

SPARTANS CONDITIONING CAMP

****VOLUNTARY****

Monday 6/25/18

Wednesday 6/27/18

Friday 6/29/18

Monday 7/2/18

Friday 7/6/18

7-8:30pm

Beechwood High School

The SPARTAN COACHES invite you to their preseason conditioning and skills session. All players registered or not, are welcome to attend. THIS IS NOT MANDATORY. Starters through Junior Squads only.

No equipment needed-- Wear t shirt, shorts and bring a water bottle.

Mandatory practice for all squads will begin Monday, 7/16/18 at Franzen Field