



## Esko Hockey Player Code of Conduct

I am an Esko Hockey player. I promise to adhere to following rules.

### I will be Healthy and Safe:

- I will play the game as intended.
- I will wear my protective equipment.
- I will use the rink and locker rooms responsibly.

### I will be respectful

- I will treat my teammates, coaches, opponents, officials, and hockey family with a respectful attitude
- I will not call anyone names or treat them unkindly by words or actions
- I will listen to coaches, teammates, officials, and my "hockey family"
- I will show good sportsmanship
- I will not swear or use abusive language

### I will be a hard working coachable player

- I will give 100%; I understand playing hockey is a privilege
- I will respectfully accept feedback from coaches and officials and try my best to apply it
- I will work hard to be a team player and friend

### I will have a positive attitude

- I know things can happen- I will not place blame
- I will learn from mistakes so it can be better next time

### I know playing hockey is a commitment

- I will attend practice and games as much as possible
- I will inform someone when I will not be able to attend practice/game/event

### **I have read this (or my parents have read it to me) and I understand it!**

Player's Name: \_\_\_\_\_ Date: \_\_\_\_\_

