | Philadelphia |
| Copper Cliff Arena | 8:00 AM | 9:00 AM | Senior | San Jose | LA Kings |
| Copper Cliff Arena | 9:00 AM | 10:00 AM | Senior | Phoenix | Toronto |