

# 2019 AAAA-NE Spring Practice Schedule

## February 18 - TBD

**Revised 4/1/19**

GROUP	TIME	DAYS	TRAINING
<b>Elite</b>	6:45-8:45 AM	M, W, Fri	Davis
	5:00-6:30 PM	M, W, Fri	Sports Park
	6:45-8:45 AM	T, Th	Sports Park
	<b>5:00-6:30 PM</b>	<b>T, Th</b>	<b>Dryland (Davis)</b>
	7:00-9:00 AM	Sat	Davis
<b>Senior 2</b>	6:45-8:45 AM	M, W, Fri	Sports Park
	<b>5:00-6:30 PM</b>	<b>M, W, F</b>	<b>Dryland (SP)</b>
	6:45-8:45 AM	T, Th	Davis
	5:00-6:30 PM	T, Th	Davis
	7:00-9:00 AM	Sat	Sports Park
<b>Senior 3/4</b>	5:00-6:30 PM	M, W	Davis
	5:00-6:30 PM	T, Th	Sports Park
	<b>5:00-6:30 PM</b>	<b>Fri</b>	<b>Dryland (Davis)</b>
	9:00-10:30 AM	Sat	Davis
<b>Jr. Elite</b>	4:45-6:30 PM	M - Fri	Davis
	<b>6:45-7:45 PM</b>	<b>T, Th</b>	<b>Dryland (Davis)</b>
	7:00-9:00 AM	Sat	Davis
<b>Gold 1</b>	6:30-8:00 PM	M, W	Davis
	<b>5:15-6:15 PM</b>	<b>M, W</b>	<b>Dryland (Davis)</b>
	6:30-8:00 PM	T, Th	Sports Park
	5:15-6:45 PM	Fri	Davis
	9:00-10:30 AM	Sat	Davis
<b>Silver 1</b>	6:30-8:00 PM	M, W, Fri	Davis
	<b>5:15-6:15 PM</b>	<b>M, W</b>	<b>Dryland (Davis)</b>
	6:30-8:00 PM	T, Th	Sports Park
	9:00-10:30 AM	Sat	Davis
<b>Gold 2</b>	6:30-8:00 PM	M, W	Sports Park
	6:30-8:00 PM	T, Th	Davis
	<b>7:45-8:45 AM</b>	<b>Sat</b>	<b>Dryland SP)</b>
	9:00-10:30 AM	Sat	Sports Park
<b>Silver 2</b>	6:30-8:00 PM	M, W	Sports Park
	6:30-8:00 PM	T, Th	Davis
	<b>7:45-8:45 AM</b>	<b>Sat</b>	<b>Dryland (SP)</b>
	9:00-10:30 AM	Sat	Sports Park

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<b>Gold 3</b>	6:30-7:45 PM	T, Th	Davis
	6:30-7:45 PM	Fri	Sports Park
	10:30 AM-12:00 PM	Sat	Davis
	<b>9:30-10:15 AM</b>	<b>Sat</b>	<b>Dryland (Davis)</b>
<b>Silver 3</b>	6:30-7:45 PM	M, W, Fri	Davis
	10:30 AM-12:00 PM	Sat	Davis
	<b>9:30-10:15 AM</b>	<b>Sat</b>	<b>Dryland (Davis)</b>
<b>White</b>	4:15-5:00 PM	M-Th	Davis
<b>Yellow</b>	4:15-5:00 PM	M-Th	Davis
<b>Navy</b>	4:15-5:00 PM	M-Th	Davis