

SHORT COURSE FEMALE

EVENT	10 & Under	11-12	13-14	15-16	Open
50 Free	30.52	28.23	26.61	26.97	26.12
	Clare Dermody (1998)	Joanne Malar (1987)	Sarah Sumner (2008)	Sarah Hodge (2013)	Joanne Malar (1993)
100 Free	1:05.48	1:00.36	58.77	58.41	56.20
	Clare Dermody (1998)	Tammy Flannigan (1989)	Kim Patterson (1984)	Sydney Kovar (2013)	Joanne Malar (1993)
200 Free	2:24.27	2:12.78	2:05.18	2:05.62	1:59.08
	Clare Dermody (1998)	Hanna Ellis (2016)	Tanya Hunks (1995)	Hanna Elis (2018)	Joanne Malar (1997)
400 Free	4:59.99	4:31.72	4:19.17	4:27.26	4:08.75
	Joanne Malar (1986)	Tanya Hunks (1992)	Tanya Hunks (1995)	Hanna Ellis (2019)	Joanne Malar (1995)
800 Free		9:21.86	8:59.06	9:05.27	8:33.17
		Joanne Malar (1987)	Ali Belluz (1990)	Sydney Kovar (2013)	Bridget Coley (2009)
1500 Free		21:08.58	18:17.88	17:58.91	17:11.33
		Sophia Simonovic (2013)	Hanna Ellis (2018)	Ava Colyer (2018)	Susana Escobar (2013)
50 Back				30.66	
				Ava Colyer	
100 Back	1:17.82	1:09.11	1:02.98	1:04.45	1:00.41
	Kryssi Unruh (2000)	Amy Harriman (2003)	Amy Harriman (2005)	Ava Colyer (2018)	Danielle Carty (2009)
200 Back	2:43.56	2:26.56	2:16.58	2:18.61	2:10.18
	Joanne Malar (1986)	Joanne Malar (1988)	Kimberly Kerr (1992)	Ava Colyer (2019)	Lindsay Charles (2013)
50 Breast				36.88	
				Emma O'Grady (2017)	
100 Breast	1:25.17	1:16.87	1:12.41	1:16.50	1:12.90
	Julia Berglund (1993)	Joanne Malar (1988)	Sarah Sumner (2008)	Emma O'Grady (2018)	Joanne Malar (1993)
200 Breast	3:03.89	2:43.41	2:36.18		2:35.07
	Julia Berglund (1993)	Julia Berglund (1995)	Sheila Dezeeuw (1979)		Sheila Dezeeuw (1979)
50 Fly				29.95	
				Sarah Hodge (2014)	
100 Fly	1:16.01	1:07.52	1:05.16	1:05.28	1:02.19
	Joanne Malar (1986)	Kahla W (1998)	Sarah Sumner (2008)	Sarah Hodge (2013)	Janet Cook (2000)
200 Fly		2:23.45	2:19.43	2:28.68	2:13.76
		Wendy Farrelly (1983)	Tanya Hunks (1995)	Hanna Eliis (2019)	Jennifer McNaughton (2014)
200 IM	2:41.64	2:24.92	2:20.37	2:26.25	2:12.52
	Joanne Malar (1986)	Joanne Malar (1988)	Joanne Malar (1989)	Ava Colyer (2018)	Joanne Malar (1995)
400 IM		5:03.09	4:53.64	5:14.24	4:36.40
		Joanne Malar (1987)	Joanne Malar (1989)	Ava Colyer (2018)	Joanne Malar (1995)

4x50 Free
4x100 Free
4x200 Free
4x50 Medley
4x100 Medley
