

# TTSC 2019 SUMMER SCHEDULE

|                                       | MONDAY                     | TUESDAY                   | WEDNESDAY                  | THURSDAY                  | FRIDAY                     | SATURDAY                     |
|---------------------------------------|----------------------------|---------------------------|----------------------------|---------------------------|----------------------------|------------------------------|
| <b>SD</b>                             | 5:50-6:30 @KE              |                           | 5:50-6:30 @KE              |                           | 5:50-6:30 @KE              | OFF                          |
| <b>LEVEL 1</b>                        | 6:30-7:30@KE               |                           | 6:30-7:30@KE               |                           | 6:30-7:30@KE               | OFF                          |
| <b>LEVEL 2</b>                        | 6:15-7:30 @AFC             | 6:15-7:30 @AFC            | OFF                        | 6:15-7:30 @AFC            |                            | 10:00-11:15@AFC              |
| <b>Level 3 - 4</b>                    | 6:00-7:30pm<br>@AFC        | 6:00-7:30pm<br>@AFC       | 6:00-7:30pm<br>@AFC        | 6:00-7:30pm<br>@AFC       | OFF                        | 9:45am-11:15am<br>swim @ AFC |
| <b>LEVEL 5 - 6</b>                    | 8:00-10:00 AM<br>@AFC      | 8:45 - 10:30 AM<br>@AFC   | 8:00-10:00 AM<br>@AFC      | 8:45 - 10:30 AM<br>@AFC   | OFF                        | 9:45am-11:30am<br>swim @ AFC |
| <b>LEVEL 7 &amp; 8<br/>(mornings)</b> | 7-8am @ AFC<br>Run/Weights | 8:00-9:15AM Swim<br>@AFC  | 7-8am @ AFC<br>Run/Weights | 8:00-9:15AM Swim<br>@AFC  | 7-8am @ AFC<br>Run/Weights | 8:00-10:00@AFC               |
| <b>LEVEL 7 &amp; 8<br/>(evenings)</b> | 4:00-6:00pm<br>swim @AFC   | 4:00-6:00pm-swim<br>@ AFC | 4:00-6:00pm<br>swim @AFC   | 4:00-6:00pm-swim<br>@ AFC | 4:00-6:00pm-swim<br>@ AFC  | 8:00-10:00@AFC               |
|                                       |                            |                           |                            |                           |                            |                              |

EFFECTIVE June 28th