

**HAC Novice3 (N3)  
February 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	2 OFF
3 ALL N3s Central 9:30-10:30am	4 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	5 OFF	6 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm <a href="#">RSVP for Hammer meet</a>	7 BLACK Dalewood 6:30-7:30pm	8 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	9 OFF <i>Hammer meet scratch deadline</i>
10 ALL N3s Central 9:30-10:30am	11 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	12 OFF	13 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	14 BLACK Dalewood 6:30-7:30pm	15 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	16 Hammer meet @ McMaster) AM session (#1)
17 OFF due to meet on Sat	18 Family Day OFF	19 OFF	20 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	21 BLACK Dalewood 6:30-7:30pm	22 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm GOLD Hill Park 7-8 pm	23 OFF
24 ALL N3s Central 9:30-10:30am	25 BLACK Ryerson 7-8 pm GOLD Hill Park 7-8 pm	26 OFF	27 WHITE MacNab St YWCA 6-7 pm RED MacNab St YWCA 7-8 pm	28 BLACK Dalewood 6:30-7:30pm		

**NOTES:**

\*Black, Gold, Red or White group is selected upon registration, any subsequent changes must get coaches approval 1st

Feb 16 - Hammer meet @ McMaster - AM session #1

Feb 17 - off due to meet on prior day

Feb 18 - OFF for Family Day ~ Enjoy!

**RSVP deadline:**

Please RSVP using the RSVP form by the Wed Feb 6 for the Hammer meet on Feb 16th:

[RSVP Form](#)

**Scratch deadline:**

If signed your swimmer up for the Hammer meet but can no longer attend you must notify Melanie by Feb9th to avoid meet fees