

2019 PHOENIX LAST CHANCE

June 28th – 30th, 2019

HELD UNDER SANCTION OF USA SWIMMING, INC.

Sanctioned By: Arizona Swimming

Sanction No. AZ19-91

Liability:

In granting this sanction it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Phoenix Swim Club, BEST Swim Club, Inc., Phoenix Country Day School, and all meet officials shall be held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes the warm-up sessions.

Host Club:

Phoenix Swim Club

Location:

PCDS Aquatic Center, 3901 E. Stanford Drive, Paradise Valley, AZ 85253

Meet Director:

Sandy Lee

602-468-0319

slee@phoenixswimclub.org

Meet Referee:

Art Gramer

602-358-9755

artgramer@cox.net

Course:

Eight lane, outdoor 50 meter pool with non-turbulent lane dividers, Colorado start and timing system. A two button timing system will be used for Session I. A separate 25 yard warm-up pool will be available throughout the meet.

Eligibility:

Open to any USA Swimming registered athlete who is registered as of the first day of competition or foreign athletes formally invited by USA Swimming.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
3. Swimming competitions shall be conducted in conformance with USA Swimming Technical Rules.
4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet at the start end and 13 feet at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the blocks.
11. All referees, starters, administrative officials, chief judges and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AzSI issued Picture ID's to the Meet Referee
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AzSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
14. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshal's shall wear their identifying vests.
15. Swimmers with a disability are welcome. The Swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- Meet Rules:
1. This is an ABC, timed final meet. Swimmers must enter with a valid time or an NT for no time.
 2. Entries are to 350 swimmers per session.
 3. Swimmers may enter no more than 3 individual events per day, including time trials.
 4. There are no relay events in this meet.
 5. Distance Events:
 - a. Events 1 & 2 12 & Under 400 Free; Events 3 & 4 13 & Over 400 Free; and Events 5 & 6 13 & Over 800 Free are positive check-in events, and will be swum fastest to slowest, alternating girls and boys. Swimmers must check in by 3:30 p.m. on Friday.
 6. Scratch Rules in Effect: Scratch Rules in Effect: There is no penalty for athletes who do not swim in pre-seeded timed final events, they will simply be scratched from the event and may not compete.
 7. Positive Check-in Events: Failure to compete (no show) in a positive check-in event for which the athlete has checked in will result in being barred from the next individual event in which the athlete is entered.
 8. Time trials will be offered at the conclusion of the preliminary session on Sunday but at the sole discretion of the Meet Referee. Time trials do count towards the daily limit of individual events per day. Swimmers must be entered in an individual event in the meet in order to be eligible to participate in time trials. The USA Swimming protocol will be used for time trial event order. The deadline for time trial entries will be decided by the Meet Referee and posted with the Clerk of Course.

Sessions:	Session I:	3:30 p.m. Warm up	4:15 p.m. Start
	Session II	7:30 a.m. Warm up	8:30 a.m. Start
	Session III	Warm up 30 minutes after the conclusion of morning session, but no earlier than 11:30 p.m.	
	Session IV:	7:30 a.m. Warm up	8:30 a.m. Start

Awards: There will be ribbons for 1st – 8th place in each individual event, for the following ages: 6 & Under, 7-8, 9-10, 11-12, 13-14.

- Entries:
1. All events will be pre-seeded.
 2. Deck entries will not be accepted.
 3. Entries should be submitted in LCM, SCM, or SCY times, and will be seeded in that order. No converted times may be used.
 4. Entries should be submitted by Hy-tek or comparable COMMLINK file and emailed to slee@phoenixswimclub.org
 5. Entries are due Monday, June 24th, 2019.
 6. Make checks payable to: Phoenix Swim Club

Entry Fees:	Arizona Swimming Surcharge	\$8.00
	Individual Events	\$5.00

Concessions: A concession stand will be available.

Order of Events

Session I: Friday, June 28 th	Warm up 3:30 p.m. Start 4:15 p.m.	
Girls	Events	Boys
1	12 & Under 400 Free*	2
3	13 & Over 400 Free*	4
5	11 & Over 800 Free*	6

*The 400 Frees and 800 Free will be swum fastest to slowest, alternating girls and boys. Swimmers must positively check in for this event by 3:30 p.m. on Friday.

Session II: Saturday, June 29 th	Warm up 7:30 a.m. Start 8:30 a.m.	
Girls	Events	Boys
7	12 & Under 100 Free	8
9	13 & Over 100 Free	10
11	12 & Under 200 Free	12
13	13 & Over 200 Free	14
15	12 & Under 100 Breast	16
17	13 & Over 200 Breast	18
19	12 & Under 100 Fly	20
21	13 & Over 200 Fly	22
23	12 & Under 200 IM	24
25	13 & Over 200 IM	26

Session III: Saturday, June 29 th	Start 30 minutes after the end of the morning session, no earlier than 11:30 p.m.	
Girls	Events	Boys
27	13 & Over 200 Free	28
29	12 & Under 50 Free	30
31	12 & Under 50 Breast	32
33	13 & Over 400 IM	34
35	12 & Under 50 Back	36
37	12 & Under 50 Fly	38
39	13 & Over 100 Back	40
41	12 & Under 200 Back	42

Session IV: Sunday, June 30 th	Warm up 7:30 a.m. Start 8:30 a.m.	
43	13 & Over 200 Back	44
45	12 & Under 100 Back	46
47	13 & Over 100 Breast	48
49	12 & Under 200 Breast	50
51	13 & Over 100 Fly	52
53	12 & Under 200 Fly	54
55	13 & Over 50 Free	56