



**Kamloops Minor Lacrosse Association**

PO Box 446, Station Main  
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[www.kamloopsrattlers.com](http://www.kamloopsrattlers.com)

Wednesday, February 20, 2019

Attention: Kamloops Minor Lacrosse Association

Re: Concussion Baseline Testing Implementation

At the 2018 BCLA Annual General Meeting, concussion baseline testing was mandated for all member associations within BCLA. This was a move towards our players' safety and concussion injury management in our sport.

Kamloops Minor Lacrosse Association will be implementing this testing requirement prior to the 2019 Box Lacrosse Season. It will be mandatory that all Peewee and above minor lacrosse players in Kamloops have the testing done prior to the April 6<sup>th</sup> league start.

Baseline testing will need to be completed annually, prior to season start. For the 2019/2020 season, Kamloops Minor Lacrosse Association has chosen the Scat 5 test as the standard requirement. We have identified Kamloops Physiotherapy and Sports Injury Centre as the clinic that will conduct the baseline tests. We have taken guidance from Kamloops Physiotherapy on how to best implement this testing requirement for our association.

The one-day clinic for baseline testing will be held near the end of March at the Kamloops Physiotherapy Downtown office at 1 – 683 Seymour Street. The baseline test will take 20-30 minutes per player at a cost of \$25. The \$25 fee will include a copy of the Scat 5 test and a physiotherapy receipt that can be submitted to your extended health care provider. Kamloops Physiotherapy does not direct bill, so parents will be responsible for submitting the receipt to their provider.

Further details of the implementation and testing schedule will be provided at a later date. As we are striving to make this process as easy as possible, please email:

[president@kamloopsrattlers.com](mailto:president@kamloopsrattlers.com) if you have any questions.

Thank you,

Kevin Bankier  
President  
Kamloops Minor Lacrosse Association