



Last weeks Training.

This past weekend we fought with the mother nature to get productive training in. As firm as the surface was last weekend, we had the total opposite this weekend, soft conditions, inconsistent surfaces turn to turn, and large holes developing in our courses. Our athletes really battled this weekend, even though we were unable to get traditional high intensity race prep training, we had very realistic conditions for what we will get during Whistler Cup. This will provide a huge advantage to us as we head into races next weekend. Our team was positive and realistic about training and had a fun productive weekend because of that.

Whistler Cup

Please refer to separate email send out Monday at 4:00 pm for the Whistler Cup update. We will have training Thursday on Upper Dave Murray. Team pages has all the details.

April 18th to 21st

This will be our last block of training for the 1819 Season! There are a couple of events going on that weekend including Ski Up day, end of season awards and BBQ, club race, and Day of the Jerry of the day. There are lots of fun events that weekend, so I encourage you all to stick around for that weekend. Teampages will have the details.

May Camps

With May fast approaching, we have officially received conformation from the mountain on training space, It is all systems go! Please head to our website and register for May camps. We will be training on the Tbars in the Alpine so conditions should be great for training. This is a great opportunity to extend the season, start working with your next age category coaches and put some money in the bank for next season!

If you are unsure what camps are best for you, send me an email or arrange a meeting with myself to discuss.

End of Season APP's

We are well under way completing end of season APP/Reports. With whistler cup next weekend, we will be putting this on hold for the weekend but will be ramping up again completing reviews with athletes from the 18th onward. We will be sending a PDF version of the APP to each athlete by the end of April.

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