



Respect in Sport (RIS) Coach Program

RIS is an on-line training course for coaches and sport leaders. It is designed as a tool to assist coaches in identifying and dealing with abuse, neglect, harassment and bullying in sport. The on-line course curriculum is broken into six (6), 30 minute modules hours to complete and includes audio/visual presentations, quizzes and printable handouts. Another beneficial feature of the program is that it does not need to be done all at once, it can be completed at your leisure.

To register for **Respect in Sport** [CLICK HERE](#)

1. **Time Commitment** – The course will take an estimated 2.5 hours with the delegate's HCR SpeakOut! accreditation updated immediately upon completion.
2. **Availability / Access** – The course is accessible over the internet therefore the delegates dictate when and where they take the course. They can also complete the course at their own speed.
3. **Flexibility** – Delegates can access the Respect in Sport on-line course at any time (by way of user name and password) therefore are able to complete one module at a time.
4. **E-Learning Platform** – This is an introduction to the capabilities of training delegates with online tools and resources. The course contains many handouts which remain accessible after the course is complete. If a paper copy of any of the documents or the accreditation certificate is required it can be printed from the site.
5. **Not Sport Specific** – Respect in Sport is not specific to any sport. However the learning principals within are common to anyone acting as a sport leader. The consensus is that many of our volunteers coach/assist in other sports. The need to educate our sport leaders is of significant importance, however this allows for some reduction in the duplication of information.

[Re-certification Information](#)

[Frequently asked questions](#)