



Forerunning overview

“To hell with circumstances; I create opportunities” - Bruce Lee

Forerunning

FIS rules require all sanctioned events to have at least three forerunners available with the ability to ski the course in a racing manner. Forerunners, and their start order, are selected by the Jury and they are members of the Race Organizing Committee. From time-to-time the Jury will request WMSC to provide forerunners for our hosted events. To provide guidance, the Club has adopted this statement.

Purpose

The Club views the opportunity to forerun a race as a valuable experience and honour for our racers. The Club also recognizes that this honour is to be earned, not bestowed nor hoarded, and that there is a need for transparency in the selection process. The Club does not sell forerunning spots.

Criteria

The following criteria shall be applied for selecting forerunners:

- Where requested by the Jury, the Club will ask the Lead Coach of the next lower or higher age grouping to select from their athletes' forerunners as specified by the Jury. The age group used will be determined by the level of race, and which groups are available, however for FIS events u16 2nd year athletes will have the priority.
- Provided that the course and conditions are suitable, the Lead Coach will select and offer the forerunning opportunity to the male and female athletes based on a time trial in training.
- In the case that conditions or logistics make this not possible, athletes with the best aggregate race results in the preceding twelve-month period will be offered the opportunity based on National or FIS points.
- Lead Coaches shall also endeavor, in selecting between athletes of similar skill levels, to allocate forerunning opportunities fairly over the season;
- Lead Coaches may not select athletes who lack the ability to ski the course in a racing manner with certainty; and
- Lead Coaches may not select athletes who have violated the Athlete Code of Conduct in the preceding twelve-month period.

Athlete Obligations

Upon being selected as a forerunner, athletes wishing to accept the opportunity must commit to being available during the event as needed by the Jury, and to fulfill the forerunning duty to the best of their abilities. Athletes who are unwilling to assume these obligations, or who fail to perform them on the day of the event, will not be permitted to forerun and may forfeit the opportunity to forerun future events.

Athlete Support

Athletes selected will be included in the WMSC group with the athletes competing and will be supported by the coaching staff of that group.

Results

FIS rules prohibit forerunner times from being published.