

February 9 & 10 2019

Selkirk Dolphins

Swim Carnival

Come join our fun



Meet Management Team	Email address
Meet Manager: Michelle Stamm	mstamm62@gmail.com
Meet Entries: Michelle Stamm	mstamm62@gmail.com
Officials Coordinator: Marty Friesen	markim95@mymts.net

Facility & Timing: **Selkirk Community Pool**
221 Mercy Street
Selkirk Manitoba.
25 Meter Pool 5 lane pool.
Manual watch timing (Timed Finals)

Dates and Times: **February 9 and 10 2019**

Date	Sessions	Warm-up	Start
February 9.19	Session 1 Session 2	8:00 am 1:15 pm	8:45 am 2:00 pm
February 10.19	Session 3 Session 4	10:00 am 1:00 pm	10:45 am 1:45 pm

Eligibility: All swimmers must be registered with Swim Canada or FINA affiliated organizations.
No qualifying times for this meet. See chart below for suggested split times for event entries for 200 Breast, 400, 800, 1500 free and 200 back

Event List:

Session 1 Saturday February 9

**200 Fly (11 & O)
50 Back
100 Breast
100 Free
200 IM**

Session 2 Saturday February 9

**100 Fly
100 Back
200 Breast (100 time)
50 Free
400 IM**

Session 3 Sunday February 10

**400 Free (200 time)
800 free 11 & O (400 time)
1500 free 11 & O (400 time)**

Session 4 February 10

**50 FLY
200 Back (100 time)
50 Breast
200 Free
100 IM**

Suggested split times for specified events.

Male				Female				
10 & U	11-12	13-14	15 & O		15 & O	13-14	11-12	10 & U
4:00.00	3:30.00	3:00.00	2:45.00	400 fr (200)	3:00.00	3:15.00	3:30.00	4:00.00
NA	7:00.00	6:15.00	5:30.00	800 fr (400)	6:00.00	6:30.00	7:00.00	NA
NA	7:00.00	6:15.00	5:30.00	1500 fr (400)	6:00.00	6:30.00	7:00.00	NA
2:20.00	2:00.00	1:50.00	1:40.00	200 br (100)	1:40.00	1:50.00	2:00.00	2:20.00
2:00.00	1:50.00	1:40.00	1:30.00	200 bk (100)	1:30.00	1:40.00	1:50.00	2:00.00

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet.
A swimmer may compete in a Maximum of 3 individual in each session 1, 2 & 4 and 1 event Session 3 if qualified.

Entry Fees: Individual Events **\$8.00 per event in Session 1, 2 and 4.**
\$10.00 per event for Distance events in Session 3 (includes \$1.00 SNM Program Development Fee paid to Swim Manitoba)
Each swimmers must also pay \$6.00 SNC Fee.
Please make cheques payable to Selkirk Dolphin Swim Club, Entries received without payment as outlined will not be considered.
No refund of fees after entry deadline date. Fees are due at Clerk of Course before the start of Session 1

Entries: **All entries must be submitted with a time.** "No Time" (NT) entries will not be accepted. All entries must be uploaded to the Swim Canada web site using a Hytek Entry File. Each swimmer must have a valid swimmer ID number, and a correct birthdate and gender. Errors or omissions in the entry file will cause delays in accepting the file and posting the results.

Entry Deadline: February 4th 2019 11:59 pm

Meet Entries Contact: Michelle Stamm
mstamm62@gmail.com

Late or Deck Entries: May be permitted if guidelines are met.

- Lane space is available –new heats will NOT be created
- **10 & under will not be allowed to deck enter 11 & over events.**
- Entries are submitted 30 minutes prior to the end of warm-up
- **\$14.00** entry fee paid prior to lane assignment includes individual and relay entries
- No swimmer can exceed maximum 3 individual swims per session including deck entry
- "Move" swimmer from one event to another will be allowed if lane space is permitted.
- Deck entry swims are for "time only" no awards or scoring.
- ***New swimmers deck entered into the meet will need to pay the \$6.00 SNC with the event deck entry fee. Coaches must provide Swimmers name, birthdate and SNC ID # as they are registered on Swim Canada prior to lane assignment.***

Awards: Each age group 10 & U, 11 – 12, 13 – 14, 15 & over and gender will be awarded ribbons from 1st to 5th.

We will have bell ringer races and other team awards.

Mid Day Cheer competition and other entertainment. New sound system is installed in the upper gym area for spectators to follow the meet progress announcement.

Swimming Matters will be set up for the weekend for last minute swim equipment purchases.

Orange Julius booth will also be set up.

Scratches: Appendix 1 [SNM Scratch Rule](#) in effect

Competition: Swimming Canada rules apply.

All sessions are Timed Finals and swum slowest to fastest regardless of age.

Meet Management reserves the right to change times or limit entries in 200 or 400 events pending number of entries, advance notice will be provided to participating teams.

Safety: Appendix 2 [SNC Warm Up Procedures](#) are in effect. Each athlete must be under the supervision of a head or deck coach. It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed.

Appendix 3 [Competition Code of Conduct](#).

Accommodations: CANALTA Hotels is now open in Selkirk. Reservations can be made by calling 1.844.484.7474 or by email: gm@canaltaselkirk.com

Appendix 1 Swim Manitoba (SNM) Provincial Scratch Rule

This scratch rule WILL be in effect at ALL Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6.

It is superseded by:

- Swimming Canada (SNC) rule **SNC 3 (3.1 to 3.4)** at SNC designated meets held in Manitoba.
- The scratch rule for Manitoba / Saskatchewan Championships, when they are held in Manitoba.

SCRATCHES:

1. Time Final Events

- a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the clerk of course as soon as possible.
- b. **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

2. Prelims/Final Events

- a. Scratches from **preliminary heats:**
 - i. May be made at any time.
 - ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.
 - iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee
- b. Scratches from **finals:**
 - i. Must be made within 30 minutes after the end of the preliminary session.
 - ii. **Penalties:** Scratches after the scratch deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. No monetary penalty fee is to be assessed.
 - iii. **ALTERNATE SWIMMERS:** Alternates **MUST** report to the Clerk of Course at least 10 minutes prior to the event and be ready to swim if necessary.
 - iv. If a swimmer has not reported to the blocks when the race is called, the Referee shall replace the contestant with an alternate who has reported to the Clerk of Course and is present and ready to swim. The alternate shall become one of the finalists.

3. Relay Events

- a. For time final events scratch rules for **Time Final Events** apply.
- b. For prelims/final events scratch rules for **Prelims/Final Events** apply.
- c. Relay names can be changed up to 30 minutes prior to start of relay event.

Appendix 2:

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes.
- Only one-way swimming from the start end of sprint lanes is permitted.
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.

VIOLATIONS:

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be scratched without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

“SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”



COMPETITION CODE OF CONDUCT

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy.

The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet.

By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules, apply.

Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

