

THE 25th ANNUAL BOWDOIN OPEN

*Senior/Age Group Swim Meet
December 7th, 8th and 9th, 2018*

Hosted By: Bowdoin College Swimming and Diving & Brunswick Area Swimming Association

Held under the sanction of **USA Swimming, Inc. /Maine Swimming, Inc. #1819-1207-TT**

Meet Director: Brad Burnham; bburnham@bowdoin.edu (207) 725-3527

Meet Referee: Bill Bond; bondyorkme@yahoo.com, (207) 351 5166

Administrative Official/Referee: Mindy Jorgensen; toddmindy@roadrunner.com

Entry Chairperson: Brad Burnham; bburnham@bowdoin.edu

Safety Monitor: Cathleen Pruden

Meet Location

LeRoy Greason Pool - Farley Field House – Watson Drive - Bowdoin College - Brunswick, ME 04011

Facility

LeRoy Greason Pool provides up to 10 deep-water 25 yard competition lanes and four additional 25 yard warm-up/cool-down lanes with non-turbulent lane lines and Colorado Timing System, AquaGrip electronic pads, and Colorado Timing Matrix Full Video Display. It has hosted several prestigious events, including NESAC and NCAA Championship meets and has been used as a training site for Olympic swimmers. The competition pool starting end and turn end have water depths ranging from 7 to 12 feet from Lanes 1-10. The warm-up/cool-down pool starting end and turn end have a depth of 12 to 13 feet. The seating area has a capacity of 350. The pool has not been measured to certify under USA-S rule 104.2.2C(4).

Meet Format

General

Senior individual events, except the 400 IM, 500 Free and 1650 Free, will be swum as trials and finals; with three heats in the evening finals. The championship final will contain the top 10 swimmers, the B final will contain the 11th-20th place swimmers and the C final will contain the 21st-30th place swimmers from prelims. At night the top 10 swimmers will remain in the 10 regardless of time swum, but those swimmers in the B & C final may move between 11th and 30th place based on their finals time. The 400 IM, 500 Freestyle and 1650 freestyle will be swum as timed finals and will include all entered swimmers. Age Group Session Events will be swum as timed finals.

Qualifying Times

All individual events, regardless of age, have qualifying times for 2018. All swimmers entered in events must meet the qualifying times. Exceptions may be made by the meet host on a case by case basis. Qualifying times were added in order to help reduce the size of the meet in order to meet deck capacity requirements for the Leroy Greason Pool.

Proof of Time

Time reconciliation will be done for this meet. All teams must proof a pdf proof of time by athlete with their entries. A coach of the swimmer posting times outside the standard may be called to the scoring table for entry time verification. If a time standard cannot be verified, the team may be fined up to \$100.00 per unverified event at the discretion of the Meet Director. If the fine is not paid promptly in the course of the meet, the swimmer will be removed from subsequent events. All fines will be donated to the Mid Coast Hunger Prevention Program.

1650 Freestyle

The fastest heat of women and men will be swum at the beginning of the final session on Saturday evening. The remaining heats will be seeded fastest to slowest alternating women and men with the fastest morning heat swimming after the final heat of the 50 Free. A heat sheet will be provided twenty minutes after the scratch deadline. **The 1650 will be limited to the fastest 25 women and 25 men entered in the event by the entry deadline.** A list of the swimmers entered in the 1650 will be forwarded to all of the teams in the Senior session of the meet. Meet management reserves the right to expand the field depending on the meet timeline. Swimmers bumped from the 1650 will be given the opportunity to enter an alternate event.

Relays

Senior Relays will be swum as timed finals in the evening session and can include swimmers from all age groups as long as they are entered in the meet. Swimmers 12 & under may swim in the Senior relays but may not swim relays in both Senior and Age Group sessions. This year teams will have the option of swimming the 400 Free Relay on Sunday at the end of the prelims session or during the finals session. **Only the A & B relays from each team can score.**

Senior and Age Group

The Senior Session is open to all swimmers who meet the qualifying times. 12 & under swimmers who meet the Senior qualifying times may swim in the senior session. **12 & under swimmers may compete in both the Senior session and the 12 & under session, but they may not compete in the same event in both sessions. Swimmers are still limited to three events a day.**

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Course Short Course – 25 Yards

Entries Accepted and Entry Deadline

The first day of entry is October 10th, 2018. The priority deadline for Maine Swimming Teams is October 19th. After that date, the meet will be filled on a first come first serve basis until capacity is reached. A confirmation email will be sent within 48 hours of receiving entries. If you do not receive an email, please contact the Entry Chairperson.

