

Dear Poway Little League Families,

As we all get ready for Little League playoffs and All-Stars, the San Diego Crush Baseball Academy would like to invite all Poway Little League players to participate in our player skills clinic hosted from 9am to 11am on Sunday, May 19th at Poway High School. This 1-day clinic is FREE to all Poway Little League players and will offer an opportunity to learn new skills and techniques taught by Poway High School coaches, as well as coaches with professional playing backgrounds. (For details on our coaches, please check our website at sandiegocrushbaseball.com). This is a great opportunity for future Titans to get a chance to experience High School level instruction at High School level facilities.

Some of what the camp will cover will be:

Hitters will review swing basics such as an efficient load and hand position, as well as a balanced and strong swing. The mental approach to hitting will be covered as well.

Fielders will work on proper foot alignment and movement through ground balls and fly balls along with proper body position before and during a play.

Pitchers will learn tips and mechanics that will improve command and velocity.

Details and signup information are below. We are limiting our spots so don't wait to sign up!

When: Sunday, May 19th.

Time: 9am to 11am.

Where: Poway High School Varsity Baseball Field.

Cost: FREE

What to bring: Baseball attire, equipment, cleats, and water.

CLICK [HERE](#) to register or click the link below.

<https://www.sandiegocrushbaseball.com/events/san-diego-crush-baseball-academy-skills-clinic>

For questions, please contact sdcrush@outlook.com.

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The logo for the San Diego Crush Baseball Academy, featuring the word "Crush" in a stylized, cursive font with a green outline and a yellow-to-orange gradient fill.

