



COSTA MESA

SUMMER SKILLS CAMP

MUSTANG WATER POLO 2016

Dates: 6/27 - 7/21 + 7/2, 7/9, 7/16

Time: 5:45 - 10:00 am

Location: Costa Mesa High School

Price: \$220

Price includes: Summer T-Shirts, Pool time, and Coaching Fees.

The following is a tentative weekly schedule (full schedule attached on back):

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:45 - 10:00 am CAMP PRACTICE 8:30-10:00 Boys Weights	5:45 - 10:00 am CAMP PRACTICE 8:30-10:00 Girls Weights	5:45 - 10:00 am CAMP PRACTICE 8:30-10:00 Boys Weights	5:45 - 10:00 am CAMP PRACTICE 8:30-10:00 Girls Weights	5:45 - 10:00 am CAMP PRACTICE 8:30-10:00 Boys Weights	8:00 - 10:00 am SCRIMMAGE DAY (7/2, 7/9, 7/16)

**All Athletes must be registered with USA Water Polo as an annual silver member (\$78) or a season white member (\$55). Membership can be purchased at usawaterpolo.com. Register with CLUB: CMAC (1693).

NAME: _____ Graduation year: _____

USA Water polo ID: _____ T-Shirt size: _____

Athlete Phone: _____ Parent Name: _____

Parent email: _____ Parent phone: _____

*Make checks payable to Costa Mesa Aquatics Club

Contact Coaches Cody & Dustin
Serrano with any questions at:
Cody@costamesaaquatics.org
Dustin@costamesaaquatics.org