Entry Procedure

Electronic entries (such as from Hy-tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson along with the entry cover sheet and a pdf proof of time report by athlete.

If you do not have team management software, you can submit a hardcopy of your entries along with the entry cover sheet by sending either an email or USPS mail to the entry chairperson.

If you are submitting electronic entries, all entries must have the swimmers full name (first, middle initial, last) and birth date as they were USA-S registered, current USA-S number, and seed time.

All swimmers entering the meet, regardless of age, must meet the qualifying times. Exceptions may be made by the meet host on a case by case basis. Please see the note under meet format.

All relay swimmers must be listed on the team roster/meet entry submitted at the meet entry deadline to be eligible to swim in a relay. Late or deck entries will not be accepted.

Entry Limits

Each swimmer is limited to three (3) individual events per day. Athletes may over-enter but must scratch down to event limits. **All athletes are eligible to swim in the Senior session; however, they must meet the qualifying times, which are included with this information.** 12 & under swimmers may compete in both the Senior session and the 12 & under session, but they may not compete in the same event in both sessions. Swimmers are still limited to three events a day.

Entry Times

Entry times must be in short course yards. Teams using Short Course Meter or Long Course Meter entry times should use Hy-tek or Team Unify to convert the times to short course yards.

Send Entries to:

Brad Burnham
Bowdoin Athletics - Swimming
9000 College Station
Brunswick, ME 04011
bburnham@bowdoin.edu

Entry Fees

Senior Events

\$5.00 for each individual entry
\$6.00 for each relay entry
\$15.00 per swimmer for Swimmer Participation

Age Group Events

\$4.00 for each individual entry
\$6.00 for each relay entry
\$15.00 per swimmer for Swimmer Participation

Make checks payable to **Bowdoin College** (**Note: TEAMS MAY MAIL OR BRING ONE CHECK FOR YOUR TEAM'S ENTRIES) Checks must be received before the end of the meet.

Cut protocol

If the Senior and/or Age Group session is oversubscribed then the last entries received will be the first ones to be cut from the meet; in other words last in, first out.

The Meet Directors reserve the right to limit entries in any event in order to stay within the 4 hour time limit for 12 & Under swimmers. If limits become necessary, teams will be notified through their club contact. If limits are imposed, all eliminated swimmers will receive a full refund.

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Entry Time Updates

Entry times may be updated until Monday December 3rd. No times updates will be allowed after the psych sheet posts. If room allows, new entries may be accepted at the discretion of the Meet Director. Entry time updates must be sent as CL2 or sd3 files with updated times.

Time Trials

Time trials will only take place if time permits and if approved by the Meet Referee and the Meet Director at a cost of \$10.00 per individual event and \$15.00 per relay event.

Eligibility

This meet is open to any swimmer who is a properly registered member of USA-S before the start of the meet.

USA Swimming Registration

Club athletes may obtain USA-S Registration from your Club Registrar. Unattached Maine athletes may obtain forms and instructions from the Maine Swimming's website; www.maineswimming.org. Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Mary Ellen Tynan, 978-996-9655 or meswimoffice@gmail.com. Registration reconciliation will be done for this meet. It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.

All swimmers must be registered with USA Swimming before the first day of the start of the meet. Any swimmer who has entered a meet and does not register by 11:59 PM on the day before the first day of the meet is subject to a \$100 fine and will be scratched from the meet.

Deck Registrations

Deck Registrations will not be accepted at this meet.

Meet Policies

Only 2018/2019 USA Swimming registered athletes, coaches, officials, registered USA-S and official meet staff will be allowed on deck. No one else will be allowed on deck as per USA Swimming Rules.

All USA Swimming Registered Officials and Coaches are required to display their USA-S Membership Card or display their Deck Pass when asked.. **Coaches, Officials must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.** Coaches' and Officials' registrations will be checked prior to the start of the meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. **Swimmers without a coach will swim with and be supervised by the host club for the entire meet.**

Senior Session Scratch Policy

At the beginning of each session, coaches will be provided a scratch sheet which must be turned into the Control Table 30 minutes prior to the start of the session. Positive check-in is required for the 1650 yard freestyle..

If swimmers are present, not scratched from an event but they are not going to swim, they must ask for a "Declared False Start" DQ from the Meet or Deck Referee. We will NOT be enforcing a "no show" penalty for failure to follow this procedure but are encouraging the proper protocol. Coaches are expected to make sure ALL scratches are turned in by the deadlines to minimize empty lanes. All no show swims will be discussed with coaches to ascertain the reason for the no show.

Qualifying swimmers must declare their intent to scratch from finals within thirty (30) minutes after the completion of the event. **Any athlete who qualifies for the championship final, consolation final or bonus final, fails to scratch and does not show for the final will be disqualified from the meet,** unless excused by the Meet Referee.

