

Pool Designations	GF-Glen Forest	MV-Meadowvale	HP-Huron Park	TF-Terry Fox	CL-Clarkson	CW-Cawthra	EM-Erin Meadows	RV-Rivergrove	UTM-University of Toronto Mississauga
Groups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
High Performance	0530-0730 UTM	0530-0730 UTM	0530-0730 UTM		0530-0730 UTM	0600-0800 UTM			
Coach-Kevin Anderson	1500-1700 pool, 1715-1815dry	1530-1800 pool UTM	1545-1700 Dry UTM	1530-1800 pool UTM	1700-1900 UTM 1530Dry	0815-0845 Dry			
Junior National	0530-0700 UTM	0530-0700 UTM	0530-0700 UTM		0530-0700 UTM	0600-0800 UTM			
Coach-Nandi Kormendi	1500-1700 pool, 1715-1815dry	1530-1800 pool UTM	1600-1715 Dry UTM	1530-1800 pool UTM	1500-1700UTM Dry to 1730	0815-0915 Dry			
HPAG West	0530-0700 MV	1800-2000 UTM	0530-0700 MV	1800-2000 UTM	1515-1715 UTM	0800-1000 UTM			
Coach-Roman Ramirez	1830-2030 CW, 1800 Dry	1730 Dry		1730 Dry	1720-1750 Dry	0730-0800 Dry			
HPAG East	1630-1830 GF	0530-0715 GF	1630-1830 GF	1600-1730 GF	0530-0715 GF	0800-1000 UTM			
Coach-Aris Bousoulegkas	1600-1630 Dry		1600-1630 Dry	1730-1800 Dry	1630-1830 GF 1600 Dry	0730-0800 Dry			
Blue West	1630-1830 TF	1800-1930 HP	1800-1930 TF	0530-0700 CW	1630-1830 CL	0800-1000 GF			
Coach-Ara Vasquez	1830-1900 Dry	1730-1800 Dry	1730-1800 Dry			0720-0750 Dry			
Blue East	1630-1830 GF	1800-1930 HP	1630-1800 GF	0530-0700 GF	1830-2030 GF	0800-1000 GF			
Coach-Andrea Pittis	1830-1900 Dry		1830-1900 Dry		1800-1830 Dry	0720-0750 Dry			
Orange West		1630-1800 HP	1630-1800 TF	1630-1830 HP	1900-2030 CW	1600-1800 UTM			
Coach-Ara Vasquez		1800-1830 Dry	1800-1830 Dry	1830-1900 Dry	1830-1900 Dry	1530-1600 Dry			
Orange East	1830-2000GF	1600-1730 GF	1830-2000 GF		1630-1830 GF	1600-1800 UTM			
Coach-Nicolette Goncalves	2000-2030 Dry	1730-1800 Dry	2000-2030 Dry		1600-1630 Dry	1530-1600 Dry			
Regional Development A	0530-0700 GF	1630-1730 MV	0530-0700 GF	1630-1730 MV		0600-0800 GF			
Coach-Chris Caloian	1630-1830 TF	1730-1815 Dry		1730-1815 Dry					
Regional Development B	0530-0700 GF	1630-1730 MV		1630-1730 MV	0530-0700 GF	0600-0800 GF			
Coach-Chris Caloian		1730-1815 Dry		1730-1815 Dry					
White Meadowvale		1730-1900 MV		1730-1900 MV		0730-0900 RG			
Coach-Daria Dabrowski		1700-1730 Dry				0700-0730 Dry			
White Clarkson			1630-1800 CL		1830-2030 CL	0730-0800 Dry			
Coach-Drayton Coolen			1800-1830 Dry			0800-0900 CL			
White Glen Forest		1830-2000 GF		1830-2000 GF		1030-1200 GF			
Coach-Nicolette Goncalves		1800-1830 Dry		1800-1830 Dry					
White Cawthra	1730-1830 CW				1730-1900 CW	1430-1630 CL			
Coach-Wendy Babits	1700-1730 Dry				1700-1730 Dry				
Wave Meadowvale A	1625-1725 MV		1625-1725 MV						
Wave Meadowvale B		1900-2000 MV		1900-2000 MV					
Wave Glen Forest		1730-1830 GF		1730-1830 GF					
Wave River Grove		1630-1730 RG		1630-1730 RG					
Wave Cawthra	1630-1730 CW				1630-1730 CW				
Wave Huron Park			1630-1730 HP		1630-1730 HP				
Wave Erin Meadows		1930-2030 EM				0700-0800 EM			
Academy Programs									
Intro to Comp Swimming 1			1800-1900, 1900-2000 CL	1830-1930 HP					
Intro to Comp Swimming 2								1330-1500, 1500-1630 GF	
One-On-One Sessions						1830-2030 GF		1830-2030 GF	
Elite Skills Clinics								1100-1300 UTM	