

LONG COURSE FEMALE

EVENT	10 & Under	11-12	13-14	15-16	Open
50 Free	31.59 Tanya Hunks (1991)	28.60 Cindy McMillan (1986)	27.87 Hanna Ellis (2018)	27.63 Sarah Hodge (2013)	26.51 Shannon Shakespeare (1998)
100 Free	1:07.02 Joanne Malar (1996)	1:01.51 Joanne Malar (1988)	1:00.06 Tammy Flannigan (1991)	59.84 Sydney Kovar (2013)	56.20 Shannon Shakespeare (1998)
200 Free	2:23.48 Joanne Malar (1986)	2:11.70 Joanne Malar (1988)	2:08.49 Tanya Hunks (1994)		2:01.12 Joanne Malar (1997)
400 Free	4:59.06 Joanne Malar (1986)	4:31.69 Tanya Hunks (1993)	4:26.79 Tanya Hunks (1995)		4:13.30 Susana Escobar (1998)
800 Free		9:16.71 Ali Belluz (1988)	9:04.27 Tanya Hunks (1995)	9:29.89 Sydney Kovar (2013)	8:42.07 Susana Escobar (2013)
1500 Free			18:46.75 Hanna Ellis (2017)	17:49.76 Sydney Kovar (2013)	16:40.53 Susana Escobar (2013)
50 Back					
100 Back	1:17.25 Joanne Malar (1986)	1:09.04 Joanne Malar (1988)	1:05.92 Amy Harriman (2005)	1:06.05 Ava Colyer (2018)	1:04.30 Danielle Carty (2009)
200 Back	2:43.00 Joanne Malar (1986)	2:25.68 Joanne Malar (1988)	2:17.20 Joanne Malar (1990)	2:21.14 Ava Colyer (2018)	2:14.84 Joanne Malar (1995)
50 Breast					
100 Breast	1:25.72 Julia Berglund (1993)	1:18.87 Julia Berglund (1995)	1:13.22 Sheila Dezeeuw (1979)		1:13.74 Sarah Sumner (2008)
200 Breast	3:03.05 Julia Berglund (1993)	2:47.23 Joanne Malar (1988)	2:35.21 Sheila Dezeeuw (1979)		2:39.34 Sheila Dezeeuw (1980)
50 Fly					
100 Fly	1:16.19 Joanne Malar (1986)	1:07.93 Joanne Malar (1988)	1:05.58 Tammy Flannigan (1991)	1:07.36 Ava Colyer (2018)	1:02.35 Janet Cook (2000)
200 Fly		2:25.56 Joanne Malar (1988)	2:19.29 Tanya Hunks (1995)		2:12.14 Prisciliana Escobar (2010)
200 IM	2:46.31 Joanne Malar (1986)	2:27.30 Joanne Malar (1988)	2:18.51 Joanne Malar (1990)	2:27.17 Ava Colyer (2018)	2:15.30 Joanne Malar (1996)
400 IM		5:02.71 Joanne Malar (1988)	4:52.35 Joanne Malar (1990)	5:14.15 Ava Colyer (2018)	4:43.29 Joanne Malar (1996)