



LACROSSE

**Nipissing Men's Lacrosse
1st Annual Lacrosse Clinic & Alumni Game
Saturday August 25th, 2018**

Have you ever wanted to try the game of lacrosse? Come to our **FREE** lacrosse clinic. Learn from your Nipissing Lakers Men's Lacrosse team as they teach you all that you need to know to pass, catch and shoot like the pros.

We are looking to introduce this great game we love to the North Bay Community. All ages are welcome. No equipment needed, just need to bring some athletic attire and running shoes. If you have a stick bring it or we will have extra sticks to use for clinic.

FREE CLINIC - 4:30 - 5:30pm

After the clinic we invite you to stay to cheer on either the Lacrosse of yesterday or your current lakers as we will host our first Alumni Game in our short programs history.

ALUMNI GAME - 6:00pm

All the action will take place on our new Nipissing University Student Athletics Field

For more information please contact our head coach
Jason Rudge - jasonr@nipissingu.ca