

2017/2018								
Group Time Standards								
Must achieve a minimum of 3 standards (not more than one 50) for group <u>consideration</u>								
Silver 2 (10 & Under)					Silver 2 (11 year olds)			
Girls		Boys			Girls		Boys	
SCY	LCM	SCY	LCM	Events	SCY	LCM	SCY	LCM
37.00	41.00	37.00	42.00	50 Free	35.00	40.00	34.00	39.00
1:27.00	1:40.00	1:25.00	1:38.00	100 Free	1:17.00	1:28.00	1:14.00	1:25.00
3:15.00	3:41.00	3:02.00	3:29.00	200 Free	2:47.00	3:09.00	2:41.00	3:07.00
8:16.00	7:26.00	8:06.00	7:19.00	500/400 FR	7:19.00	7:00.00	7:07.00	6:25.00
X	X	X	X	1000 Free	X	X	X	X
X	X	X	X	1650 Free	X	X	X	X
45.00	53.00	46.00	54.00	50 Back	40.00	46.00	40.00	46.00
1:39.00	1:57.00	1:38.00	1:53.00	100 Back	1:29.00	1:42.00	1:26.00	1:40.00
X	X	X	X	200 Back	3:02.00	3:30.00	2:58.00	3:26.00
52.00	58.00	51.00	58.00	50 Breast	45.00	50.00	44.00	51.00
1:56.00	2:12.00	1:51.00	2:07.00	100 Breast	1:38.00	1:54.00	1:36.00	1:50.00
X	X	X	X	200 Breast	3:29.00	3:58.00	3:20.00	3:50.00
46.00	52.00	44.00	50.00	50 Fly	38.00	43.00	39.00	43.00
1:51.00	2:05.00	1:50.00	2:03.00	100 Fly	1:29.00	1:40.00	1:27.00	1:37.00
X	X	X	X	200 Fly	3:06.00	3:30.00	3:02.00	3:28.00
1:40.00	X	1:37.00	X	100 IM	1:28.00	X	1:24.00	X
3:28.00	3:59.00	3:31.00	4:02.00	200 IM	3:06.00	3:32.00	3:03.00	3:30.00
X	X	X	X	400 IM	X	X	X	X

Silver 2 Equipment Requirements

Arena Equipment Bag, Arena Kickboard,
Arena Pull Buoy, Long Fins, Water Bottle

**2017/2018
Group Time Standards**

Must achieve a minimum of 3 standards (not more than one 50) for group consideration

Silver 1 (10 & Under)					Silver 1 (11 year olds)			
Girls		Boys			Girls		Boys	
SCY	LCM	SCY	LCM	Events	SCY	LCM	SCY	LCM
34.00	38.00	33.00	38.00	50 Free	33.00	37.00	32.00	36.00
1:17.00	1:29.00	1:16.00	1:28.00	100 Free	1:12.00	1:22.00	1:09.00	1:19.00
2:53.00	3:16.00	2:43.00	3:08.00	200 Free	2:35.00	2:56.00	2:30.00	2:51.00
7:25.00	6:41.00	7:16.00	6:34.00	500/400 FR	6:48.00	6:06.00	6:37.00	5:58.00
X	X	X	X	1000 Free	X	X	X	X
X	X	X	X	1650 Free	X	X	X	X
40.00	47.00	41.00	48.00	50 Back	37.00	43.00	37.00	42.00
1:28.00	1:43.00	1:27.00	1:41.00	100 Back	1:22.00	1:35.00	1:19.00	1:33.00
X	X	X	X	200 Back	2:49.00	3:16.00	2:46.00	3:12.00
45.00	52.00	45.00	52.00	50 Breast	41.00	47.00	41.00	47.00
1:42.00	1:56.00	1:39.00	1:55.00	100 Breast	1:31.00	1:45.00	1:29.00	1:42.00
X	X	X	X	200 Breast	3:14.00	3:42.00	3:06.00	3:34.00
40.00	46.00	39.00	44.00	50 Fly	36.00	40.00	36.00	40.00
1:38.00	1:50.00	1:35.00	1:49.00	100 Fly	1:22.00	1:32.00	1:20.00	1:30.00
X	X	X	X	200 Fly	2:53.00	3:16.00	2:49.00	3:13.00
1:29.00	X	1:27.00	X	100 IM	1:22.00	X	1:18.00	X
3:05.00	3:33.00	3:03.00	3:36.00	200 IM	2:53.00	3:17.00	2:50.00	3:15.00
X	X	X	X	400 IM	X	X	X	X

Silver 1 Equipment Requirements

Arena Equipment Bag, Arena Kickboard, Arena Pull Buoy
Arena Flat Paddles, Arena Snorkel, Long Fins, Water Bottle

**2017/2018
Group Time Standards**

Must achieve a minimum of 4 standards (not more than one 50) for group consideration

