

**Westbrook Seals  
King and Queen of Sprints Meet**

November 10 and 11, 2018

Davan Pool, 426 Bridge Street Westbrook, ME 04092

Held under the sanction of USA Swimming/Maine Swimming, Inc. #ME-1819-1110

**MEET CONTACT:**

Marcy Scharf (Meet Director)	(207) 310-3997	<a href="mailto:marcy.barrows@gmail.com">marcy.barrows@gmail.com</a>
John Bliss (Meet Referee)	(207) 797-9494	<a href="mailto:jmbliss8@msn.com">jmbliss8@msn.com</a>
Anne Marie Poulin (Administrative Official)	(207) 671-6574	<a href="mailto:ampoulin@maine.rr.com">ampoulin@maine.rr.com</a>
Erik Schulz (Entry Chair)	(207) 415-7239	<a href="mailto:sealsswimmeet@gmail.com">sealsswimmeet@gmail.com</a>
Jennie Pillsbury (Safety Monitor)	(585) 662-3974	<a href="mailto:jenniepillsbury@gmail.com">jenniepillsbury@gmail.com</a>

**MEET FORMAT:** This meet will be swum as trials/finals for **all** athletes. Trials will be held on Saturday, November 10<sup>th</sup> and finals on Sunday, November 11<sup>th</sup>. Trials will be swum combined gender seeded by time. The top twelve finishers in each age group and gender (8 & Under, 9-10, 11-12, 13-14 & 15&over) advance to finals. There will be 2 heats at finals (a consolation final and a championship final). The meet will be seeded with Hy-Tek Meet Manager 7.0. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session.

**Positive check-in during each session warm-up is required for all sessions.**

**SITE:** The Davan Pool is a 6-lane, 25-yard pool with non-turbulent lane lines and fully-automatic Colorado Time Systems electronic timing with touch pads at the finish end of the pool with single-line electronic display. There are no touch pads at the turn end of the pool. The finish end of the pool is 10 feet deep; the turn end of the pool is 3 feet deep. The pool is located inside the Westbrook Community Center at 426 Bridge Street, Westbrook, ME. The entrance door is at the side of the building. Seating available in gallery (90 max) and on-deck handicap space available. Auxiliary viewing will be made available. The competition course has not been certified in accordance with 104.2.2C(4).

**COURSE:** Short course yards (25 yards)

**25-YARD EVENTS:** 25-yard events will start at the start (deep) end of the pool. 25 -yard events will be swum from the blocks to watches.

**CUT PROTOCOL:** In the event the meet is over-subscribed, relays will be the first event cut, and then entries may be cut on the basis of last entry received, first cut. In the event we are over the 4-hour time limit the Seals Club reserves the right to separate 13 and older and 12 and under into two separate sessions.

**MEET COMMITTEE/JURY:** The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The meet jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

**WEATHER PROTOCOL:** If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or a session**, is the decision of the Meet Director, Meet Referee and the Meet Jury.

**ELIGIBILITY** All swimmers must be 2018 or 2019 registered swimmers with United States Swimming. Swimmers may register with Mary Ellen Tynan, 17203 Millikan Ave, Irvine, CA 92606: [meswimoffice@gmail.com](mailto:meswimoffice@gmail.com). Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their coach membership cards or display their Deck Pass when asked.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMWEAR:** Swimmers 12 years old and younger are not permitted to wear "Tech" suits at this meet.

**REGISTRATIONS:** All swimmers must be registered with USA Swimming before the first day of the start of the meet. Any swimmer who has entered a meet and does not register by 11:59 PM on the day before the first day of the meet is subject to a \$100 fine and will be scratched from the meet. Meet reconciliation will be done for this meet.

