

STORM AQUATICS 2017-2018 PRACTICE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TORNADO	4:30 - 5:15 at SMC	X	4:30 - 5:15 at SMC	X	X	X	X
VARSITY	7:30 - 8:30	X	7:30 - 8:30	X	X	X	X
HURRICANE	X	5:30 - 6:30 at SMC	X	4:00 - 5:00	5:00 - 6:00 at SMC	X	1:00 - 2:00
THUNDER	5:30 - 6:30 at SMC	6:30 - 7:30 at SMC	X	4:00 - 5:00	6:00 - 7:00 at SMC	X	1:00 - 2:00
LIGHTNING: GREEN	4:00 - 5:30	5:30 - 6:30	4:00 - 5:30	5:00 - 6:30	X	12:30 - 2:00	X
LIGHTNING: BLUE	4:00 - 5:30	5:30 - 6:30	4:00 - 5:30	5:00 - 6:30	4:00 - 5:30	12:30 - 2:00	X
CYCLONE	6:30 - 7:30 at SMC	4:00 - 5:30	5:30 - 7:30 at SMC	5:30 - 7:00 at SMC	X	12:30 - 2:00	5:30 - 7:00
PRE- SENIOR	6:30 - 7:30 at SMC	4:00 - 5:30	5:30 - 7:30 at SMC	5:30 - 7:00 at SMC	4:00 - 5:30	X	5:30 - 7:00
SENIOR	5:30 - 7:30	6:30 - 8:30	5:30 - 7:30	6:30 - 8:00	5:30 - 7:30	10:30 - 12:30	11:00 - 1:00
ELITE	5:30 - 7:30	6:30 - 8:30	5:30 - 7:30	6:30 - 8:30	5:30 - 7:30	10:30 - 12:30	11:00 - 1:30