10 & Under Must Achieve Atleast 6 standards for group consideration

Junior Elite (12&U)					Junior Elite (13/14)			
Girls		Boys			Girls		Boys	
SCY	LCM	SCY	LCM	Events	SCY	LCM	SCY	LCM
28.50	32.50	28.50	31.50	50 Free	28.50	31.50	27.50	29.50
1:01.50	1:10.50	1:01.50	1:07.50	100 Free	1:01.50	1:09.50	59.50	1:04.50
2:14.50	2:33.50	2:14.50	2:28.50	200 Free	2:12.50	2:30.50	2:09.50	2:20.50
5:57.50	5:19.50	5:50.50	5:11.50	500/400 Free	5:55.50	5:14.50	5:45.50	5:00.50
12:30.50	11:00.50	12:30.50	10:45.50	1000/1000 Free	12:10.50	11:00.50	12:00.50	10:45.50
20:00.50	21:00.50	21:00.50	21:00.50	1500/1500 Free	20:15.50	20:39.50	20:00.50	20:00.50
31.50	36.50	31.50	36.50	50 Back	X	X	X	X
1:09.50	1:21.50	1:09.50	1:19.50	100 Back	1:08.50	1:17.50	1:06.50	1:12.50
2:27.50	2:51.50	2:27.50	2:48.00	200 Back	2:25.50	2:45.50	2:20.50	2:36.50
35.50	40.50	35.50	40.50	50 Breast	X	X	X	X
1:18.50	1:31.50	1:18.50	1:28.50	100 Breast	1:17.50	1:27.50	1:14.50	1:21.50
2:50.50	3:15.50	2:50.50	3:08.50	200 Breast	2:47.50	3:09.50	2:40.50	2:56.50
30.50	34.50	30.50	34.50	50 Fly	X	X	X	X
1:09.50	1:18.50	1:09.50	1:16.50	100 Fly	1:07.50	1:14.50	1:05.50	1:09.50
2:30.50	2:51.50	2:30.50	2:49.50	200 Fly	2:30.50	2:45.50	2:25.50	2:36.50
1:10.50	X	1:10.50	X	100 IM	X	X	X	X
2:30.50	2:52.50	2:30.50	2:49.50	200 IM	2:30.50	2:49.50	2:25.50	2:38.50
5:30.50	6:00.50	5:25.50	6:00.50	400 IM	5:20.50	5:57.50	5:16.50	5:36.50

Junior Elite Equipment Requirements

Arena Equipment Bag, Arena Kickboard, Arena Pull Buoy, Arena Flat Paddles
Arena Snorkel, Arena Fins, Water Bottle, POSITIVE ATTITUDE

Socks for MonoFins

2017/2018								
Group Time Standards								
<i>Must achieve a minimum of 3 standards (not more than one 50) for group consideration</i>								
Gold 1 (11/12)					Gold 1 (13/14)			
Girls		Boys			Girls		Boys	
SCY	LCM	SCY	LCM	Events	SCY	LCM	SCY	LCM
30.99	34.99	29.99	33.99	50 Free	30.99	34.99	29.99	33.99
1:06.99	1:16.99	1:03.99	1:13.99	100 Free	1:05.99	1:15.99	1:03.99	1:13.99
2:25.99	2:46.99	2:20.99	2:41.99	200 Free	2:22.99	2:42.99	2:20.99	2:41.99
6:28.99	5:46.99	6:17.99	5:38.99	500/400 Free	6:20.99	5:40.99	6:17.99	5:38.99
13:10.99	12:00.99	13:00.99	11:45.99	1000/1000 Free	14:10.99	13:00.99	13:00.99	11:45.99
22:15.99	22:39.99	22:00.99	22:15.99	550/1500 Free	21:43.99	22:23.99	22:00.99	22:15.99
34.99	40.99	34.99	39.99	50 Back	X	X	X	X
1:16.99	1:29.99	1:13.99	1:27.99	100 Back	1:11.99	1:23.99	1:13.99	1:27.99
2:39.99	3:06.99	2:36.99	3:02.99	200 Back	2:35.99	2:59.99	2:36.99	3:02.99
38.99	44.99	38.99	44.99	50 Breast	X	X	X	X
1:25.99	1:39.99	1:23.99	1:36.99	100 Breast	1:22.99	1:34.99	1:23.99	1:36.99
3:04.99	3:32.99	2:56.99	3:24.99	200 Breast	2:58.99	3:25.99	2:56.99	3:24.99
33.99	37.99	33.99	37.99	50 Fly	X	X	X	X
1:16.99	1:26.99	1:14.99	1:24.99	100 Fly	1:11.99	1:21.99	1:14.99	1:24.99
2:43.99	3:06.99	2:39.99	3:03.99	200 Fly	2:37.99	2:59.99	2:39.99	3:03.99
1:16.99	X	1:12.99	X	100 IM	X	X	X	X
2:43.99	3:07.99	2:40.99	3:05.99	200 IM	2:39.99	3:03.99	2:40.99	3:05.99
5:45.99	6:34.99	5:45.99	6:19.99	400 IM	5:39.99	6:27.99	5:45.99	6:19.99