**DECK REGISTRATIONS:** Deck Registrations will not be accepted for this meet.

**DISABILITY SWIMMERS:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

**EVENTS and SESSIONS:** See attached list.

#### **ENTRY INFORMATION:**

**Entry Deadline: November 3, 2018**

Make checks payable to **Westbrook Seals**

Mail payment to the entry chairperson:

Erik Schulz

Westbrook Seals P.O. Box 909 Westbrook, Maine 04092

Payment for all entries are due the morning of **November 10, 2018. Payment must be supplied before swimmers enter the water for warmup.** Any team that fails to send payment by this due date can be scratched from the meet at the discretion of the Entry Chairperson. Payment for any on deck entries are required prior to those entries being accepted. **Any team that does not pay prior to warmup on Saturday, November 10<sup>th</sup> may be assessed a late payment fee of \$20.**

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at [sealsswimmeet@gmail.com](mailto:sealsswimmeet@gmail.com) along with the entry cover sheet. Please check that your team name, address, and contact information are listed correctly in this file. For email entries and hard copy of the entry must be received by: **November 3, 2018.** Confirmation will be sent when we receive your entries.

**ENTRY LIMITS:** Swimmers may swim 3 individual events per day.

**ENTRY FEES:** Electronic entries: **\$5.00 per individual trials/finals event.**

Swimmer Participation Fee is **\$5.00 per swimmer**

There will be a .50 per event surcharge for paper non-electronic entries.

**ENTRY TIMES:** All entries must be specified in short yard times. Meter times must be converted to yard times. (Coach's times should be used instead of NT's)

**DECK ENTRIES:** Deck entries will be allowed at this meet under the discretion of the Meet Director and Meet Referee if open lanes allow. Deck entries will swim in the first heat in an empty lane.

**RELAYS:** Relays will not be offered at this meet.

**TIME TRIALS:** Time Trials will not be offered.

**SCRATCHES FOR FINALS:** Coaches are responsible of reporting any scratches to the Meet Director. *Once results are announced, swimmers have 30 minutes to declare their intention to scratch from a final event. Swimmers who fail to declare their intention to scratch and do not compete in the final event are scratched from the rest of the meet.*

**ADMISSION:** \$2.00 per session

**PROGRAMS:** \$3.00 per session

**MEET MOBILE:** Meet Mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data which cannot be relied upon until the official results have been published and posted in the facility.

**WARM-UPS:** The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. During session 2, if open lanes allow, and at the discretion of the Meet Referee, swimmers may be able to warm-up/cool down.

**OFFICIALS:** If you know that you will be attending this meet, please email the Meet Referee and let him know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. An officials meeting time and location will be announced one hour prior to any session.

**SAFETY:**

1. No shaving is permitted at the competition site.
2. No glass containers are permitted within the facility.
3. No food is allowed on the pool deck.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
6. Deck changes are prohibited.

7. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, Spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**EVACUATION PROCEDURE:** In case of an emergency/fire alarm and the building must be cleared, all occupants must leave immediately through the nearest exits. Safety staff will clear the pool and all athletes will be instructed to evacuate the building. Each team's personnel will be required to account for all athletes present for the session. It is recommended that athletes have appropriate clothing on deck available to them to bring outside until the building is deemed safe to reenter.

**RULES:** Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. A swimmer may compete under protest during appeal of a decision of the MSI Board of Directors or MSI House of Delegates only upon presentation of a written protest and its required fee of \$100 to the General Chair.

All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the Maine Swimming office for further review and/or action.

**SAFE SPORT:** The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Referee or the Meet Director to be resolved.

**PHOTOGRAPHY: PHOTOGRAPHERS ON DECK:** As per Maine Swimming policy, only coaches are permitted to use video equipment on deck, but this is not permitted from behind the blocks. The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.

**DECK ACCESS:** Only 2018/2019 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card or display their Deck Pass when asked. Individuals without proof of USA Swimming registration will be removed from the pool deck, and will be subject to a fine by Maine Swimming.

**SCORING:** The meet will not be scored.

**AWARDS:** Awards (T-shirts) will be given to the **first** place women's and men's finishers (King and Queen) in each age group in each finals race in session #2.

