

# TRITON RISING STARS

## Youth Football Camp

### SESSION

# 1

- Grades 1<sup>st</sup> to 4<sup>th</sup> grade
- (Limit of 75 players)
- July 8<sup>th</sup> -11<sup>th</sup> , 2019  
(Monday - Thursday)
- 10:00 a.m. – 1:00 p.m.

### SESSION

# 2

- Grades 5<sup>th</sup> to 8<sup>th</sup>  
(Limit of 75 players)
- July 15<sup>th</sup> – 18<sup>th</sup>, 2019  
(Monday - Thursday)
- 10:00 a.m. – 1:00 p.m.



### WHO

Camp led by SCHS Varsity Coaching Staff  
**2016 State Champions**  
**2016 CIF Champions**

### LOCATION

San Clemente High School Stadium

### COST

**\$99 if you sign up before June 1<sup>st</sup> 2019.**  
**\$125 after June 1<sup>st</sup>, 2019**  
Includes T shirt, Snacks and Awards

### BRING

Football Cleats and/or tennis shoes, shorts and t-shirt.

### GOALS

Individual offensive and defensive football skill development for all levels. Introduction to the latest training techniques for flexibility, balance, explosiveness, and core strength.

**Sign Up Online At:**

**[www.tritonfootball.com](http://www.tritonfootball.com)**

**#ONETOWNONETEAM**