Gold 1 Equipment Requirements

Arena Equipment Bag, Arena Kickboard, Arena Pull Buoy
 Arena Snorkel, Arena Flat Paddles, Long Fins, Water Bottle

2017/2018								
Group Time Standards								
<i>Must achieve a minimum of 3 standards (not more than one 50) for group consideration</i>								
Gold 2 (11/12)					Gold 2 (13/14)			
Girls		Boys			Girls		Boys	
SCY	LCM	SCY	LCM	Events	SCY	LCM	SCY	LCM
32.99	37.99	32.99	36.99	50 Free	32.99	37.99	31.99	35.99
1:11.99	1:22.99	1:10.99	1:19.99	100 Free	1:10.99	1:21.99	1:08.99	1:17.99
2:35.99	2:56.99	2:33.99	2:53.99	200 Free	2:33.99	2:55.99	2:29.99	2:49.99
6:59.99	6:13.99	6:50.99	6:05.99	500/400 Free	6:49.99	5:57.99	6:40.99	5:55.99
X	X	X	X	100/1000 Free	X	X	X	X
23:53.99	24:55.99	23:53.99	24:55.99	550/1500 Free	23:00.99	24:00.99	23:00.99	24:00.99
36.99	43.99	36.99	43.99	50 Back	X	X	X	X
1:21.99	1:36.99	1:20.99	1:34.99	100 Back	1:17.99	1:29.99	1:18.99	1:32.99
2:50.99	3:20.99	2:48.99	3:16.99	200 Back	2:47.99	3:13.99	2:44.99	3:12.99
41.99	47.99	40.99	48.99	50 Breast	X	X	X	X
1:30.99	1:47.99	1:28.99	1:44.99	100 Breast	1:28.99	1:42.99	1:26.99	1:42.99
3:13.99	3:48.99	3:08.99	3:38.99	200 Breast	3:11.99	3:41.99	3:04.99	3:34.99
34.99	40.99	34.99	40.99	50 Fly	X	X	X	X
1:21.99	1:34.99	1:19.99	1:31.99	100 Fly	1:16.99	1:27.99	1:17.99	1:29.99
2:54.99	3:20.99	2:50.99	3:18.99	200 Fly	2:50.99	3:13.99	2:46.99	3:14.99
1:20.99	X	1:18.99	X	100 IM	X	X	X	X
2:54.99	3:22.99	2:51.99	3:20.99	200 IM	2:51.99	3:17.99	2:47.99	3:16.99
6:05.99	6:57.99	6:00.99	6:32.99	400 IM	6:05.99	6:57.99	5:50.99	6:22.99

Gold 2 Equipment Requirements

Arena Equipment Bag, Arena Kickboard
 Arena Pull Buoy, Arena Flat Paddles,
 Long Fins, Water Bottle

2017/2018						
Group Time Standards						
<i>Must achieve a minimum of 3 standards for group consideration</i>						
Senior 2				Events	Senior 3	
Girls		Boys			Girls	Boys
SCY	LCM	SCY	LCM		2 National Motivational BB Time Standards	
27.98	31.98	24.98	28.98	50 Free		
1:00.98	1:08.98	54.98	1:02.98	100 Free		
2:09.98	2:27.98	1:58.98	2:17.98	200 Free		
5:48.98	5:08.98	5:22.98	4:53.98	500/400 FR		
11:59.98	10:38.98	11:08.98	10:06.98	1000 Free		
19:59.98	20:28.98	18:59.98	19:24.98	1650 Free		
-	-	-	-	50 Back		
1:05.98	1:16.98	59.98	1:10.98	100 Back		
2:22.98	2:43.98	2:09.98	2:30.98	200 Back		
-	-	-	-	50 Breast		
1:15.98	1:26.98	1:07.98	1:19.98	100 Breast		
2:43.98	3:06.98	2:28.98	2:52.98	200 Breast		
-	-	-	-	50 Fly		
1:05.98	1:14.98	59.98	1:08.98	100 Fly		
2:23.98	2:43.98	2:11.98	2:32.98	200 Fly		
-	-	-	-	100 IM		
2:25.98	2:47.98	2:12.98	2:35.98	200 IM		
5:08.98	5:53.98	4:45.98	5:31.98	400 IM		

2017/2018				
Elite Time Standards				
<i>Must achieve one current Sectional time</i>				
<i>A Distance Swimmer achieving at least one (1) of the following</i>				
SCY	LCM		SCY	LCM
-	4:45.00	400 Free	-	4:32.00
5:20.00	-	500 Free	5:00.00	-
-	18:56.00	1500 Free	-	18:16.00
18:32.00	-	1650 Free	17:40.00	-