

**HAC Novice3 (N3) (3 practices/week)  
May 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	2 BLACK Dalewood 6:30-7:30pm	3 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	4 OFF
5 ALL N3s Central 9:30-10:30am	6 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	7 OFF	8 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	9 BLACK Dalewood 6:30-7:30pm	10 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 6-7 pm GOLD MacNab St YWCA 7-8 pm	11 Jack McCormick meet @ McMaster May 11-12
12 Jack McCormick meet @ McMaster May 11-12 No N3 practice due to meet	13 BLACK Ryerson 7-8 pm GOLD N3s see alternate on Wed May15	14 OFF	15 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD N3s MacNab St YWCA 7-8 pm	16 BLACK Dalewood 6:30-7:30pm	17 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD N3 MacNab St YWCA 7-8 pm	18 OFF
19 ALL N3s Central 9:30-10:30am	20 Victoria Day OFF	21 OFF	22 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	23 BLACK Dalewood 6:30-7:30pm	24 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD N3 MacNab St YWCA 7-8 pm	25 SWIM MEET Novice Finale in Oakville <i>IroquoisRidge</i> sessions to be determined
26 ALL N3s Central 9:30-10:30am	27 BLACK Ryerson 7-8 pm GOLD N3 MacNab St YWCA 7-8 pm	28 OFF	29 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	30 BLACK Dalewood 6:30-7:30pm	31 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD N3 MacNab St YWCA 7-8 pm	

**NOTES:**

\*Black, Gold, Red or White group is selected upon registration, any subsequent changes must get coaches approval 1st

May 10 - novice red (who normally practice 7-8pm at Y) will practice from 6-7pm at Y

May 10 - novice gold (who normally practice at Hill Park) will practice at YWCA from 7-8pm

May 11&12 - HAC Jack McCormick @ McMaster (No N3 practice on May 12th)

May 12 - No N3 practice due to meet

May 13/15 - Novice3 Gold (who normally practice at Hill Park) will make up for May 13 on Wed May 15 at YWCA from 7-8pm

starting May 17 - novice3 gold (who normally practice at Hill Park with Mike) will practice Fridays at YWCA from 7-8pm, until Hill Park is back up

May 20th - OFF for Victoria Day

May 25th - Novice Finale in Oakville (Iroquois Ridge) - more details, including session times to come

starting May 27 - novice3 gold (who normally practice at Hill Park with Mike) will practice Mondays at YWCA from 7-8pm, until Hill Park is back up