

Warrior Aquatics

Age Group Practice Schedule

As of August 22,2019

Fall Practice Schedule: September 16—November 17, 2019

	MON	TUES	WED	THURS	FRI	SAT	SUN
Swim AM	Off	Off	Off	Off	Off	Off	Off
Water Polo PM		**MS 5:25-6:45		**MS 5:25-6:45			
Swim PM	5:25-6:45	5:25-6:45	*Team Day 5:25-6:45	5:25-6:45	5:20-6:35		

*This is a priority practice. We would like all swimmers and water polo players to join on Wednesdays for Challenge Sets and end of the month Time Trials.

**MS=Middle School (grades 5-8). This is an introduction to water polo.

The practice schedule will be moved back when Arapahoe Varsity and JV Swimming Programs begin (TBD)

Changes to the Schedule are Expected—Please Understand that there are a lot of moving parts

Warrior Aquatics

Swim & Water Polo Club Practice Schedule

As of August 22,2019

Fall Practice Schedule: Sept 3—November 17, 2019

	MON	TUES	WED	THURS	FRI	SAT	SUN
Swim AM	Off	Off	Off	Off	Off	Off	Off
Water Polo PM	3:55-5:20	3:55-5:20	*Swim Day 3:55-5:20	3:55-5:20	3:55-5:15 #Scrimmage Days (see below)	**HS WP Game Day TBD	**HS WP Game Day TBD
Swim PM	3:55-5:20	3:55-5:20	3:55-5:20	3:55-5:20	3:55-5:15		

*This is a priority practice. We would like all swimmers and water polo players to join on Wednesdays for Challenge Sets and end of the month Time Trials.

**Games will be on either Saturday or Sunday—the final schedule is not complete.

#Scrimmage Days—we will scrimmage on the following dates: October 4, 11,18. Scrimmage times will be from 5:00-6:30 pm

The practice schedule will be bumped back when the Arapahoe Varsity and JV Swimming Preseason Programs begins (TBD)

Changes to the Schedule are Expected—Please Understand that there are a lot of moving parts