

WITHOUT  
HEART



YOU DONT  
HAVE A  
GAME

[TeamPage](#) [Calendar](#) [Scoreboard](#) [News](#) [Videos](#)

Links

- [OUR LEAGUE](#)
- [2011 Roster](#)
- [FAN Store](#)
- [Red Hawks](#)
- [Medical Insurance](#)
- [Sponsorship](#)
- [Partners](#)
- [Uniform Provider](#)
- [Contact Us](#)

Sponsors

[All](#)

News and Announcements



### [School Cancels Saturday Field Practice](#)

Posted by [Nor Cal Red Hawks](#) at 11:58AM PST

No Practice will be held at Hiram Johnson High School, Saturday, January 23 Due to Wet Field Conditions from the heavy rain we have been taking on all week.

Talks of moving practice to another location are still pending.

Questions, email [redhawkssixxes@gmail.com](mailto:redhawkssixxes@gmail.com)



### [Get Back in the Game!!](#)

Posted by [Nor Cal Red Hawks](#) at 11:30AM PST

New to Football? Past Player? Get Back in the Game...Try Sixxes.

Nor Cal Red Hawks accepting players.

This is full contact tackle football.

Women must be at least 18 years or older to Play & Provide Proof of Health Insurance.

For more information on how you can be a part of the Red Hawks Sixxes, email [redhawkssixxes@gmail.com](mailto:redhawkssixxes@gmail.com).

Note: Currently the IWFL has a two tier system and is looking to start its third tier (Tier 3) for the 2010 season, which would be a recreation/feeder to the Tier 1/Tier 2 Professional Levels. The IWFL was founded in 2000 and currently has over 50 teams across the United States and Canada.

For more information on the league go to <http://www.iwflsports.com>.



### [IWFL CHAMPIONSHIP WEEKEND RETURNS TO ROUND ROCK](#)

Posted by [Nor Cal Red Hawks](#) at 04:20PM PST

Taken from the IWFL web site:

December 15, 2009

The 2010 IWFL Championship Weekend events will be held over five days, July 21, 22, 23, 24, and 25, 2010. The weekend will be full of exciting activities. From the opening Meet and Greet to the final whistle of the All Star game, there won't be a dull moment!

Round Rock ISD Stadium will again play host to four major games, the 2010 IWFL Tier III National Championship, 2010 IWFL Tier II National Championship, 2010 IWFL Tier I National Championship, and the 2010 IWFL All Star game.

2010 IWFL Tier II North American Championship, 2010 IWFL All Star Game, and the Biggest Game in Women's Football, the 2010 IWFL Tier I World Championship.

The event will feature the best female football players in North America. From the All Stars to the Champions this event will give fans a rare opportunity to see women's football at it's finest.

"This will be the second consecutive year this event is held here in Round Rock and we couldn't be happier," said Kezia Disney, IWFL Chief Operating Officer, "This is a great sports city and we're really looking forward to expanding the activities and supporting events offered during IWFL Championship Weekend. We've got some great things planned for 2010!"



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## Red Hawks Score with ScoreWear

Posted by [Nor Cal Red Hawks](#) at 12:54AM PST

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ScoreWear is the uniform provider for the Red Hawks Sixxes.

John Caudill, ScoreWear Owner beat price and quality of service of two competitors we compared to. John gave us what we wanted.

Excerpt from the ScoreWear web site:

ScoreWear began as a hobby. John's involvement in semi-pro football taught him a lot about the uniform business. While helping teams find uniforms, John realized there was a need in the industry for quality uniforms at affordable prices with excellent service.

Come January, our 15 player uniform sets will be on order.

Click the Red Hawks Blog tab on the side bar or go <http://redhawkssixxes.wordpress.com/2009/11/26/red-hawks-score-with-scorewear> to see the look and style for the Red Hawks 2010 season.



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## Team Conditioning

Posted by [Nor Cal Red Hawks](#) at 08:18PM PST

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The Red Hawks Sixxes have signed up with Mather Sports Center for Group Conditioning that will start Saturday, December 5.

Conditioning will be lead by Conditioning Coach Denise Grandison.

Those interested in learning more about this Women's (six-man) Tackle Football team email [redhawkssixxes@gmail.com](mailto:redhawkssixxes@gmail.com).

Must be 18 years of age to play.

One Time \$25 Access Fee to use Mather Sports Center is required to participate and will be deducted from training fees.

\*\*Note: \$25 Access Fee not required first visit to Mather Sports Center.

Gym/Equipment use fees will be covered by Red Hawks Sixxes during Group Training.

Please RSVP email [redhawkssixxes@gmail.com](mailto:redhawkssixxes@gmail.com). Location may change for that day if not enough participation.

[« Previous 1 2 3 4 5 6 Next »](#)

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