



SPAC FAQ & SURVEY RESULTS

A huge thank you from the board to the members who took the time to complete the SPAC survey sent out in March. We had an excellent survey response rate. We are very pleased to say that the overwhelming majority of feedback received was positive, so we know that the club is doing a lot of things right! We also received some constructive feedback, which will help us to improve the program even more. To that end, we would like to take the time to anonymously share some feedback and answer some questions.

What are the qualifications of Nancy Greene Coaches? Are they just ex-ski-racers?

Most of our Nancy Greene coaches are not only ex ski racers, but in addition, all coaches are required to have their Entry Level Coach certification through the Canadian Ski Coaches Federation.

I am concerned about the level of coach supervision at away races this year.

Safety is our #1 priority. We take this feedback very seriously and will continue to work very hard to establish the safest training environments with coaches, volunteers and Sun Peaks Resort Staff.



Is it possible to do some off-season fundraising (i.e. bottle drives) to bring down the costs of the programs?

It is so great to have enthusiasm from club members regarding fundraising. Believe it or not, the board, as well as our Oktoberfest committee, work year round to plan our biggest and most successful fundraiser to date. The current roster of committee members would be unable to organize other fundraising efforts, however, if a club member ever wanted to spearhead this, it would be welcomed.

Please keep the skier cross program going.

As with any and all of our programs, if the demand is there, and the resources are available (i.e. coaching and on-hill facilities), we will do our best to offer a program.

Can you offer a 'ski-up' day? An opportunity for U12 racers to experience what it is like to race at the U14 level.

We have implemented a ski up day for U10s and U12s. Check our calendar for our 2018 Ski Up days during the March Break Camps.

Can the club offer more 'recreational' program for U14 and up?

We are pleased to offer a U14 Ski Cross program that will allow athletes to ski Sundays with a certified coach from November – March. They will also be able to participate in zone races or the Western Ski Cross series.



It would be great to focus training specific to the upcoming races. For example, if a GS race is coming up, focus training leading up to it on this discipline.

Our coaches have season, monthly, weekly and daily plans that work to develop athletes *long term*. Coaches will ensure that athletes have adequate training for each discipline before all race series. More information will be provided at each Age Group meetings with the head coaches before and during the season.

Zone racers should not be allowed to race NGSL races.

As a club, we do not allow athletes that race in the Okanagan Zone races to participate in NGSL races. The exception to this is our Nancy Greene Festival, which is our year-end event.

Please offer a more robust, coach-led summer/fall dryland program. Also, after work hours would be great for working parents.

We will be offering dryland for U12 and older athletes starting September 18, 2017. This program runs 2 days per week and registration for these FREE dryland sessions is on www.sunpeaksracers.com

I don't know who to ask questions to. It would be great to have a more visible appointed person.

On the first day of the NGSL program, there is a parent meeting where key club representatives are introduced to members. If you are ever unsure about who to ask questions to, or who to direct concerns to, our program director, Montana Molyneux, (montana.skiis@gmail.com) is a



good place to start. We also have Lyndsey Harvey as our NGSL Coordinator. She can be reached at NGSLspac@gmail.com. Your NGSL parent representatives are also there to act as a liaison between the board and parents in each age group, and they are a wealth of information.

It would be great to have more social events – For example, parent skis while kids are skiing.

This is a great suggestion and it has been brought up before. We have tried to do this several times, but it hasn't taken off unfortunately. We are happy to try it again if a parent wants to lead this. Our Parent Information nights held at Red Collar, are a great place to meet parents in the same age groups, before the season begins. Another place to meet and social is through volunteer opportunities at the club. We hold "fencing parties" and at each race held at home there is a volunteer social!

The online registration process had some 'bugs'.

Thank you for your patience regarding this. We have changed online registration providers twice recently. We welcome feedback about this and will continue to work hard to make it seamless and easy.

Can you please offer a parent info session on what is expected in U14 or U12A?

We do this every year. Early in the season, our head coach and program director, Montana Molyneux offers an information session for each major age group in September or October for this exact reason. Stay tuned to



our website and to email communication from your parent representatives on the dates for these informative sessions. There are also of course our 'ski-up' days in March, which are offered to give those athletes a taste of what racing is like at the higher levels.

Sometimes, feedback is challenging to act upon when there are widely differing opinions. For example, some members suggested more technical ski training while others suggested more focus on fun and enthusiastic coaches! Ideally we have coaches who are both enthusiastic and fun, AND who focus on technical aspects of ski training!

If you still have unanswered questions or concerns, please contact program director, Montana Molyneux at montana.skiis@gmail.com. Feedback throughout the year is also welcomed and important so that they can be addressed right away.

We thank you again for your feedback and look forward to a great 2018 season!

Your SPAC Board of Directors.