



# ATHLETIC NEWSLETTER

*All you need to know about North Broward Prep Athletics!*



The NBPS Athletic Department has released *Episode #2 of our new NBPS Athletics Podcast*. You won't want to miss this episode as Coach O catches up with our High School "Athletes of the Month" Savanna Kennedy and Alex Villas. He will also highlight the seasons of our Fall Sports Teams as they all head into the final part of the seasons.

Be sure to check it out [HERE!](#)

## ATHLETES OF THE MONTH



***"Savvy" Savanna Kennedy*** (Volleyball – 10<sup>th</sup> Grade)

Our high school female Athlete of the Month goes to "Savvy" Savanna Kennedy. Over the past few weeks Savanna has been nothing but "Savvy" on the court, so "Savvy" that she was chosen to the "All Tournament Teams" at both the NBPS Volleyball Challenge and the Highlands Christian Tournament. Savanna has earned these honors with her consistency by landing 90% of her serves in the court and averaging over 9 assists per match. Not too "Savvy" Savanna! Keep up the great work!



***"Adaptive" Alex Villas*** (Football – 12<sup>th</sup> Grade)

Our high school male Athlete of the Month goes to "Adaptive" Alex Villas. Alex has easily "Adapted" to various positions while on the field for the Varsity Football Team. He has contributed to the team's success offensively, defensively and on special teams. "Adaptive" Alex has tallied 11 receptions for 141 yds and two TD's and also rushed for one TD on the offensive side of the ball. Defensively he has a fumble recovery returned for a TD and on special teams he has six kick returns for a total of 244 yds with one of those returns resulting in a 96 yd TD. That's the way to "Adapt" Alex!



**Adrianna "Blockade" Bridges (Volleyball – 8<sup>th</sup> Grade)**

Our middle school female Athlete of the Month goes to Adrianna "Blockade" Bridges. As a starter for the Varsity Volleyball Team "Blockade" Bridges has stifled her opponents averaging 5 kills and 3 "Blocks" per match. Her play has contributed to the team's overall success which includes a 1<sup>st</sup> Place finish at the Lake Mary Prep Invitational and a 2<sup>nd</sup> Place finish at the NBPS Volleyball Challenge. Great work Adrianna...keep up that strong "Blockade!"



**"The Missile" Martin Palencia (Cross Country – 7<sup>th</sup> Grade)**

Our middle school male Athlete of the Month goes to "The Missile" Martin Palencia. "The Missile" destroyed his personal record, running a time of 12:22 this past week at the Middle School State Qualifier (3000m) which earned him a spot in the 2019 Middle School State Cross Country Meet. "The Missile's" efforts have not only contributed to the middle school program, he has also been competing amongst the high school athletes as part of the Varsity Team this season and has consistently finished in the top five of all the middle school runners competing in the varsity races. Great work Martin...keep working hard!

## FALL SPORTS SENIOR NIGHTS



**Volleyball Senior Night Players!** On Monday night the Varsity Volleyball Team and the Athletic Department had the opportunity to honor our six Senior volleyball players and thank them for their hard work and dedication! Congratulations to Kelly, Britney, Cristina, Regina, Ashley & Zoe! These ladies look to continue the success of their season next week when they compete in their 2019 District Tournament. Check the NBP Athletics Website later this week for all tournament info!

**Athletic Training, Cheer, Cross Country, Football, Golf & Swimming Senior Nights**

Be sure to come out and support the rest of our Fall Sports Senior Student-Athletes on their senior nights!

**Cross Country, Golf & Swimming**

Friday, October 18<sup>th</sup> Football Game – All seniors will be recognized at half time of the game (7:45pm)

**Athletic Training, Cheer & Football**

Friday, November 1<sup>st</sup> Football Game – All seniors will be recognized prior to the start of the game (6:30pm)

**WE ARE  
NBPS**

# Winter Sports Tryout/Start Dates

*\*Please remember that all of your athletic forms must be completed through RegisterMyAthlete.com. Your account must be completed before you can participate in any athletic activity. For directions please visit [www.nbpsathletics.org](http://www.nbpsathletics.org) and click on the Athletic Forms link.*

## **VARSITY GIRLS SOCCER**

Mon, Oct. 21: Turf Field

Tue, Oct. 22: Back Field

4:00pm – 5:30pm

Contact: [tricia.amrhein@nbps.org](mailto:tricia.amrhein@nbps.org)