Age Group Scratch Policy

At the beginning of each session, coaches will be provided a scratch sheet which must be turned into the Control Table 30 minutes prior to the start of the session.

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Meet Committee/Jury:

The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

Weather Protocol:

If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or a session**, is the decision of the Meet Director, Meet Referee and the Meet Jury.

Misconduct

Any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs are subject to removal from the facility and are subject. More serious violations may result in legal action by the LSC or local authorities.

Officials

Teams are requested to provide at least one (1) USA-S certified official for each session of the meet. Please provide the name of each official and his/her certification level on the form provided. Return this form with your meet entries.

Warm Ups

USA Swimming and Maine Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:

All swimmers shall enter feet first using the sit and slide method at the starting end of the pool.

Sprint lanes will be announced during the warm up period.

The warm-ups sessions for the Senior preliminaries will be divided into three periods, two 30 minute periods with teams assigned and one 10 minute period that will be open to all swimmers. The teams assigned to the first period on Saturday will have the second warm up on Sunday and vice versa for the second period on Saturday. Warm-up schedules will be posted on the Bowdoin Open website and emailed to the contact person prior to the meet and will be made available to coaches at the meet.

No headfirst or backstroke starts will be permitted except in sprint lanes, when designated.

The Meet Referee may remove anyone from the warm-up for failure to comply with the warm-up rules.

Swimmers without a coach must report to the Meet Director before entering the pool for warm-up in order to obtain a lane assignment.

Senior Scoring

The top 10 finalists will keep their place and be scored within the top 10. The Consolation and Bonus Finalists can score anywhere from 11th through 30th place. Relays and Individual events are scored the same.

Final Points – 40, 38, 37, 36, 35, 34, 33, 32, 30, 28

B & C Points – 25, 23, 22, 21, 20, 19, 18, 17, 16, 15, 12, 10, 9, 8, 7, 6, 5, 4, 3, 2

Senior Awards

Awards will be presented to first and second individual male and female high point winners, and first and second place team for men, women and combined.

Age Group Awards

Ribbons signifying event and place of finish will be awarded to the top eight finishers of each event.

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Rules

Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the Maine Swimming office for further review and/or action.

Admission

\$5.00/session

Programs

The senior session program for Friday night and preliminary will be sold by session for \$2.00 after the positive check in period ends for that session. The age group session program will cover the 10 & under and the 11 & 12 age groups timed finals. These programs will be sold by session for \$2.00 after the positive check in period ends for that session. The evening programs will have the finals only and this program will be sold for \$2.00. We seed and print programs session by session to reduce the number of empty lanes in each session.

Safety

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
6. Deck changes are prohibited.
7. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, Spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Mobile

Meet Mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data which cannot be relied upon until the final results have been announced or published and posted in the facility.

Timers

The Bowdoin College Men's and Women's Swim Team will be providing timers for all sessions, so volunteer timers will not be needed for this meet.

Parking

Free parking is available in front of the building and the adjacent hockey arena. Please park in legal parking spots.

Hospitality

There will be food and drinks available at all sessions for officials, coaches and meet staff in the southeast corner of the pool area.

Liability Release:

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, Maine Swimming, BASA and Bowdoin College for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

Safe Sport:

The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Referee or the Meet Director to be resolved.

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Photography/Photographers on deck:

As per Maine Swimming policy, only coaches are permitted to use video equipment on deck, but this is not permitted from behind the blocks. The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

**CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES ARE PROHIBITED
FROM THE LOCKER ROOMS, BATHROOMS
AND BEHIND THE BLOCKS!!!!**

DECK CHANGES ARE PROHIBITED

SWIMMERS PLEASE STAY OFF THE TRACK AND OUT OF THE FIELDHOUSE!!!!

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Please return this sheet with your entry, type or print.

Team Contact Info

Team Name/Abbreviation: _____

Head Coach: _____

Head Coach Cell: _____

Coaches at Meet: _____

Team Contact: _____

Address: _____

Phone: _____

Contact Email Address: _____

Meet Hotel & Phone: _____

Names and Phone numbers of USA-S Certified Officials

Senior Event Fee Summary

Individual Entries: _____ x \$5.00 = _____

Relay Entries: _____ x \$6.00 = _____

Total: _____

Age Group Event Fee Summary

Individual Entries: _____ x \$4.00 = _____

Relay Entries: _____ x \$6.00 = _____

Total: _____

Swimmer Surcharge

Number of Athletes: _____ x \$15.00 = _____

Senior and Age Group Fees Total: _____

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Event Order and Cut Times

Friday, December 7th

Warm Up 3:00 PM, Start 4:30 PM

Event Number	<i>Women</i> Qualifying Time	Event Name	<i>Men</i> Qualifying Time	Event Number
1	5:04.99	*400 Individual Medley	5:00.39	2
3	5:42.99	*500 Freestyle	5:41.99	4
5	NT	**800 Freestyle Relay	NT	6