**FOOD:** Food and beverage will be available during the meet at the concessions area.

**MISCELLANEOUS:** The Westbrook Seals and The Westbrook Community Center assumes no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility. The Westbrook Seals is not responsible for the refunding of or scheduling of hotel arrangements in the event that a swimmer makes/doesn't make finals in any given event in Session #2. In the event we are over the 4-hour time limit the Westbrook Seals Swim Club reserves the right to separate 13 and older and 12 and under into two separate sessions.

**LIABILITY RELEASE:** Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, Maine Swimming, Westbrook Seals and Westbrook Community Center for any and

all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

**PARKING:** There is ample parking available in the parking lot adjacent to the Westbrook Community Center. Please park in designated parking zones.

**DIRECTIONS:** Directions to the Davan Pool can be found at our website: [www.sealsswimming.org](http://www.sealsswimming.org).

# Schedule of Events

## Session #1 Saturday - Trials

Warm-up 8:00 AM      Start Time 9:35 AM

<b>Mixed</b>	<b>Age</b>	<b>Event</b>
1	13-14	100 Fly
2	15 & over	100 Fly
3	8 & under	25 Fly
4	9-10	50 Fly
5	11-12	50 Fly
6	13-14	100 Back
7	15 & over	100 Back
8	8 & under	25 Back
9	9-10	50 Back
10	11-12	50 Back
11	13-14	100 Breast
12	15 & over	100 Breast
13	8 & Under	25 Breast
14	9-10	50 Breast
15	11-12	50 Breast
16	13-14	50 Free
17	15 & over	50 Free
18	8 & Under	25 Free
19	9-10	50 Free
20	11-12	50 Free
21	13-14	100 IM
22	15 & over	100 IM
23	8 & Under	100 IM
24	9-10	100 IM
25	11-12	100 IM

## Session #2 – Sunday - Finals

Warm Up 8 a.m. Start 9:35 a.m.

<b>Women</b>	<b>Age</b>	<b>Event</b>	<b>Men</b>
1A	13-14	100 Fly	1B
2A	15 & over	100 Fly	2B
3A	8 & under	25 Fly	3B
4A	9-10	50 Fly	AB
5A	11-12	50 Fly	5B
6A	13-14	100 Back	6B
7A	15 & over	100 Back	7B
8A	8 & under	25 Back	8B
9A	9-10	50 Back	9B
10A	11-12	50 Back	10B
11A	13-14	100 Breast	11B
12A	15 & over	100 Breast	12B
13A	8 & Under	25 Breast	13B
14A	9-10	50 Breast	14B
15A	11-12	50 Breast	15B
16A	13-14	50 Free	16B
17A	15 & over	50 Free	17B
18A	8 & Under	25 Free	18B
19A	9-10	50 Free	19B
20A	11-12	50 Free	20B
21A	13-14	100 IM	21B
22A	15 & over	100 IM	22B
23A	8 & Under	100 IM	23B
24B	9-10	100 IM	24B
25A	11-12	100 IM	25B

*Seals Swimming*

**November to Remember/King and Queen of Sprints**  
Davan Pool, 426 Bridge Street Westbrook, ME 04092

November 10<sup>th</sup> and 11<sup>th</sup>, 2018

**CONTACT INFORMATION**

Team Name: \_\_\_\_\_ Abbreviation: \_\_\_\_\_

Deck Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entries Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Unattached Swimmers: \_\_\_\_\_

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ENTRY FEES (non-electronic add .50 per entry)

_____ Trials/Finals Event Entries	@ \$5.00/ \$5.50 =	\$ _____
_____ Swimmer Participation Fee: # athletes _____	@ \$ 5.00 =	\$ _____
		Total: \$ _____

Make check payable to: **Westbrook Seals**

Mail entries and check to:  
Erik Schulz  
Westbrook Seals P.O. Box 909 Westbrook, Maine 04092

**LIABILITY RELEASE**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, Maine Swimming, Westbrook Seals and Westbrook Community Center for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

\_\_\_\_\_  
Signature of Authorized Team Official

\_\_\_\_\_  
Date