## **VARSITY & JV BOYS SOCCER**

Mon, Oct. 21: Back Field

Tue, Oct. 22: Turf Field

4:00pm – 6:00pm

Contact: [diego.cardona@nbps.org](mailto:diego.cardona@nbps.org)

## **GIRLS VARSITY BASKETBALL**

Mon, Oct. 28: 4:00pm – 6:00pm

Tue, Oct. 29: 4:00pm – 6:00pm

Global Wellness Center Gym

Contact: [lancemaney@gmail.com](mailto:lancemaney@gmail.com)

## **BOYS VARSITY, JV & 9<sup>TH</sup> BASKETBALL**

Mon, Nov. 4 & Tue, Nov. 5

4:00pm – 6:30pm

Global Wellness Center Gym

Contact: [casey.wohlleb@gmail.com](mailto:casey.wohlleb@gmail.com)

## **BOYS MIDDLE SCHOOL SOCCER**

Mon, Oct. 14 & Tue, Oct. 15

4:00pm – 5:30pm

NB Back Field

Contact: [didoballa@gmail.com](mailto:didoballa@gmail.com)

## **GIRLS MIDDLE SCHOOL SOCCER**

Tue, Dec. 17: 4:00pm – 5:30pm

Wed, Dec. 18: 3:00pm – 4:30pm

NB Back Field

Contact: [julia.karl@nbps.org](mailto:julia.karl@nbps.org)

## **BOYS MIDDLE SCHOOL BASKETBALL**

Mon, Dec. 9: 4:00pm – 5:30pm

Wed, Dec. 11: 3:00pm – 5:00pm

Global Wellness Center Gym

Contact: [vincenzo.greco@nbps.org](mailto:vincenzo.greco@nbps.org)

## **GIRLS MIDDLE SCHOOL BASKETBALL**

Mon, Oct. 14 & Tue, Oct. 15

4:00pm - 5:30pm

CC Gym (Middle School Gym)

Contact: [gina.martorana@nbps.org](mailto:gina.martorana@nbps.org)

## **CHEER BASKETBALL SPIRIT TEAM**

Tuesday, October 15th

4:00pm – 5:30pm

Global Wellness Center Gym

Contact: [michelle.henne@nbps.org](mailto:michelle.henne@nbps.org)

*\*The dates and times listed are subject to change. All changes will be noted in our Athletic Newsletters and our NBPS Athletic Website ([www.nbpsathletics.org](http://www.nbpsathletics.org))*

# NBPS Athletics News & Highlights

## **CROSS COUNTRY**

The Varsity Cross Country Team will cap off their regular season meets this week with a trip to Disney World. The team will take part in the 2019 Disney Cross Country Classic this Friday. Not a bad way to help prepare for their District Meet scheduled for Tuesday, October 22<sup>nd</sup> at Tradewinds Park. Good luck to all of our runners...let's bring home some hardware!

## **FOOTBALL**

The Varsity Football Team heads down to Miami again this Friday when they take on Somerset Silver Palms for a 4:00pm game. Let's go boys...bring us home a win!

Our MS Flag Football Teams will play their final games of the season on Thursday here at NB. Come out to the Turf Field to cheer on the 7<sup>th</sup>/8<sup>th</sup> Grade Team vs. Spanish River Christian at 4:00pm and the 6<sup>th</sup> Grade Team vs. St. Joan at 5:00pm. Good luck boys...let's get two wins to cap off the season!

## **GOLF**

The Boys Varsity Team plays their final match of the regular season when they host Westminster Academy at Parkland CC for a 3:30pm match. The team has had an outstanding year and are ready for their District Tournament scheduled for Monday, October 14<sup>th</sup> at Parkland Country Club. Good luck boys!

The Girls Varsity Team will play their final regular season match on Thursday. The Eagles will host Cardinal Gibbons for a 3:30pm match at Osprey. The team will look to use this final match for final preparations for the District Tournament on Monday, October 14<sup>th</sup> at Parkland Country Club. Good luck Girls!

## **SWIM**

The Varsity Swim Team has a busy schedule this week as they prepare for their post season. The Eagles will travel to Grandview Prep today to compete in a tri-meet (3:00pm) followed by the 2019 Palm League Championship Meet on Saturday (1:00pm) at Pine Crest Ft. Lauderdale. Good luck to all of our swimmers this week!

## **VOLLEYBALL**

The Varsity Volleyball Team will travel to St. Andrews School on Thursday to take part in the 2019 Palm League Volleyball post season matchups. The Eagles will take on Miami Country Day at 4:00pm. Good luck girls...let's bring home a win!