



2019 TRITON FOOTBALL SUMMER PRACTICE PROGRAM

The Triton Football Program provides a summer football practice program that is intended to prepare high school aged players to play football. The program consists of four parts:

1. FOOTBALL PRACTICE WITH SCHS COACHES AT ALL LEVELS
2. WEIGHT LIFTING INSTRUCTION
3. FOOTBALL CONDITIONING, SKILLS, AND SCHEME INSTRUCTION
4. PASSING LEAGUE COMPETITION

Where: Practice activities will be conducted at the SCHS weight room and the football fields. Passing League Games will be at SCHS and other sites.

Contribution: The voluntary contribution for summer practices is \$275

Recommended Gear: Spirit pack, football cleats, flat-bottomed work-out shoes. Spirit packs are recommended.

Players Need: Completed athletic clearance packet for 2019-20 prior to participation.



FRESHMAN CAMP
June 24th –July 19th

MON / TUES / WED / THUR
5:00 – 7:30 PM

**2018 SOUTH COAST
LEAGUE CHAMPIONS**

**2016 CIF & STATE
CHAMPIONS**

HOME TO TRITON GREATS
Sam Darnold NY JETS
Jack Sears USC
Kyle Murphy LA Rams
Isaac Rex BYU
Donte Harrington Boise
Cole Fotheringham Utah
Riley Whimpey Boise

DIRECTED BY:

Coach Jaime Ortiz,
Head Football Coach
& SCHS Football Staff

PLEASE MAKE CHECK PAYABLE TO: **TRITON TOUCHDOWN CLUB**

Please mail application, signed waiver and enclose check to:

Triton Football
C/O Freshman Football Camp
806 E Ave Pico, Suite I-293
San Clemente, CA 92673

Athlete's Name: _____

Parent or Guardian's Name: _____

Address: _____

City: ___ San Clemente _____ Zip: 926 _____ EMAIL: _____

Home phone: _____ Day phone: _____

EMERGENCY CONTACT: _____ PHONE: _____

MEDICAL INSURANCE COMPANY: _____ Policy number: _____

Do you need to purchase medical insurance? Yes _____ No _____

PARENT OR GUARDIAN SIGNATURE: _____

DATE: _____

Registration form must be filled out completely!
And, returned with Sports Waiver and Release of Liability form

SPIRIT PACKS CAN BE PURCHASED AT WWW.TRITONFOOTBALL.COM

You can reach Coach Ortiz at jortiz@capousd.org or at 949 498 6246

ADDITIONAL INFORMATION IS AT <http://www.tritonfootball.com>

Please note that the Constitution of the State of California requires that we provide a public education to you free of charge. Your right to a free education is for all school/educational activities, whether curricular or extracurricular, and whether you get a grade for the activity or class. Subject to certain exceptions, your right to a free public education means that we cannot require you or your family to purchase materials, supplies, equipment or uniforms for any school activity, nor can we require you or your family to pay security deposits for access, participation, materials, or equipment.

Triton Touchdown Club

Sports Waiver and Release of Liability

_____ (here in after "Student") and

_____ Student's parents ("Parents/Guardians")

acknowledge and agree that they must assess the risks involved in the participation in competitive athletics and make the choice to participate in spite of the potential risk of serious, catastrophic, and perhaps fatal consequences. Student and Parents/Guardians, acknowledge and agree that no amount of instruction, precaution or supervision will totally eliminate the risk of injury or of adverse medical consequences to Student. Participation in athletics is inherently dangerous and may be severely impacted by Student's existing medical conditions.

By granting permission to Student to participate in athletic competition, Parents/Guardians acknowledge that playing or practicing a sport can be dangerous activity involving many risks of injury. Both the Student and Parents/Guardians understand and agree that the dangers and risk of playing or practicing include, but are not limited to, death, complete or partial paralysis, brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, muscles, tendons and other aspects of the skeletal system, and the potential impairment of other aspects of the body, general health and well-being.

Student and Parents/Guardians acknowledge and agree that they have been warned and cautioned against to the participation of Student in such activities. Nevertheless, in order to facilitate participation of Student in such activity, Student and Parents/Guardians, agree that if Student does engage in Triton Touchdown Club sponsored athletic activity including, without limitation, practice, conditioning, athletic competition, games or use of school facilities, Student and Parents/Guardians do so at their own risk.

Student and Parents/Guardians agree that Student is voluntarily participating in these activities and using school facilities and premises and assumes all risk of injury, illness, damage or loss that might result, including, without limitation, injury, illness, or death. Student and Parents/Guardians agree on behalf of themselves (and their personal representatives, heirs, executors, administrators, agents and assigns to release and discharge the Triton Touch Down and Capistrano Unified School District, their employees, agents, representatives, coaches, assistant coaches, officials, successors and assigns, from any and all claims or causes of action (known or unknown) arising out of participation of Student in such activities and/or the negligence of Triton Touchdown Club and/or CUSD. This Waiver and Release of Liability includes, without limitation, injuries which may occur as a result of Student's participation in any of the activities associated with athletic competition in practice or negligent instruction or supervision of Student.

You acknowledge that you have completely read this Waiver and Release and fully understand that it is a release of liability. You are waiving any right that you may have to bring legal action or assert a claim against Triton Touchdown Club and/or CUSD by reason of participation of Student in athletic activities.

Date _____ **Student** _____

Date _____ **Parent/Guardian** _____

Date _____ **Parent/Guardian** _____