Saturday, December 8th

Prelims: Warm-up 7:00 AM, Start 8:00 AM Events 9 to 18, then 7 & 8
Age Group Warm-up TBA once we know the timelines - Events 21 to 32
Finals: Warm-up 4:30 PM, Start 5:30 PM Events 7 to 20

Event Number	<i>Women</i> Qualifying Time	Event Name	<i>Men</i> Qualifying Time	Event Number
7	20:58.19	***1650 Freestyle	19:39.39	8
9	2:09.99	200 Freestyle	2:05.09	10
11	1:12.09	100 Backstroke	1:06.19	12
13	2:56.39	200 Breaststroke	2:42.59	14
15	1:11.79	100 Butterfly	1:05.09	16
17	30.39	50 Freestyle	26.59	18
19	NT	**400 Medley Relay	NT	20

Event Number	<i>Girls</i> Qualifying Time	Age Group	Event Name	Age Group	<i>Boys</i> Qualifying Time	Event Number
21	NT	12 & U	200 Medley Relay	12 & U	NT	22
23	1:21.09	10 & U	100 Freestyle	10 & U	1:28.49	24
25	1:13.59	11 & 12	100 Butterfly	11 & 12	1:12.19	26
27	1:55.49	10 & U	100 Butterfly	10 & U	1:54.09	26
27	1:26.29	11 & 12	100 Butterfly	11 & 12	1:24.49	26
27	53.59	10 & U	50 Breaststroke	10 & U	53.19	28
27	43.69	11 & 12	50 Breaststroke	11 & 12	43.79	28
29	1:45.09	10 & U	100 Backstroke	10 & U	1:41.39	30
29	1:26.29	11 & 12	100 Backstroke	11 & 12	1:24.09	30
31	3:17.29	10 & U	200 Individual Medley	10 & U	3:38.89	32
31	3:02.49	11 & 12	200 Individual Medley	11 & 12	3:00.99	32

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Event Order and Cut Times

Sunday, December 9th

Prelims: Warm-up 7:00 AM, Start 8:30 AM Events 33 to 42

Age Group TBA once we know the timelines Events 45 to 58

Finals: Warm-up 4:00 PM, Start 5:00 PM Events 33 to 44

<i>Women</i>			<i>Men</i>		
Event Number	Qualifying Time	Event Name	Qualifying Time	Event Number	
33	1:02.99	100 Freestyle	58.79	34	
35	2:36.49	200 Butterfly	2:24.49	36	
37	1:21.99	100 Breaststroke	1:14.69	38	
39	2:29.89	200 Backstroke	2:19.99	40	
41	2:29.99	200 Individual Medley	2:19.99	42	
43	NT	**400 Free Relay	NT	44	

<i>Girls</i>			<i>Boys</i>			
Event Number	Qualifying Time	Age Group	Event Name	Age Group	Qualifying Time	Event Number
45	NT	12 & U	200 Free Relay	12 & U	NT	46
47	2:58.29	10 & U	200 Freestyle	10 & U	3:09.09	48
	2:29.69	11 & 12	200 Freestyle	11 & 12	2:37.19	
49	48.59	10 & U	50 Backstroke	10 & U	48.59	50
	38.79	11 & 12	50 Backstroke	11 & 12	38.99	
51	1:58.79	10 & U	100 Breaststroke	10 & U	1:53.69	52
	1:35.79	11 & 12	100 Breaststroke	11 & 12	1:33.59	
53	47.99	10 & U	50 Butterfly	10 & U	46.69	54
	37.29	11 & 12	50 Butterfly	11 & 12	37.69	
55	39.49	10 & U	50 Freestyle	10 & U	38.49	56
	34.09	11 & 12	50 Freestyle	11 & 12	33.09	
57	1:32.39	10 & U	100 Individual Medley	10 & U	1:40.39	58
	1:19.99	11 & 12	100 Individual Medley	11 & 12	1:23.19	

* Friday evening events will be **timed finals**.

** Relay events will be swum as **timed finals** in the evening session

*** The 1650 Freestyle will be swum as a timed final event alternating heats of women and men, fastest to slowest with the fastest heat of women and men swimming in finals and the other heats swimming after prelims on Saturday.