

“Dig This” BEACH Program



Mission:

To teach the game, techniques and strategies of sand volleyball so as to grow interest in the sport, particularly among players who love the indoor game

Goals:

- Develop fundamental sand volleyball skills, knowledge of the two-player game, basic partnering abilities and the ability to self-coach during matches
- Strengthen sand volleyball skills, develop defensive and offensive strategies, improve partnering skills

Training Facility: Two sand courts on Reagan High School Property (near the football stadium)

Dates: Begin April 16th - May 30th (7 weeks)
Monday/Wednesday from 5:30 - 6:45

Ages: 6th through 8th grade

- Maximum of 8-players per court. Players will be grouped by skill level. We will determine groups after the first couple of practices
- 1 Saturday tournament (date TBA)
- Sign up requires a \$100 deposit to hold your spot. (Accepting deposits now)

Cost: \$300 - Fee includes all trainings, one tournament, and a pair of t-shirts

- \$100 deposit to reserve spot. \$100 due at first practice (April 18th) and a final payment on May 9th
- Players can receive a \$25 discount by paying in full by April 16th (total of \$275)
- If not currently a member, must join the Carolina Region for liability coverage (\$15 after April 1st. Apply at <http://www.carolinaregionvb.org/membership>)

Coaching Staff:

Doug Balsler - Reagan Varsity Head Coach

Jamie Stancliff - Reagan JV Head Coach

Emily Allen - Reagan Varsity Assistant Coach

Joel Cordray - Club and High school coach (Reagan)

Haley Jacob - Reagan Assistant Coach

Ashley Hicks - Reagan 9th grade coach

“Dig This”
Sand
Registration Form

Please complete the information below and mail this form and a deposit of \$100. We have 16 spots available. Spots will be given on a 1st come basis.

Please make checks payable to Dig This Volleyball

Mailing Address: Reagan High School
Attention: Doug Balser
3750 Transou Road
Pfafftown, NC 27040

Name: _____

Current Grade: _____ Age: _____ M: _____ F:

Carolina Region Membership Number: _____

Parent Name: _____

Address: _____

Phone #: _____

Email Address: _____

Emergency Contact: _____ Phone #:

T-Shirt Size: YL S M L XL

In consideration for being allowed to participate in this activity, I agree to hold harmless the supervisor(s) and coordinator(s) of this activity, Reagan Volleyball, Reagan High School, its agents, officers, employees and student volunteers harmless for any and all direct, indirect, special or consequential damages which may incur as a result of my participation in this activity.

I have read the terms of this agreement/release and I understand and voluntarily agree to the terms and conditions.

_____ Parent/Guardian Signature